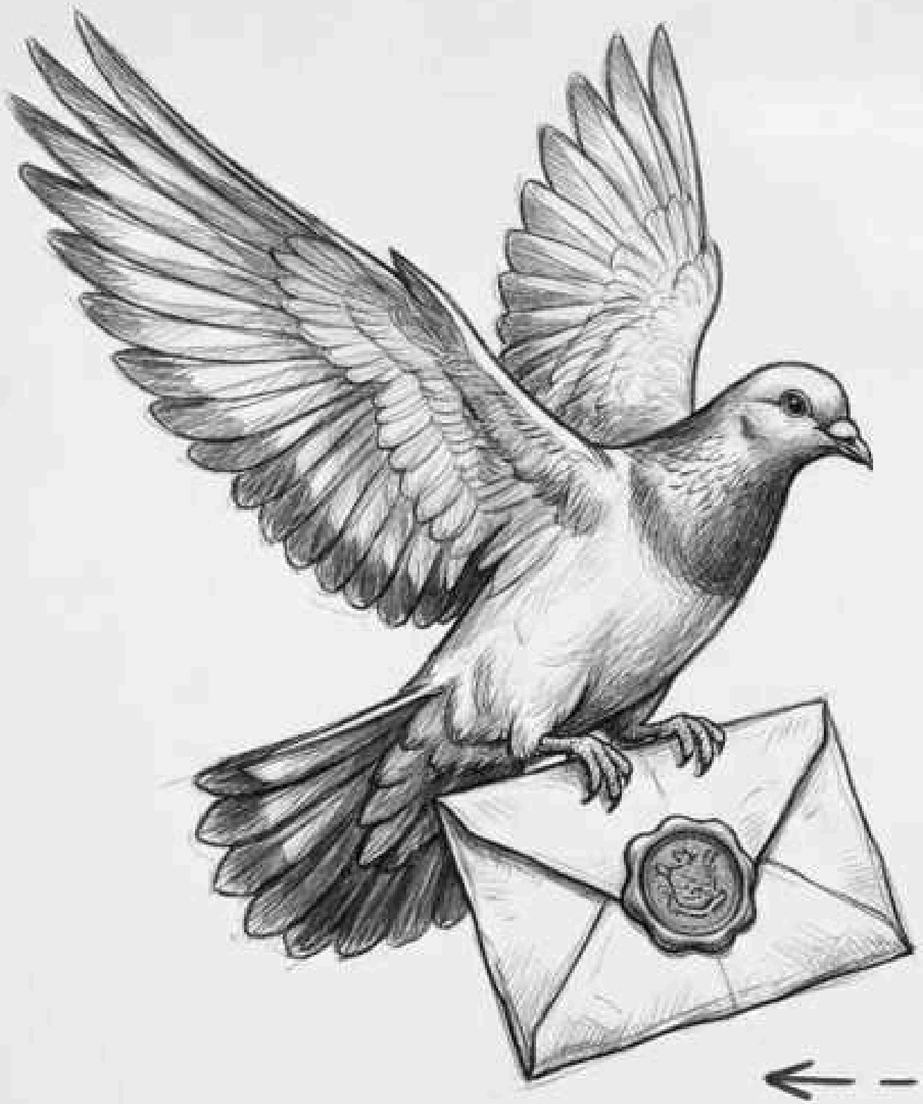
¶ 0.1



Query / Feedback → Communication Node

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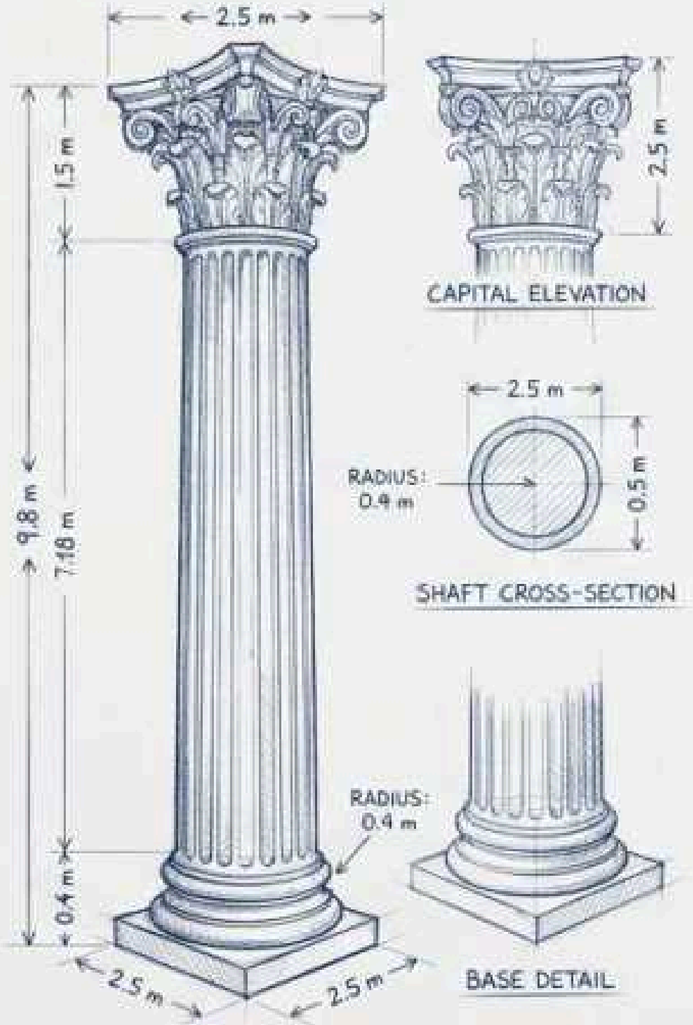
X = @garyanderson

Always welcome.

Gemini Notebook

Welcome to Anderson Academy
Course: Literature 460 B – Undreaming Wetiko

¶ 0.2



$$\left[\sum (\text{Overview} + 6\ \text{Lectures}) \approx 1\ \text{Hour} \right]$$

A postgraduate library of 4-year university-level courses,
condensed into essential hour-long modules.

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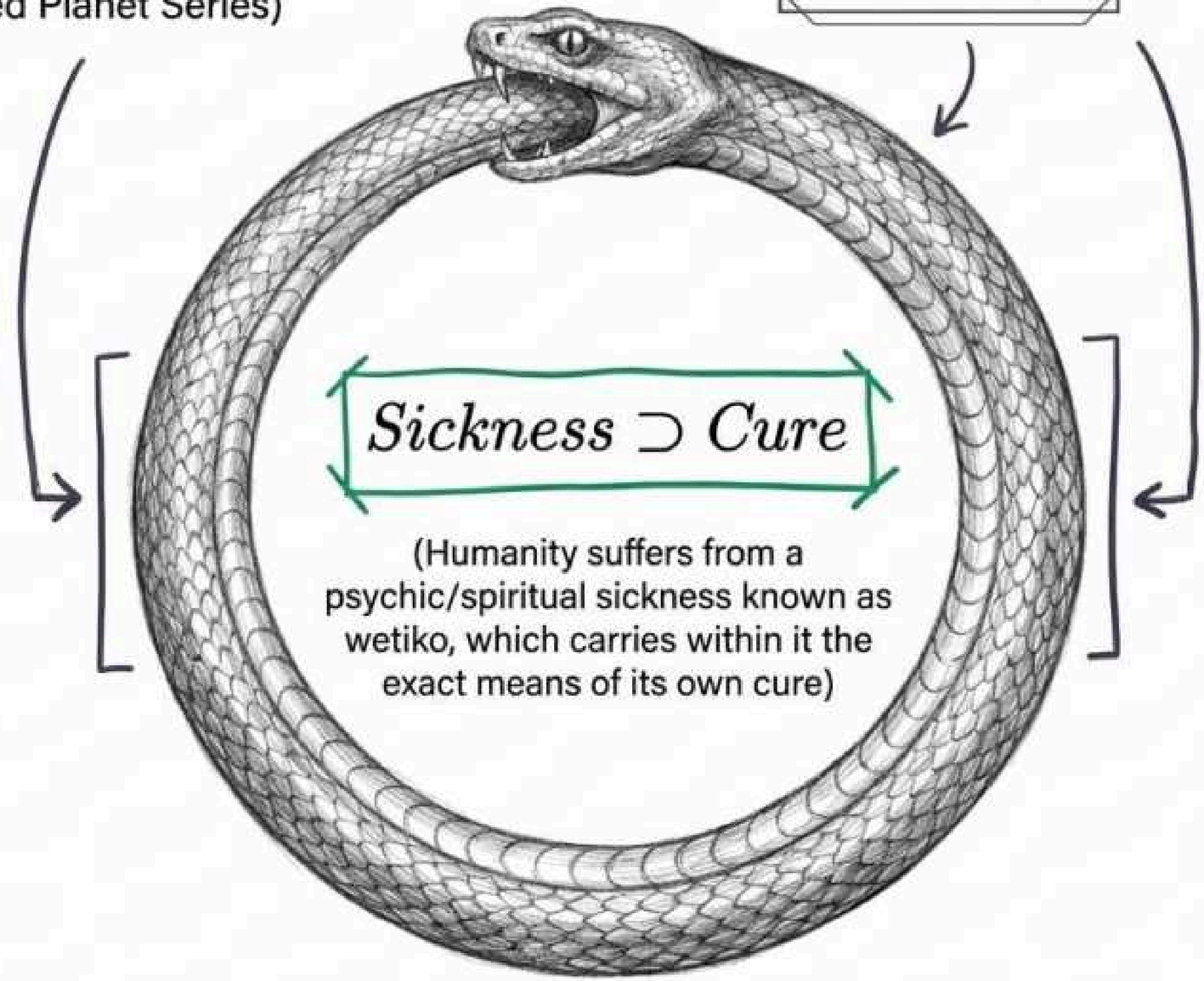
The Core Text: Undreaming Wetiko (2023)

Breaking the Spell of the Nightmare Mind-Virus

(Inner Traditions / Sacred Planet Series)

¶ 0.3

Author: Paul Levy
(His third book exploring this single idea).

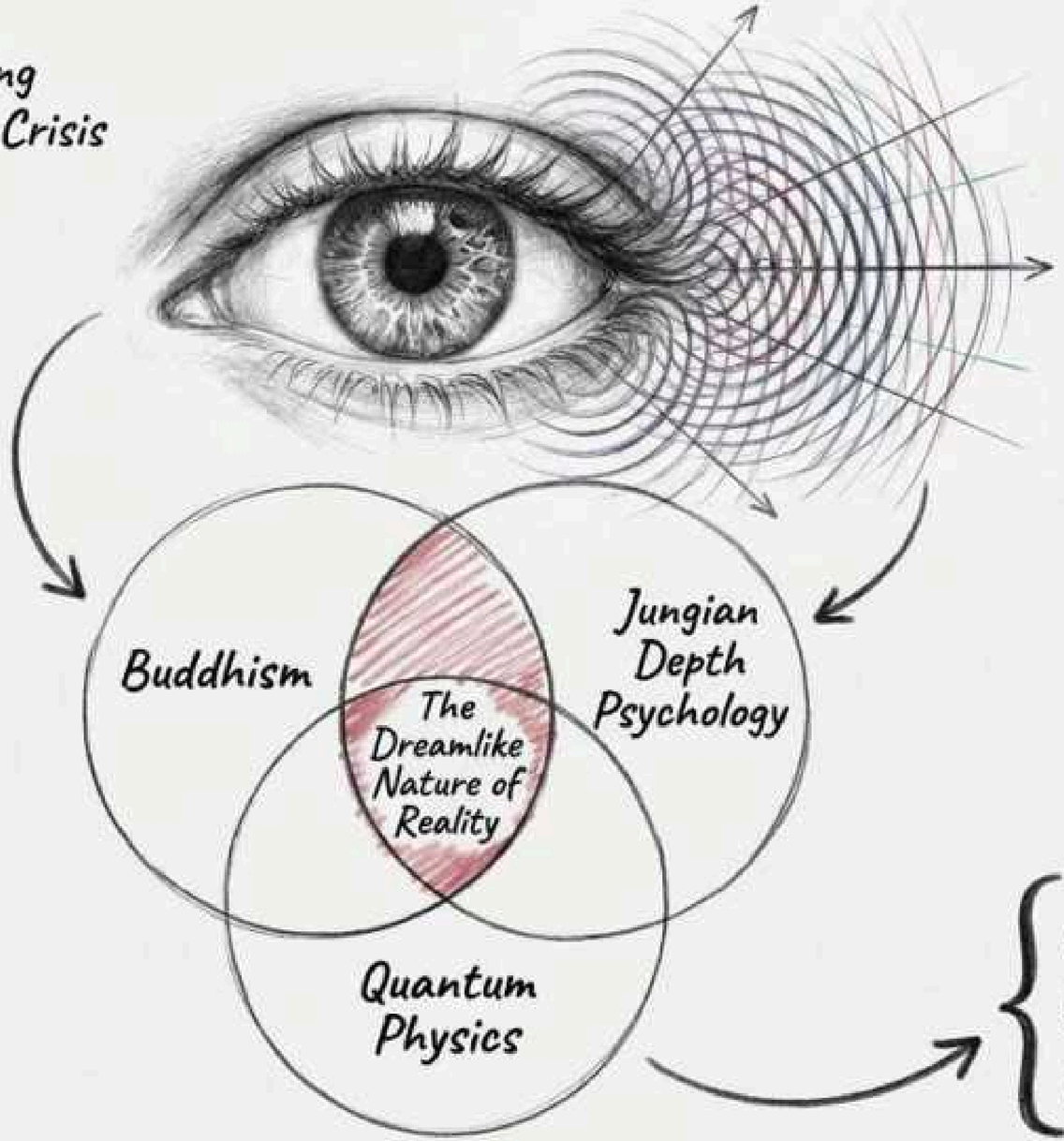


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The Architect: Paul Levy (American Writer & Artist)

¶ 0.4

1981 — Spiritual Awakening
× Severe Personal Crisis



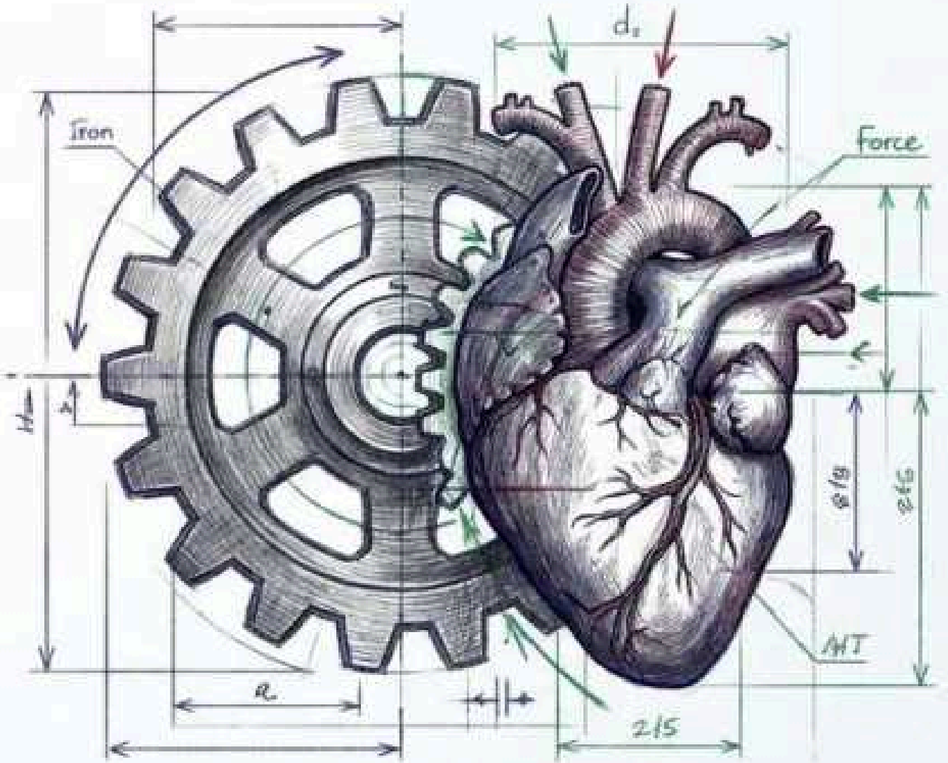
Foundation Texts:
Dispelling Wetiko (2013)
Wetiko (2021)

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The Origins of Wetiko

¶ 0.5





Cree: Wetiko | Ojibwe: Windigo

Definition: A cannibal spirit of the northern woods; a being of endless hunger that consumes others and is never filled.

Scholar: Jack D. Forbes

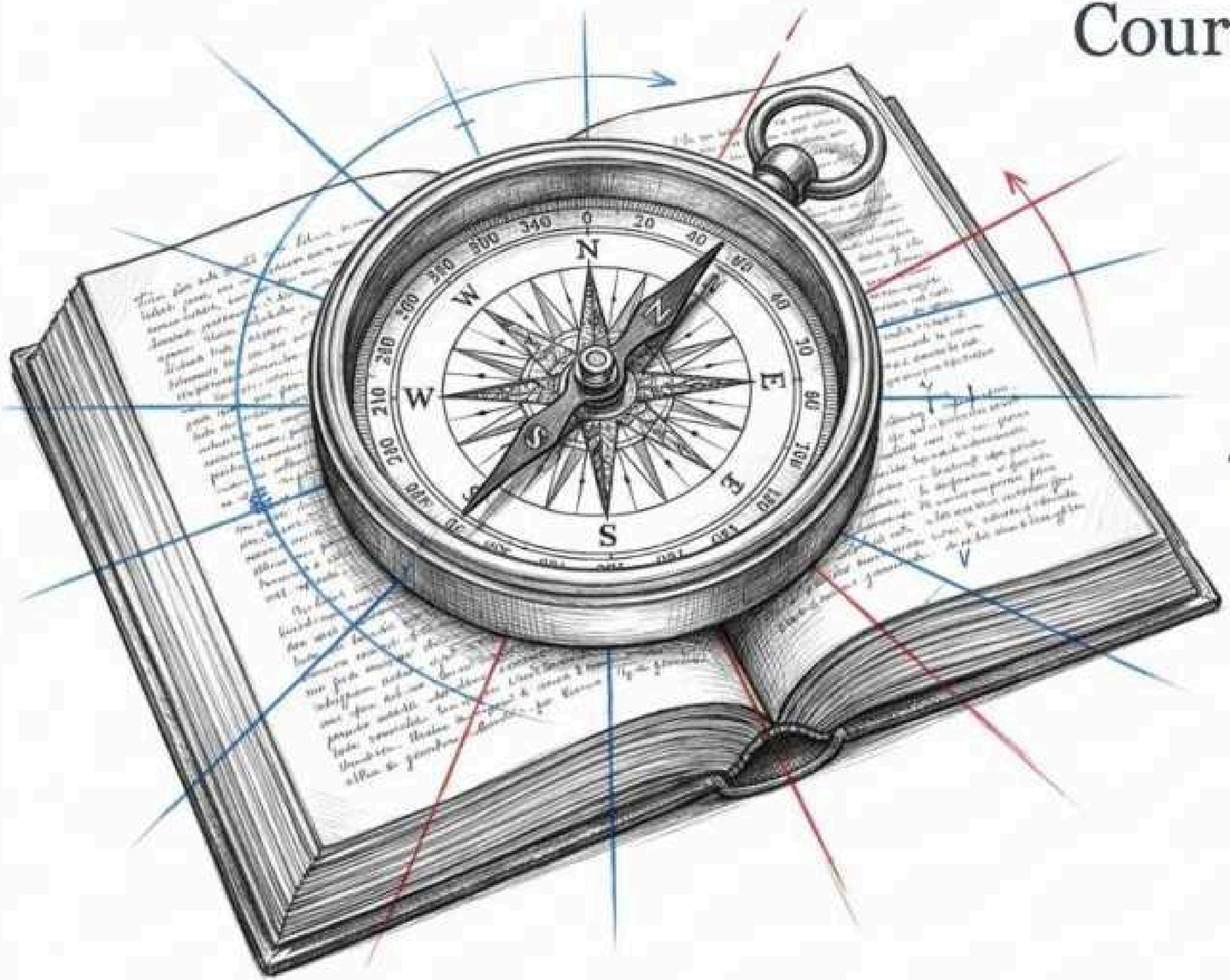
(Columbus and Other Cannibals)

Definition (adopted by Levy): A sickness of the soul that leads people to consume the lives of others to maximize Profit & Power.

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Course Methodology

¶ 0.6

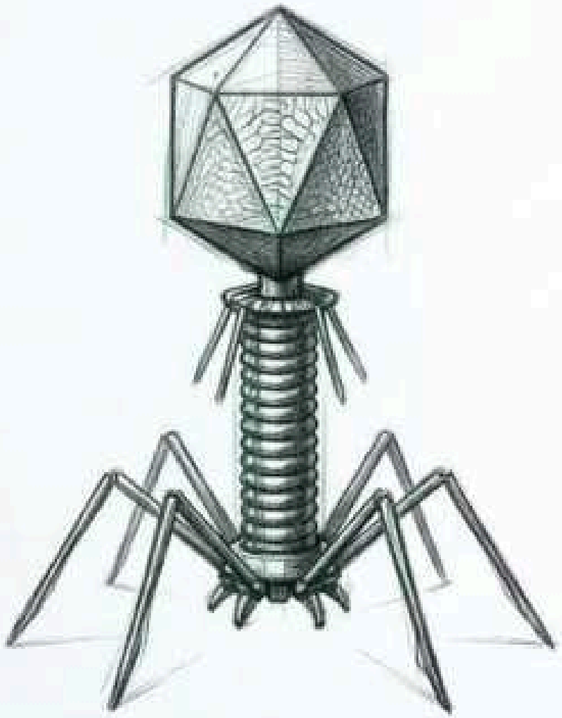


Course ≠ Substitute for reading

- → Distillation of main arguments in our own words.
- → Glossary of acronyms (sourced from Levy's audiobook supplement).
- → Further reading (placing the book among sources & critics).

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The Map (Part I)



L1: Defining the Virus

Tracing the concept from Native origins to Levy's modern mind-virus.



L2: The Dream Reality

Understanding waking life as a dream (Levy's master key).



L3: Trauma's Alchemy

Exploring trauma and the archetype of the Wounded Healer.

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The Map (Part II)

¶ 0.8



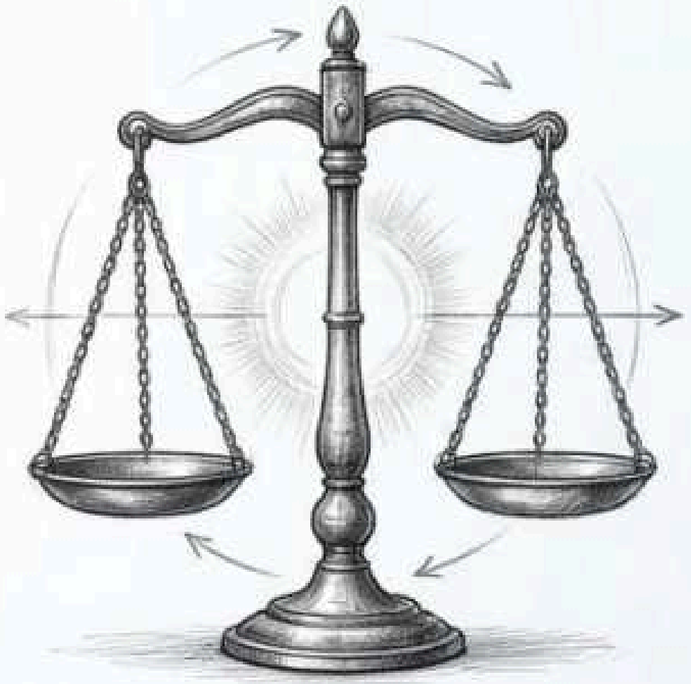
L4: Shadow & Projection

How wetiko hides in plain sight (and Levy's playful names for its camouflage).



L5: The Inner Guide

The Daimon/Angel within (Synthesizing Jung, Steiner, Corbin, Reich, & Berdyaev).



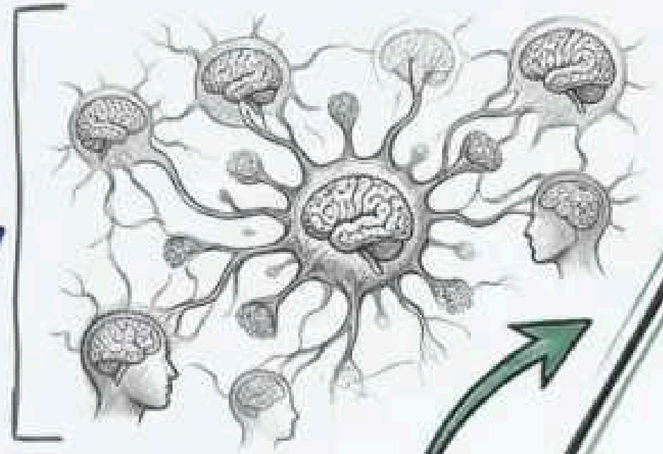
L6: Undreaming

What it means to wake up, plus weighing the book's strengths against its critics.

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Three Big Ideas

¶ 0.9



① Contagion

$Mind_A \rightarrow Mind_B$

↳ Wetiko spreads from mind to mind, infecting families and cultures like a virus.



② Dreaming

Outer Event ≅ Inner State

↳ Waking life can be read like a dream; outer events mirror internal realities.



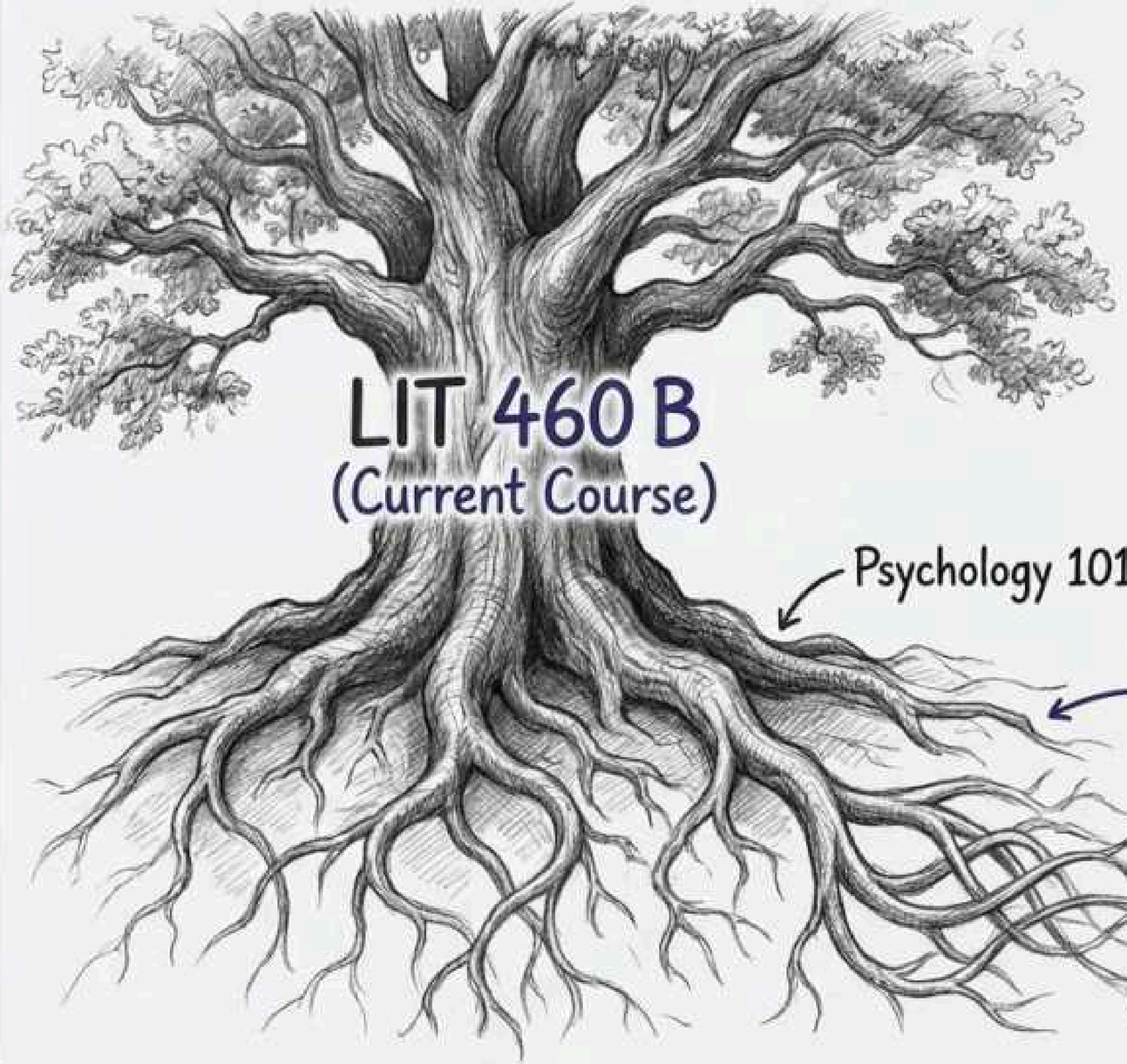
③ Healing

Awareness = Δ Cure

↳ The poison and medicine are inextricably bound. Seeing wetiko clearly is the beginning of the cure.

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Academic Context (Postgraduate Level)



LIT 460 B
(Current Course)

Psychology 101 B

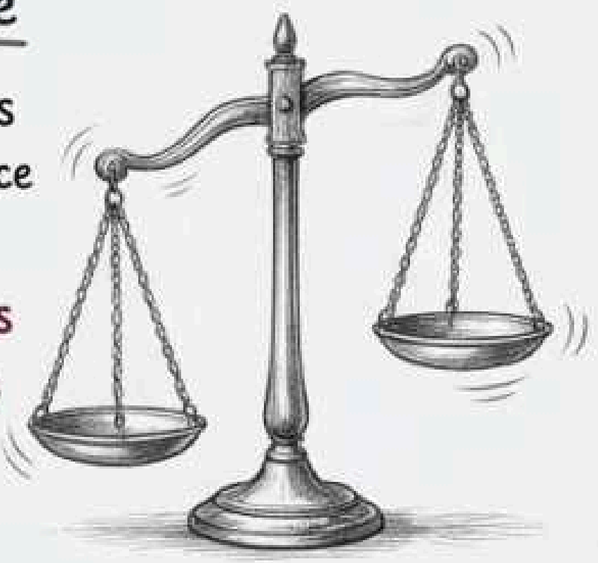
Philosophy 280 B
(Eastern Philosophy)

Philosophy 450 B & 460 B
(Gnostic & Hermetic Texts exploring older ideas Levy draws upon)

Pedagogical Stance

→ Presents Levy's views as his own (acceptance is not required).

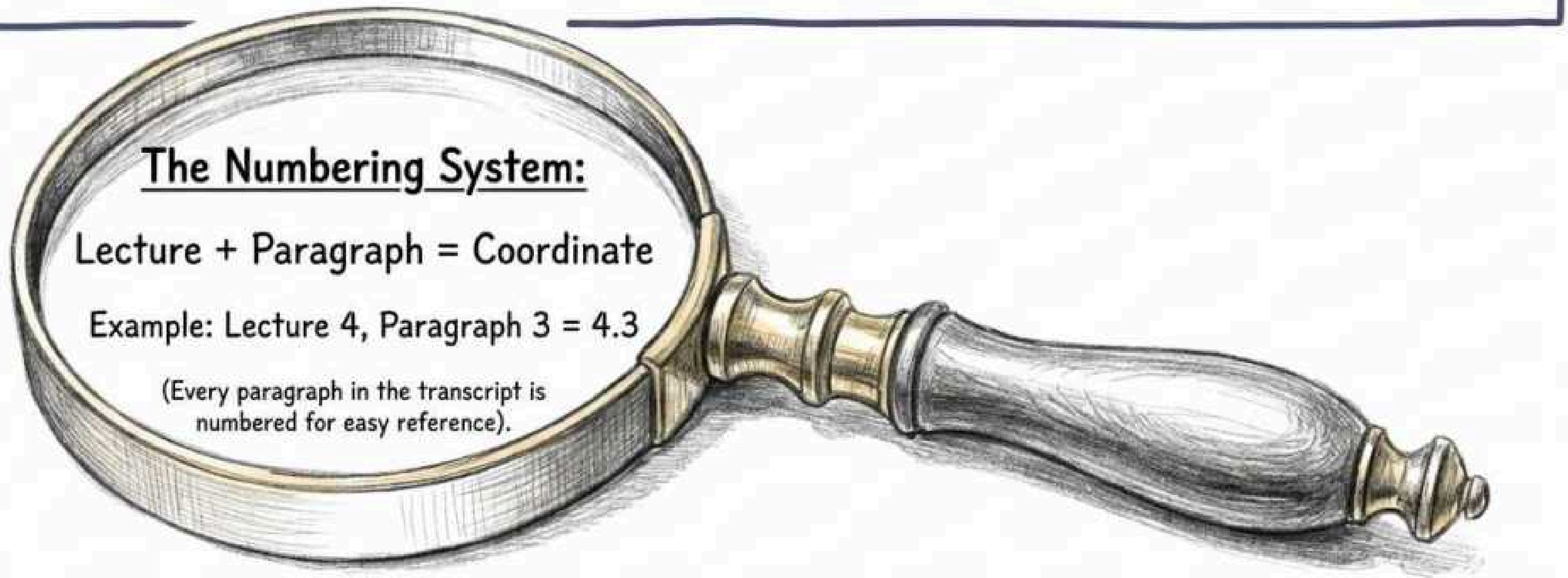
→ Actively incorporates critical perspectives.



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Study Algorithm

Read Text + Watch Lecture → 5-Question Quiz per Lecture → 50-Question Final Exam → Tripos Paper: 6 Essay Questions w/ Model Answers



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Development & Transition



Human Direction + AI Assistance = Course Generation

(Working from book arguments, glossary, & standard sources).

Error Reporting: Please cite by paragraph number (e.g., ¶ 0.12).
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⇒ Initialize Lecture 1: What is Wetiko?

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