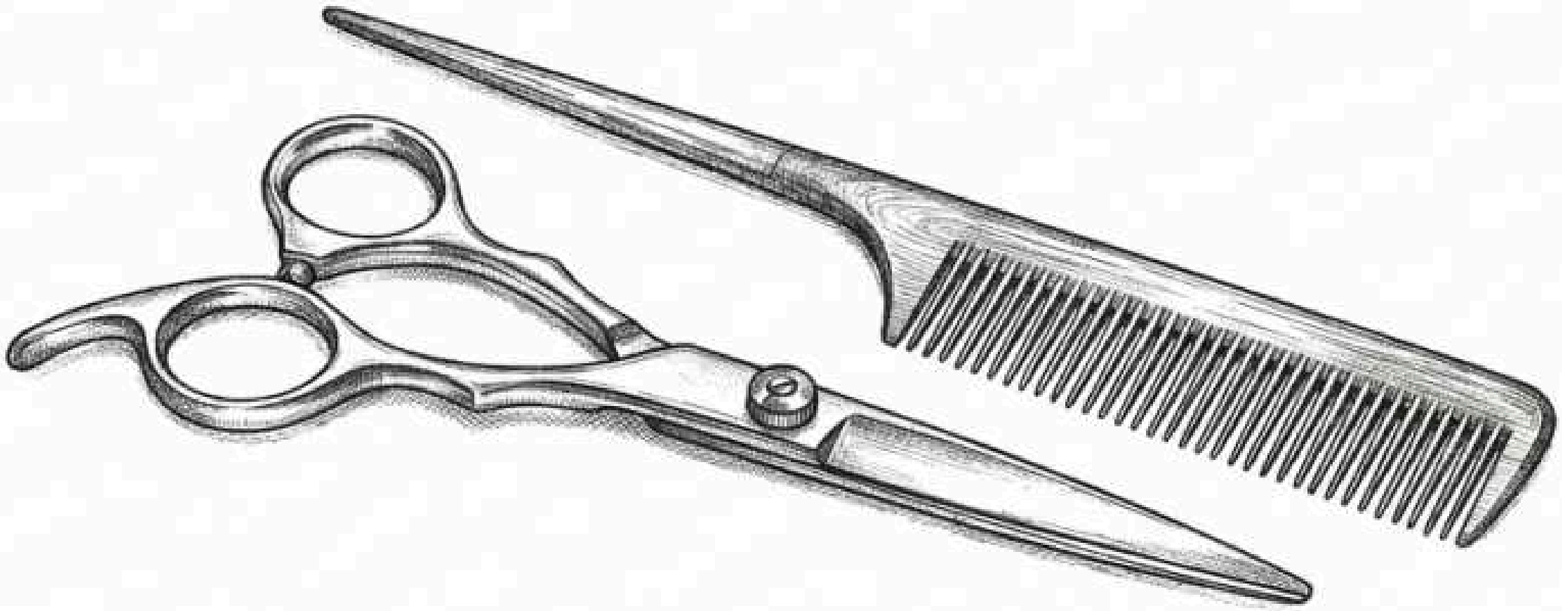
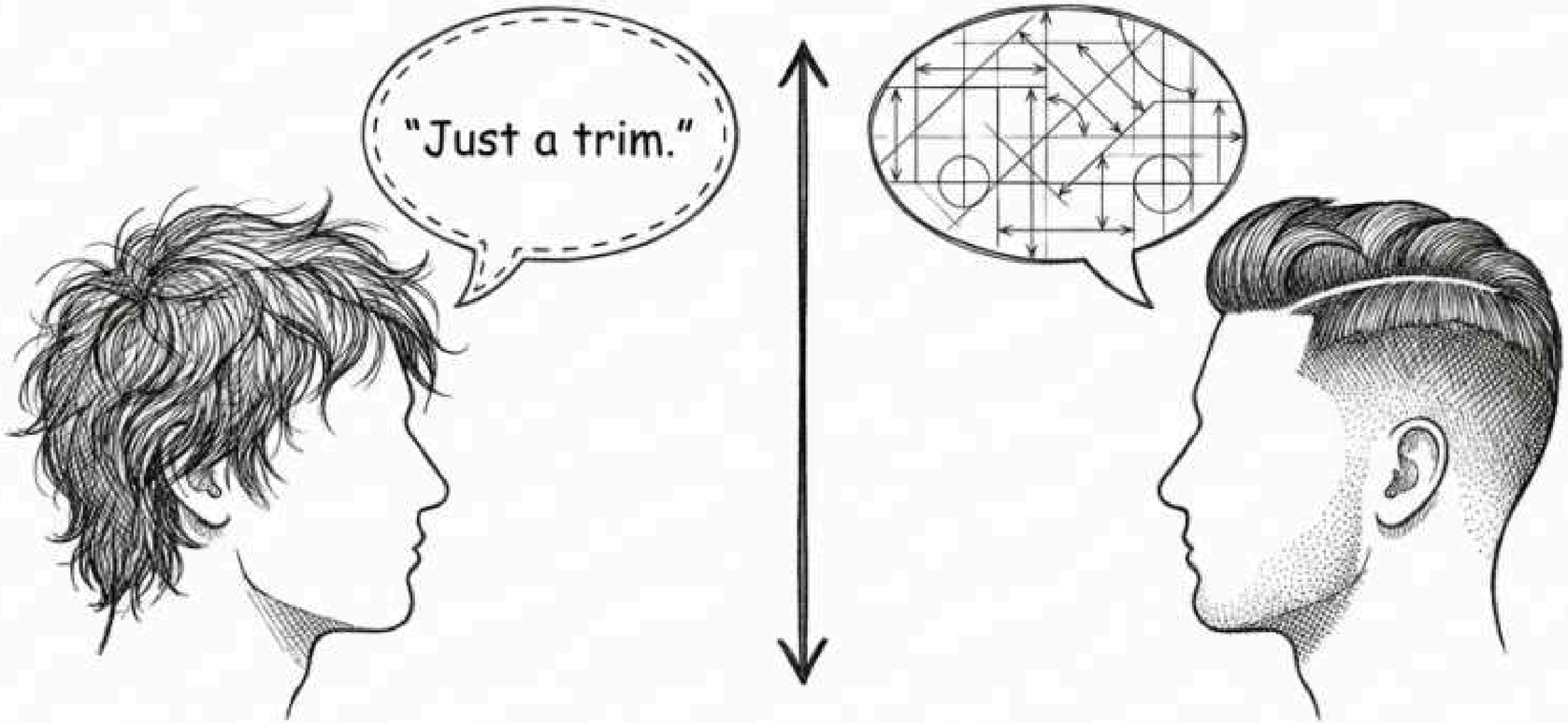
# LIFE 101 B: ADULT HAIRCUTS

## HOW TO DESCRIBE THE HAIRCUT YOU WANT



LECTURE 0: COURSE OVERVIEW

ANDERSON ACADEMY | EXTRACURRICULAR: LIFE SKILLS




**The Problem**
Asking for "just a trim" and walking out with the wrong cut.

**The Solution**
Building a shared vocabulary to describe exactly what you want.

**The Format**
1 hour total -> Brief overview + Six ~10-minute lectures.

**The Audience**
Any adult who sits in a barber's chair.

**Course Aim:** Learn the language of barbers, not how to cut hair.



**A Haircut is a Set of Decisions:**

**Sides & Back**: How short?

**Top**: How much length stays?

**Join**: How do short and long parts connect?

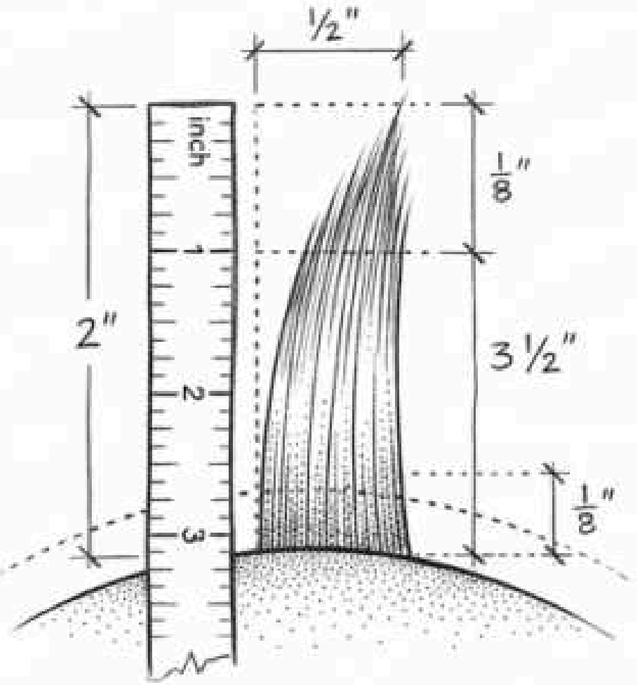
**Edges**: How are they finished?

**Style**: How is it worn?



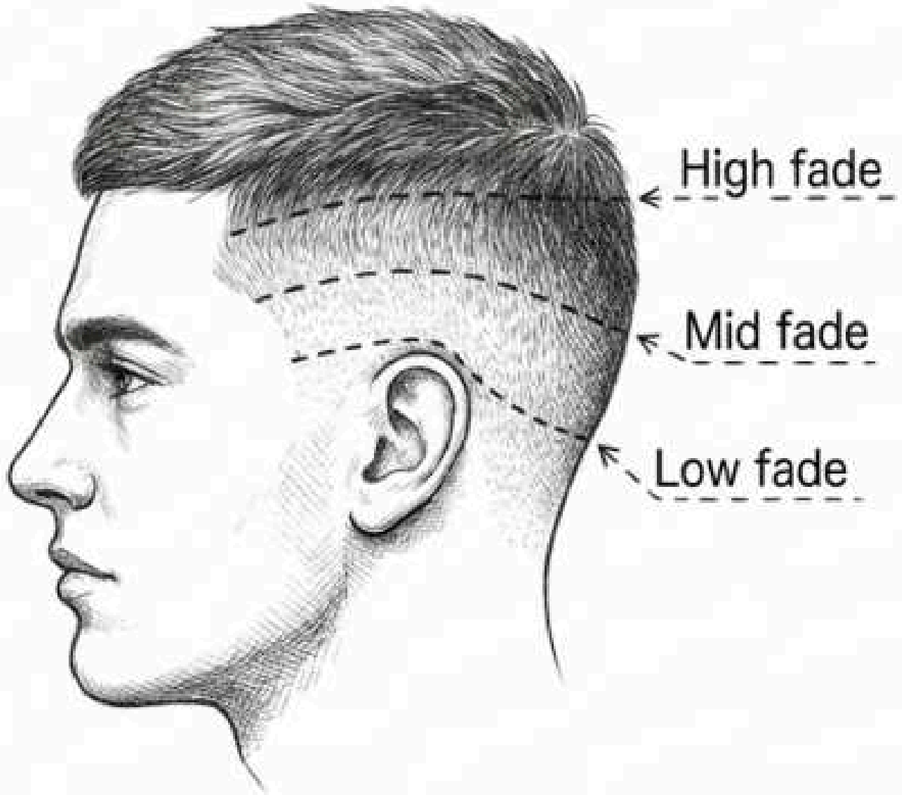
## Lecture 1: Clipper Guards

- Attachments numbered 0 (or 1/2) up to 8.
- Lengths measured in inches and millimeters.
- Half sizes & the clipper lever.
- Why numbers vary by brand.




## Lecture 2: Length on Top

- Saying it in inches.
- Understanding "finger length."
- Why "take an inch off" is ambiguous.




## Lecture 3: Fades & Tapers

- Low, mid, high, skin, drop, and burst fades.
- The difference between a taper and a fade.
- How barbers blend lengths.



## Lecture 4: Tools & Techniques

- Scissor-over-comb & Clipper-over-comb.
- Texturizing methods (point cutting, thinning shears).



## Lecture 5: The Edges

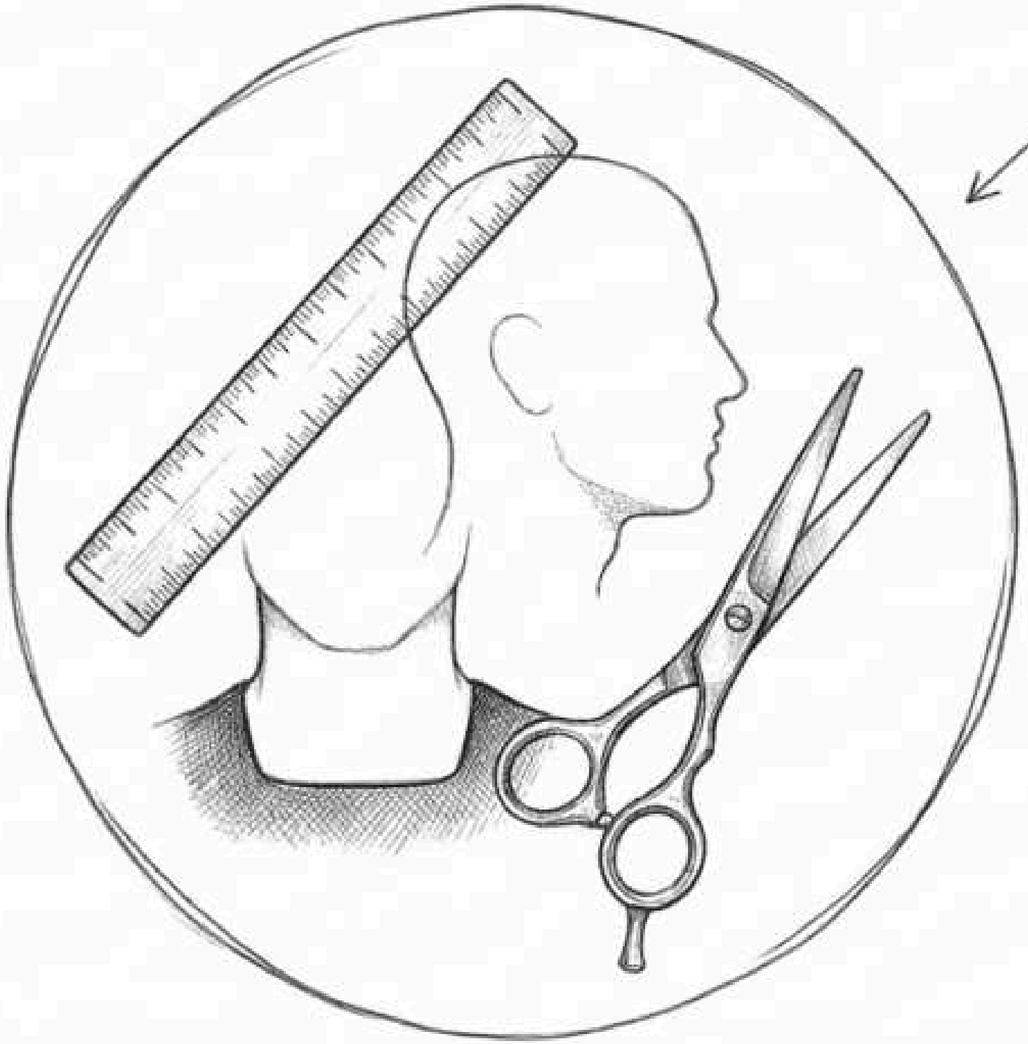
- Neckline finishes, sideburns, line-up, and the part.




## Lecture 6: Styles & Script

- Common names: buzz cut, crew cut, Ivy League, French crop, undercut.
- Walking the barber through your cut.
- What to say when it goes wrong.

# A Shared Vocabulary

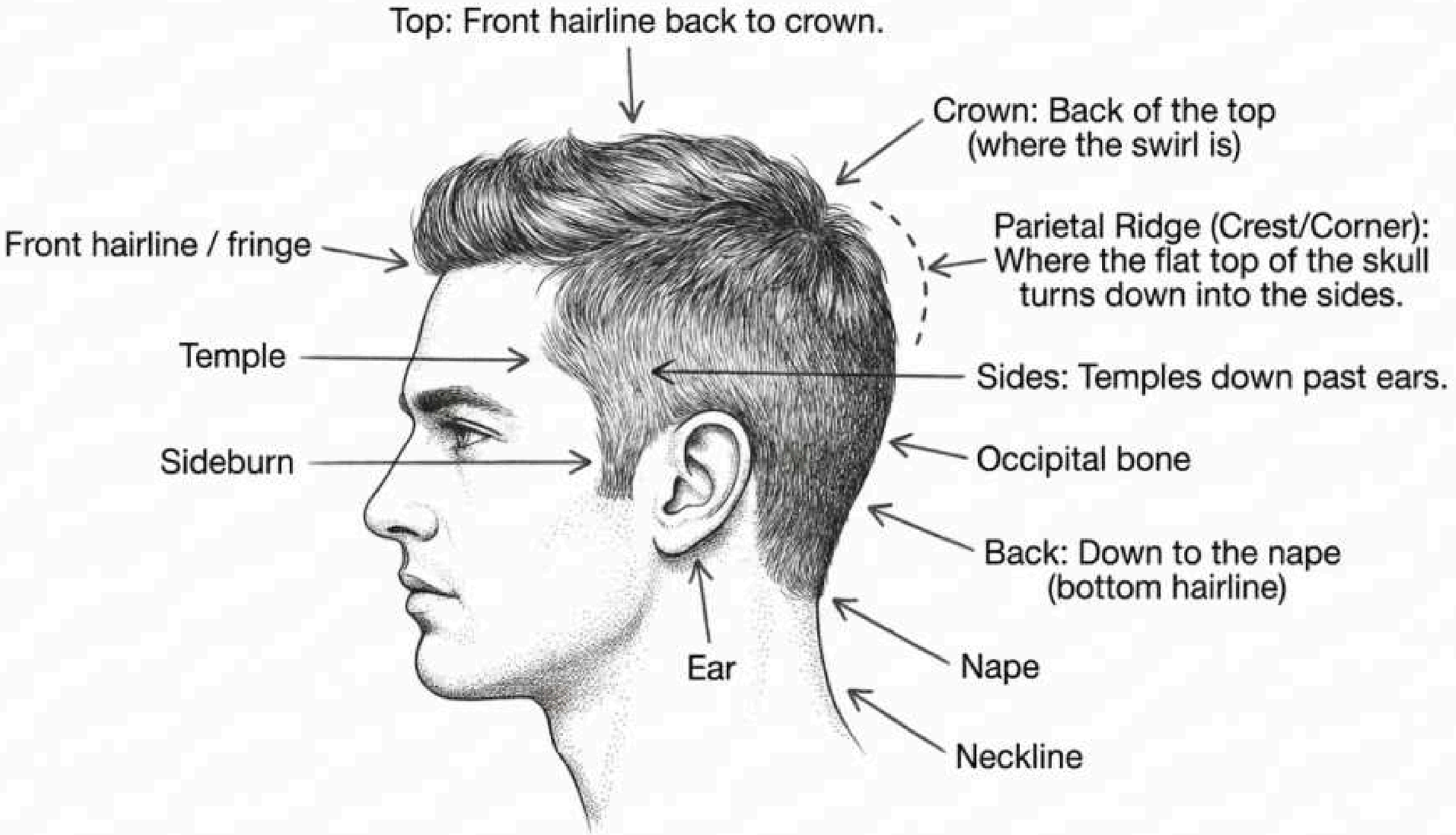


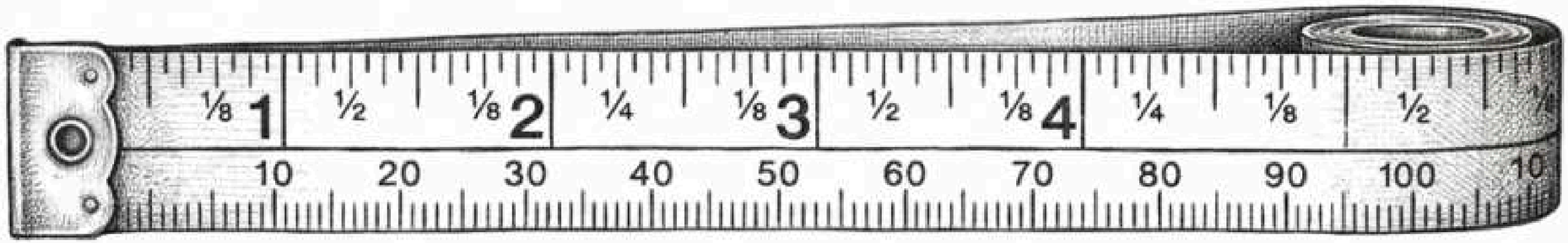
## The Reference Graphics:

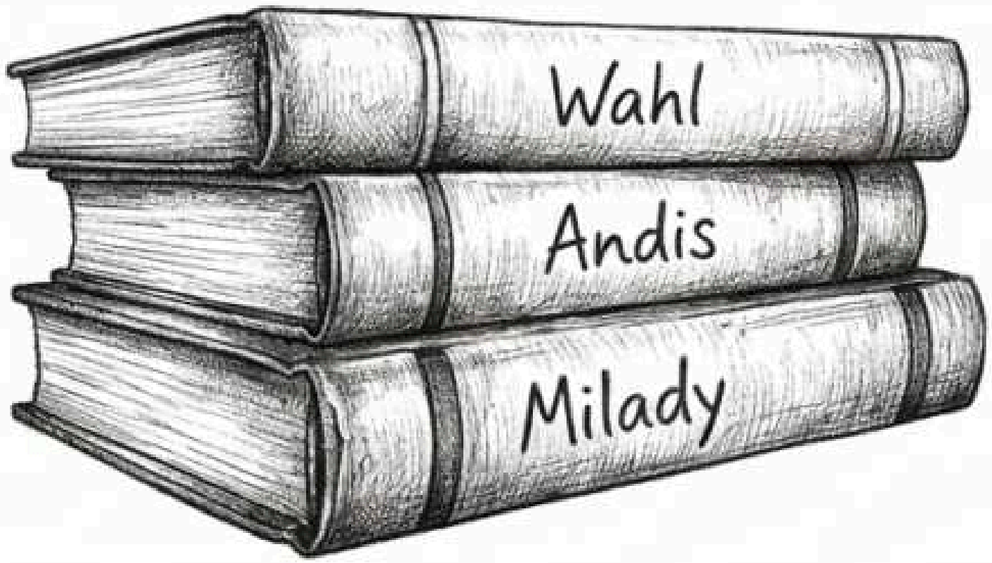
- Guard charts against a ruler.
- Side views locating fade lines.
- Neckline shapes & tool comparisons.
- One-page cheat sheet.

## Important Context:

These are diagrams to make terms clear. Because real heads, hair, and **barbers vary**, treat them as a shared vocabulary, not exact measurements.


Top: Front hairline back to crown.
Crown: Back of the top (where the swirl is)
Front hairline / fringe
Parietal Ridge (Crest/Corner): Where the flat top of the skull turns down into the sides.
Temple
Sides: Temples down past ears.
Sideburn
Occipital bone
Back: Down to the nape (bottom hairline)
Ear
Nape
Neckline




**The Measurements:**

US printed inches, with millimeters beside them.

**The Reason:**

Many guards and barbers outside the United States use millimeters.

**The Sources (cited by author and year):**

- Wahl & Andis guard charts.
- Milady barbering textbook (the standard barber-school text).




## Course Navigation:

- Paragraphs use N.M (e.g., 3.4 = Lecture 3, Paragraph 4).
- Assessments point back to these specific numbers.

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## The Hair Variable:

- Core advice applies to all hair.
- However, curly, coily, or very fine hair changes the advice—the exact same words can produce different results on different hair.

## Step 1: Study

Take one lecture at a time, followed by its quiz.

## Step 2: Prepare

Before your next haircut, fill in the Lecture 6 cheat sheet and save reference photos.




## Step 3: Speak

Start the conversation in the chair.