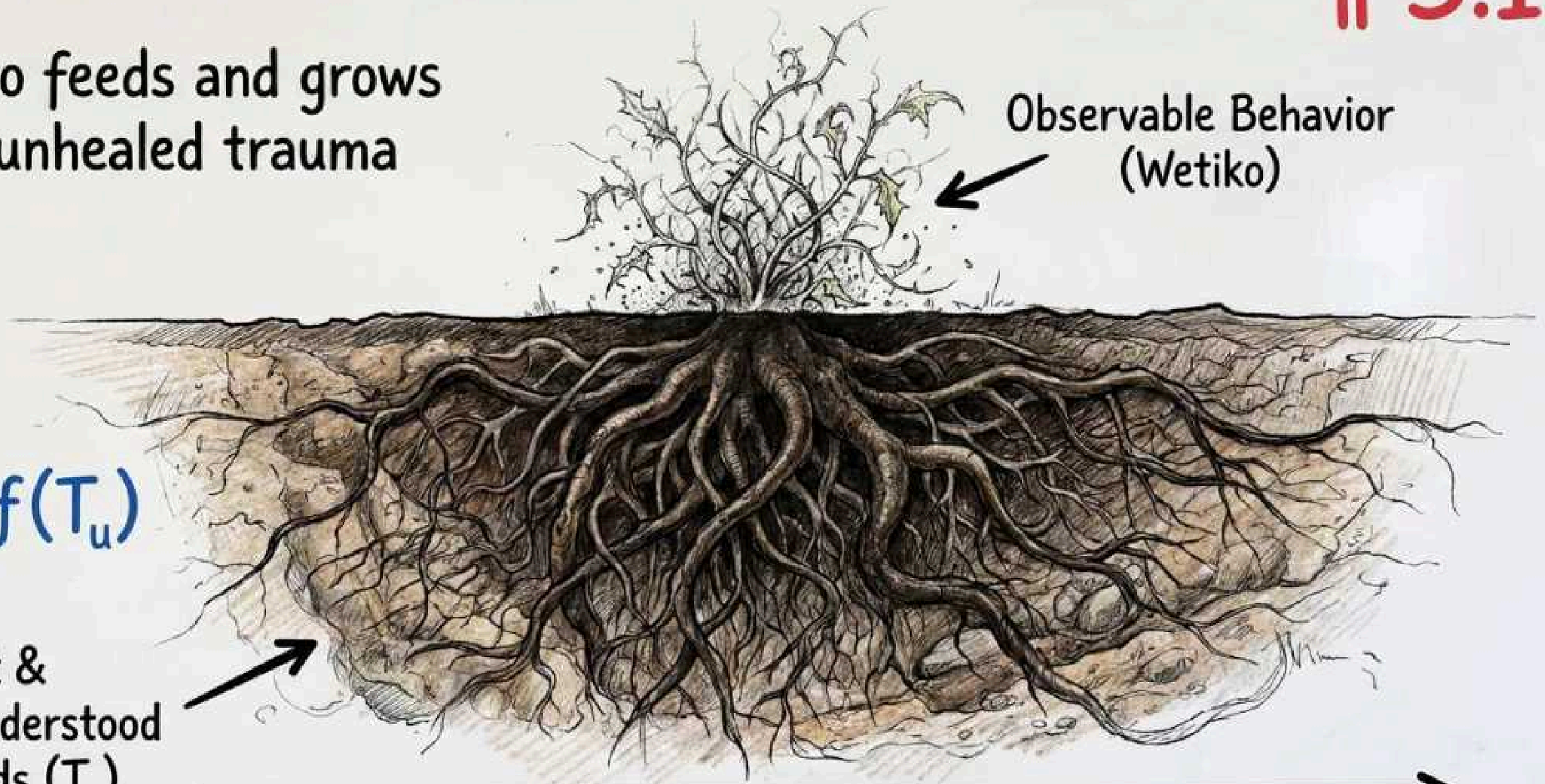
Lecture 3: Trauma and the Wounded Healer

¶ 3.1

Wetiko feeds and grows upon unhealed trauma

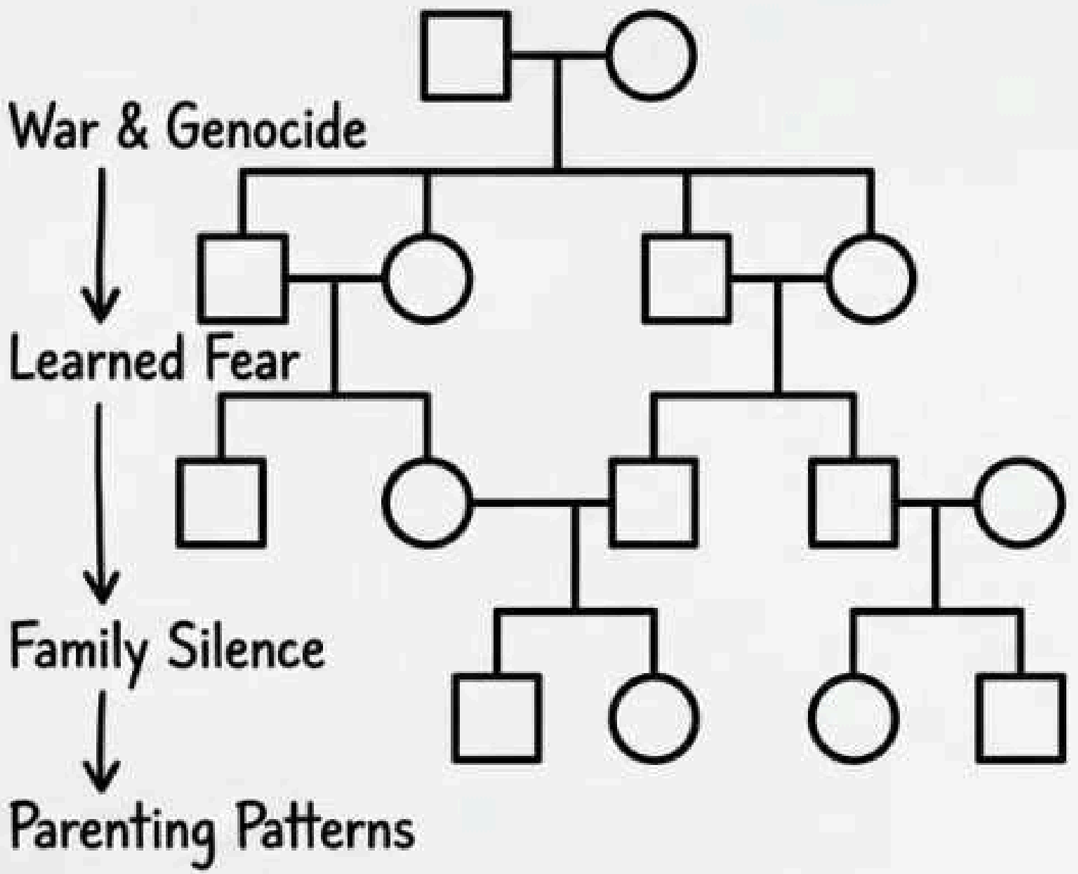


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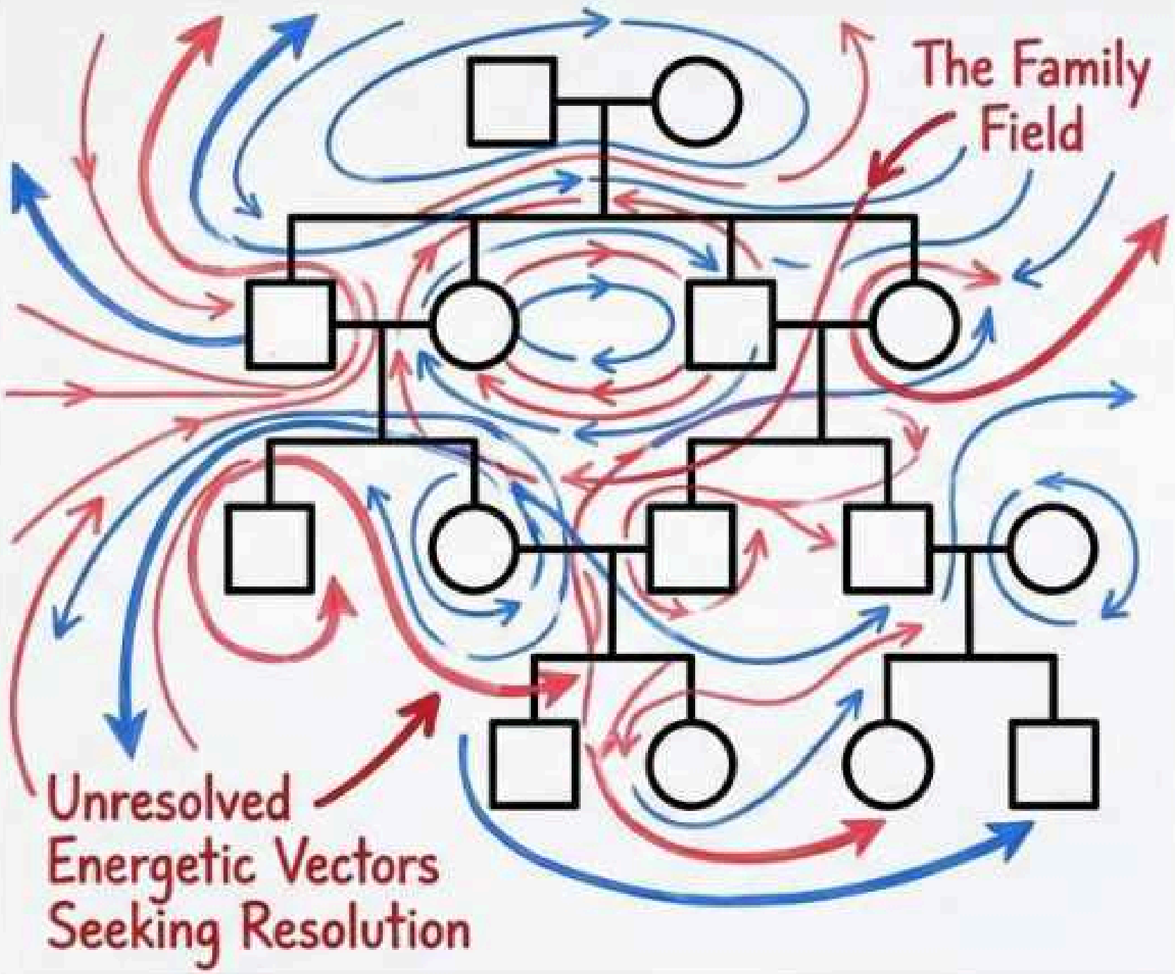
¶ 3.2

Unresolved patterns seek resolution across generations

CLINICAL GENETIC PEDIGREE

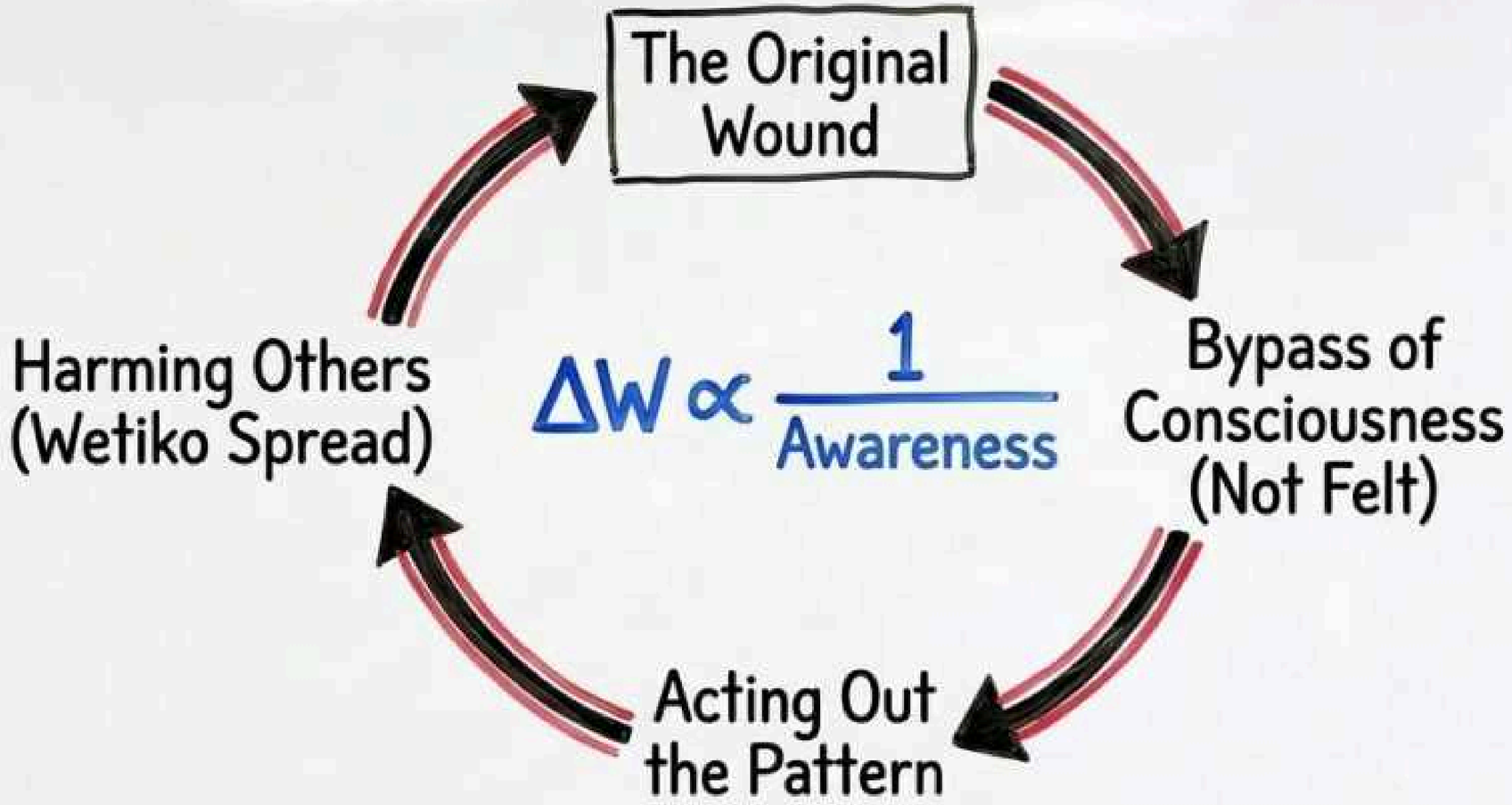


THE FAMILY FIELD



¶ 3.3

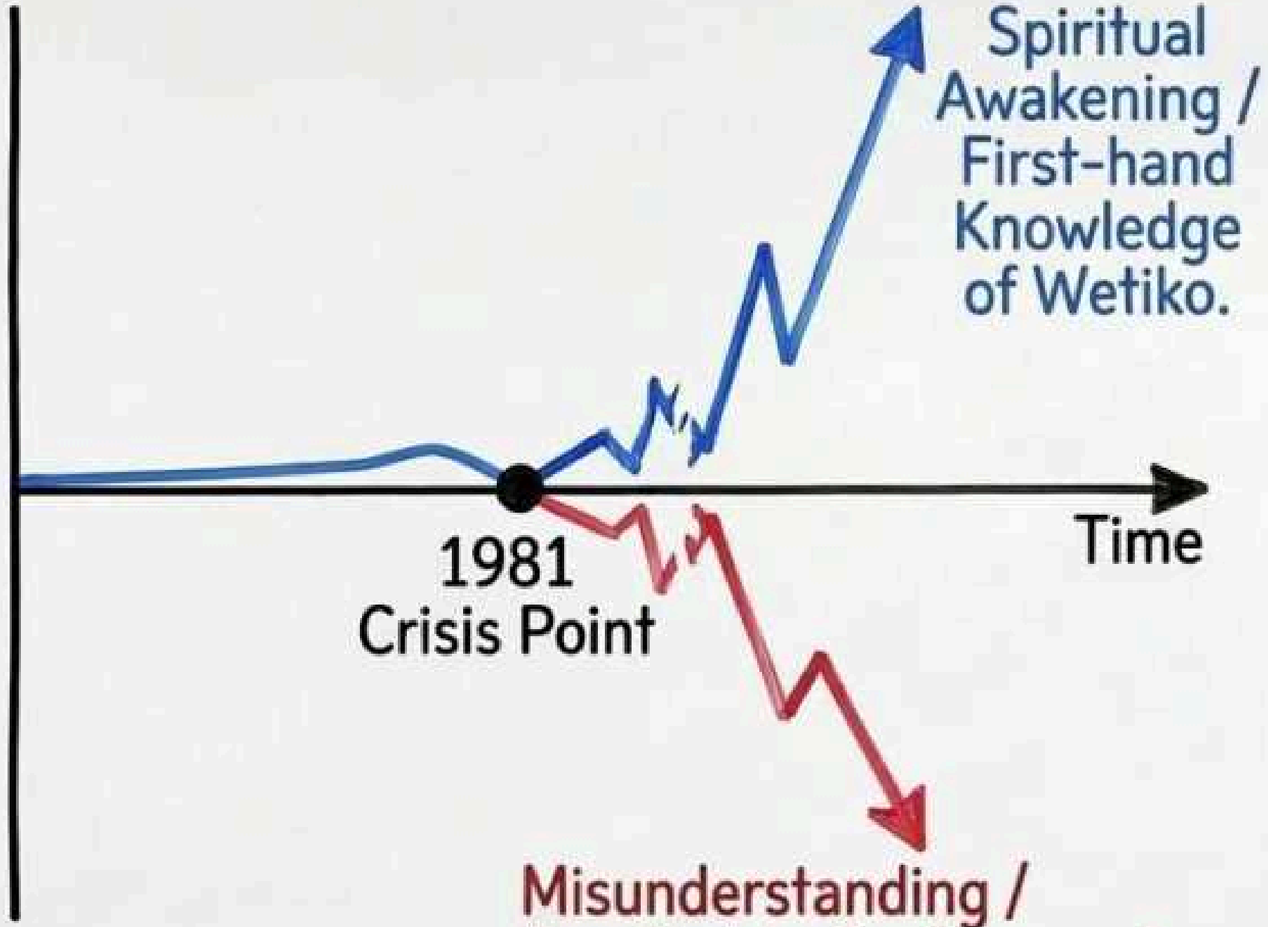
Trauma propagates in the absence of conscious awareness

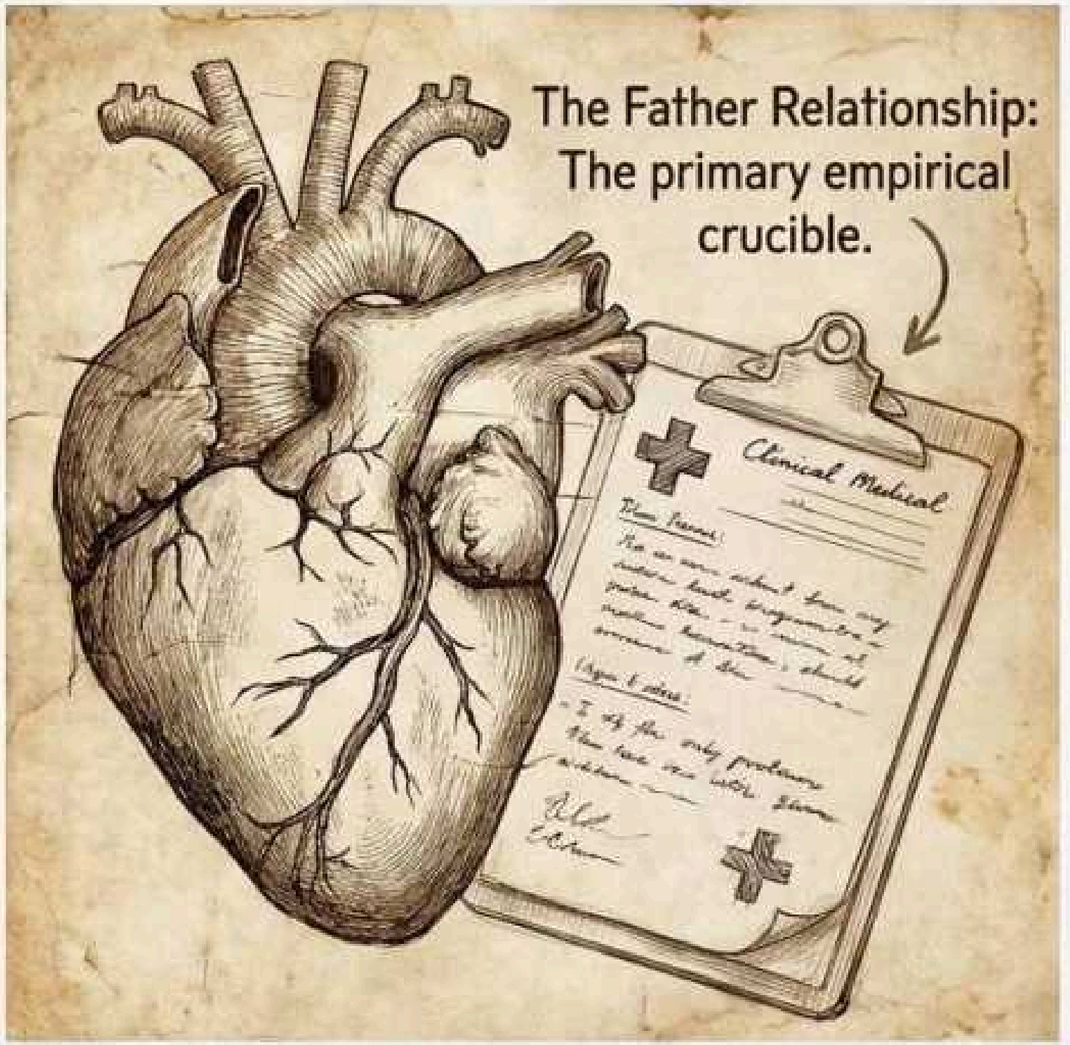


Action replaces feeling. The wound repeats because it remains unlit by awareness.

¶ 3.4

Spiritual emergence is frequently mistaken for psychiatric pathology





¶ 3.5

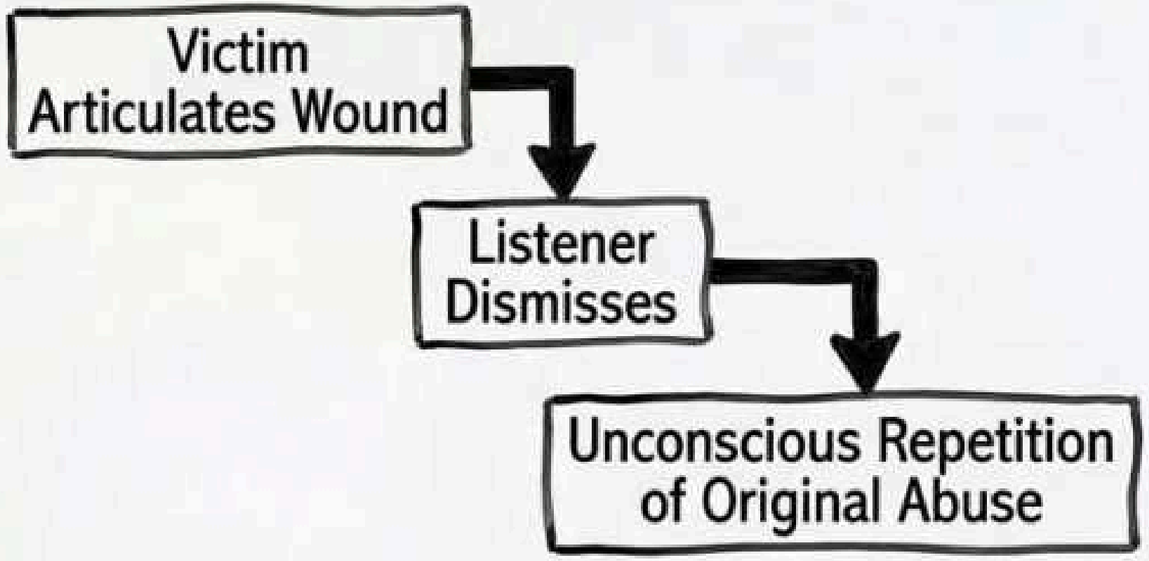
Two diagnostic patterns of unconscious dismissal

Pathologizing by Default

Unusual Experience + Zero Curiosity = Judgment of Illness

The reflex to categorize the unknown as sickness rather than seeking understanding.

Articulating Abuse Induces Further Abuse



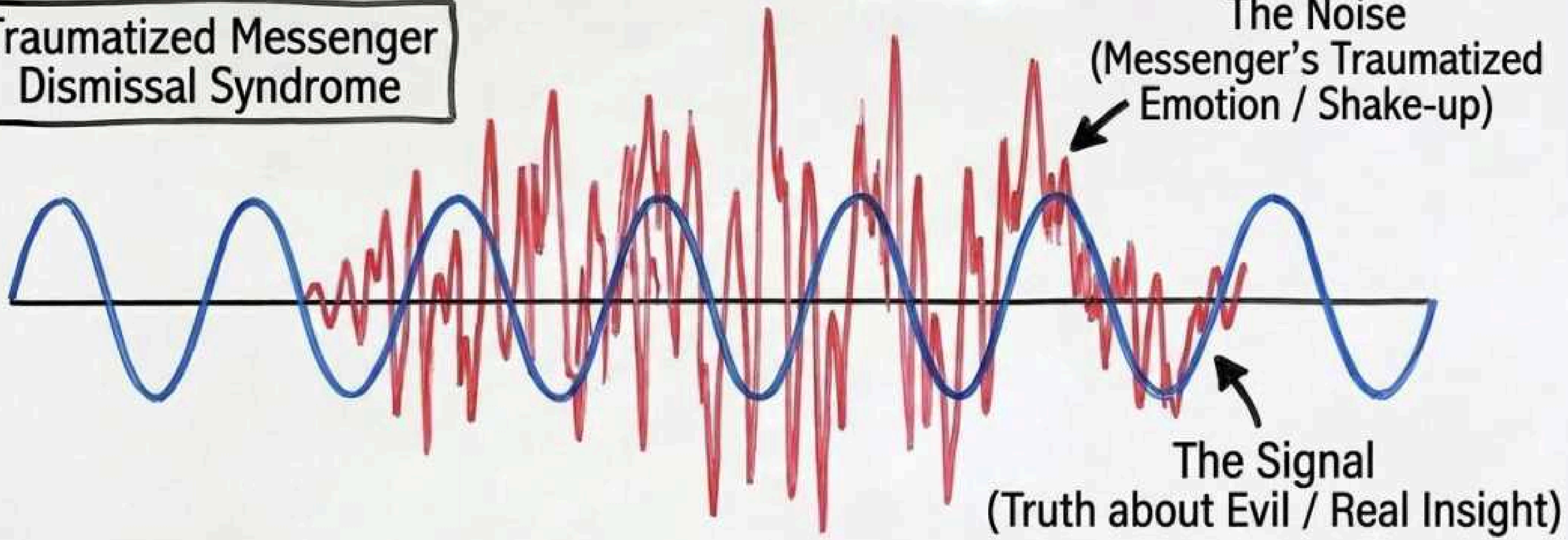
The act of witnessing triggers the listener's unhealed patterns, turning them into an unwitting agent of the trauma.

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¶ 3.6

Emotional delivery noise does not invalidate the underlying signal

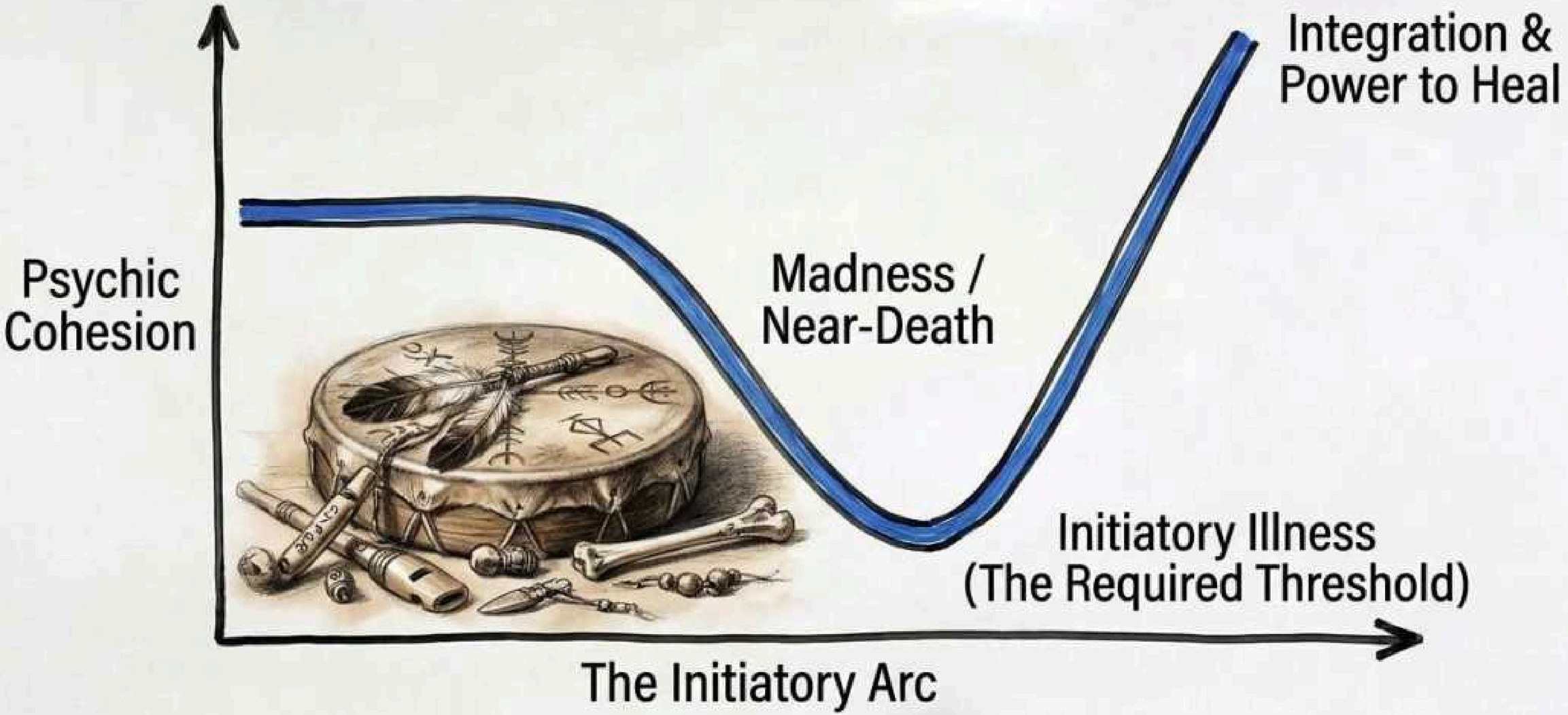
Traumatized Messenger Dismissal Syndrome



The cognitive error of the listener is confusing the chaotic amplitude of the delivery with the validity of the fundamental frequency.

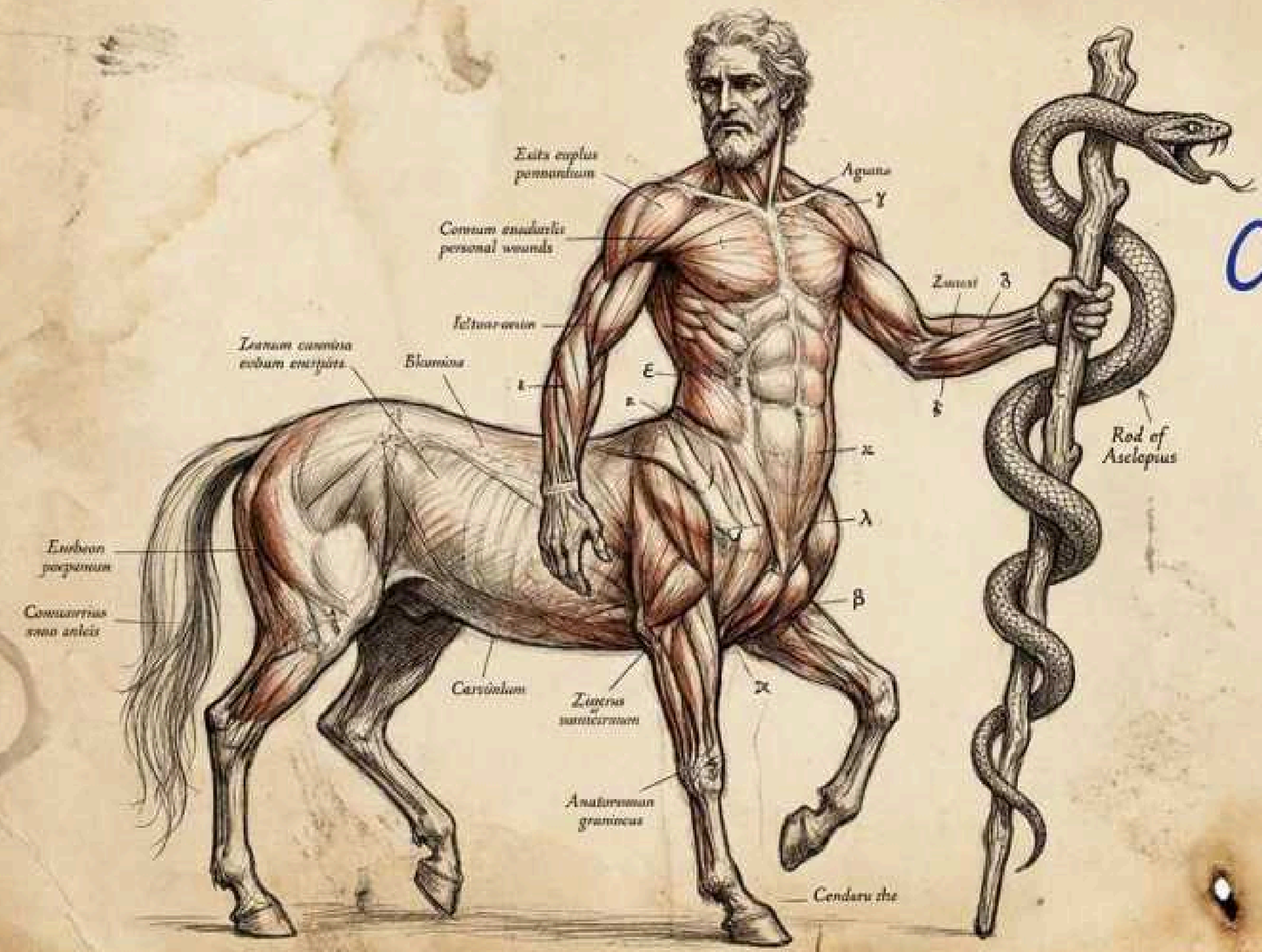
¶ 3.7

The shamanic path requires an initiatory descent into crisis



True healing capacity requires the integration of personal wounds

¶ 3.8



$$\text{Capacity}_{\text{heal}} \leq \text{Integration}_{\text{wound}}$$

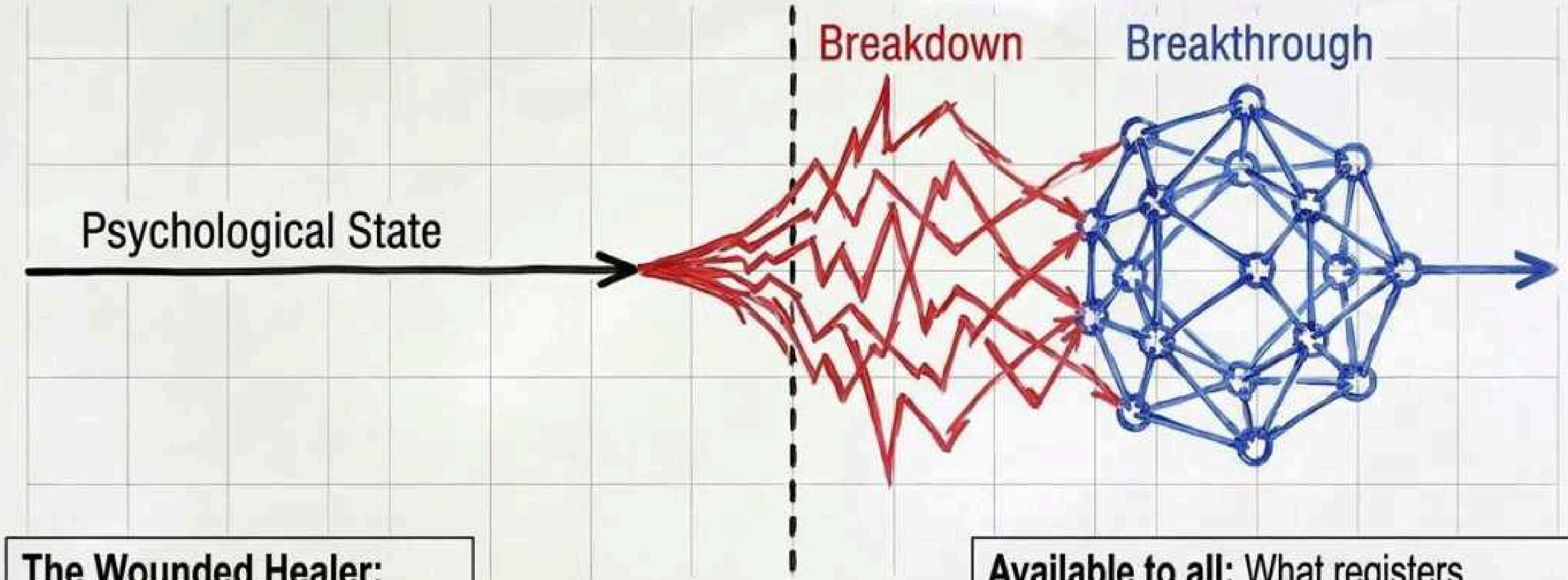
Mythic Origin: Chiron (The unhealable immortal) → Asclepius.

Psychoanalytic translation (Carl Jung): A doctor can only effectively heal to the exact extent they have felt and navigated their own wound.

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¶ 3.9

Psychological breakdown functions as a structural phase transition



The Wounded Healer:
An archetype embedded in the collective unconscious.

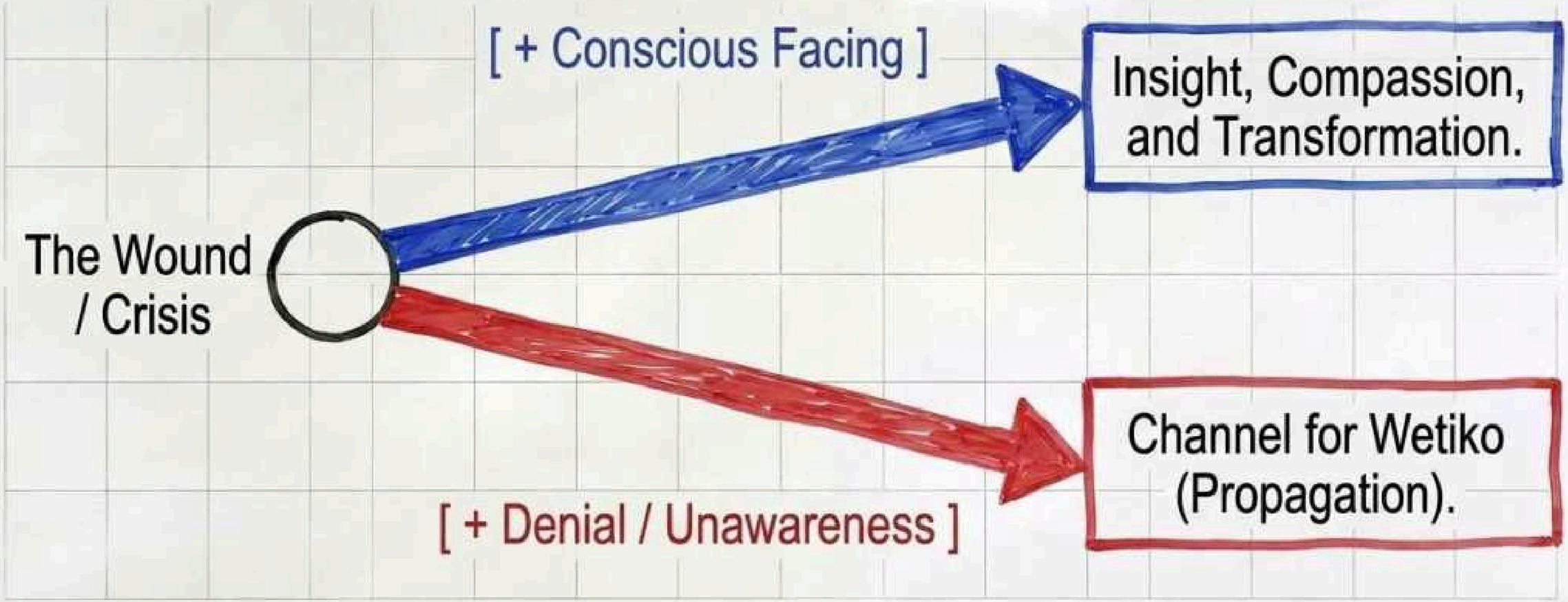
Critical Crisis Threshold

Available to all: What registers subjectively as a terminal breakdown is structurally the onset of a breakthrough.

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¶ 3.10

Awareness determines whether suffering yields compassion or feeds Wetiko

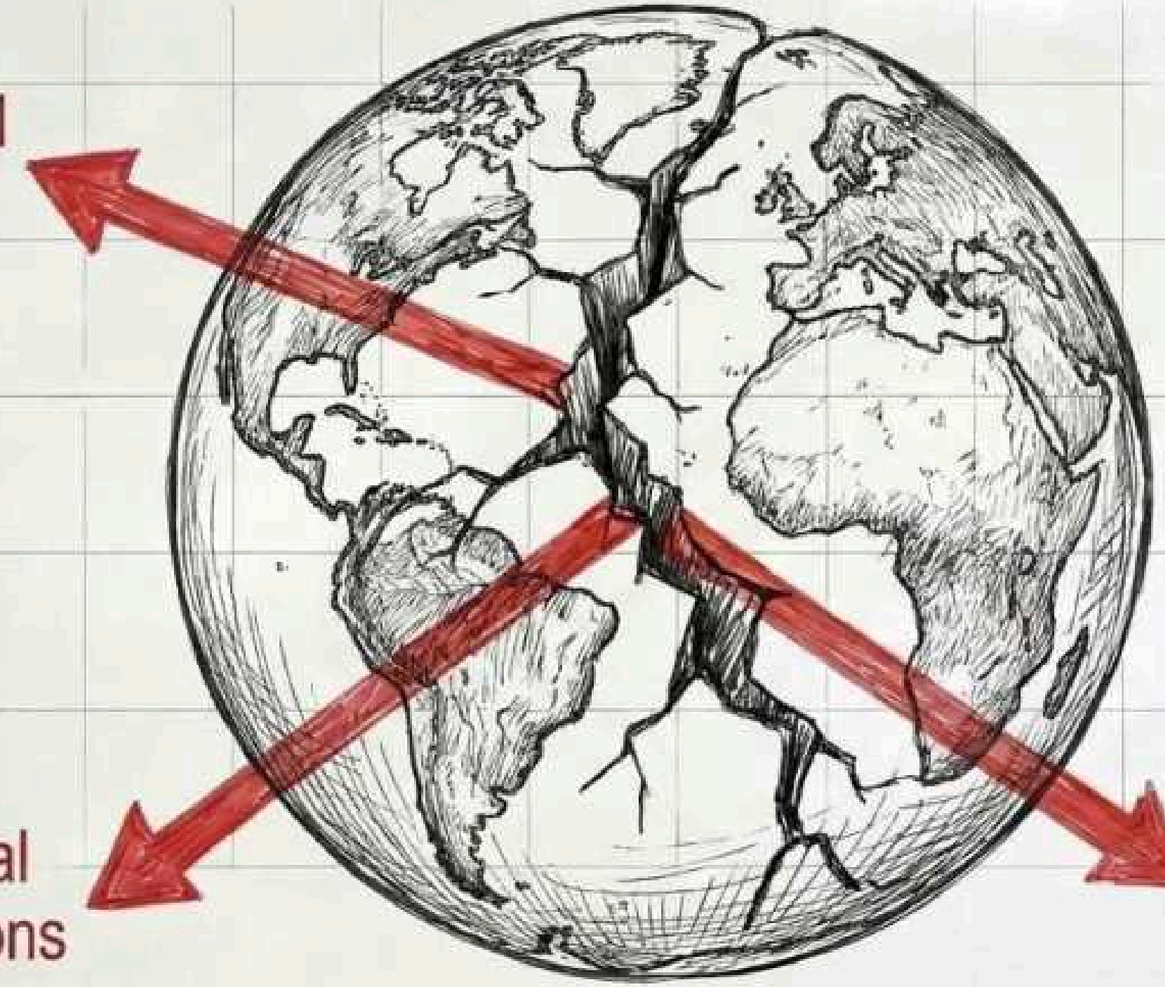


Suffering possesses no inherent moral goodness. The differential variable in the equation is entirely consciousness.

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¶ 3.11

Humanity is undergoing a collective macro-initiation



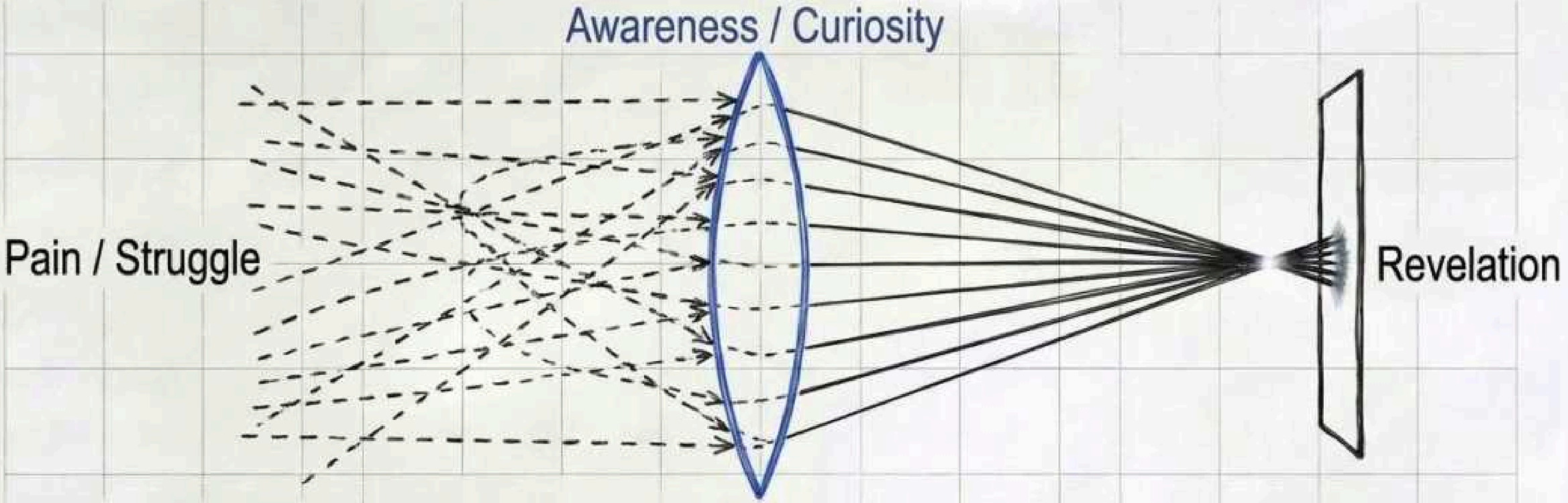
The Macro-Scale Application:
The collective task mirrors the shaman's micro-task.

Collective Crisis + Awareness —> Transformation (Not Destruction)

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¶ 3.12

Shift focus from labeling the struggle to revealing its hidden message



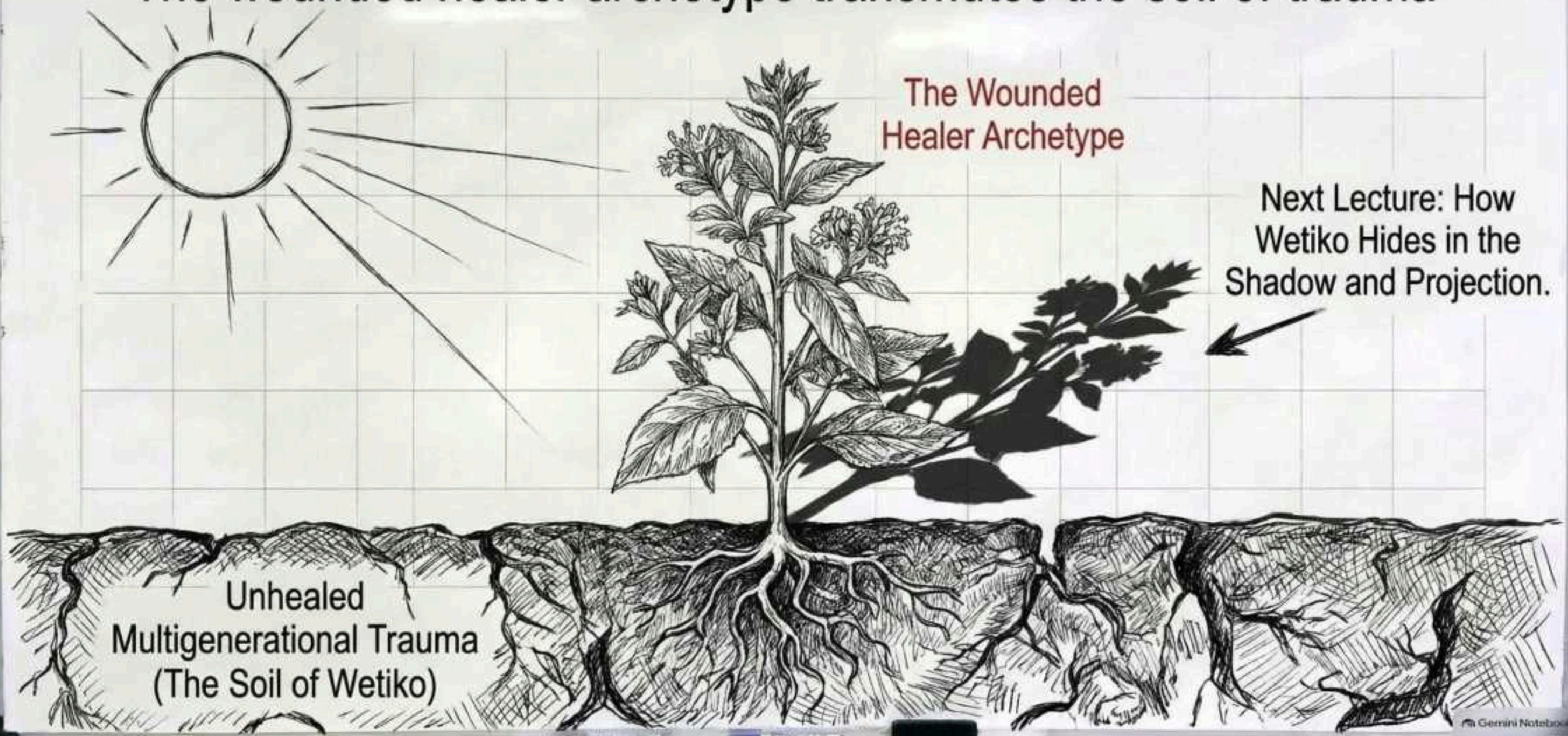
Practical Heuristics:

External (When witnessing others): Halt the rush to label. Listen first. Ask: What is this experience attempting to show?	**Internal** (When experiencing struggle): Shift the operational question from "How do I stop this pain?" to "What is this pain asking me to see?"

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¶ 3.13

The wounded healer archetype transmutes the soil of trauma



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