PHIL 480 B | Lecture 2

The Four Bodies and the Fourfold Pattern

Anderson Academy

Paragraph 2.1

Course Compensation Agreement

Cost of Course: $0.00

Required Payment: Pay It Forward

Obligations:

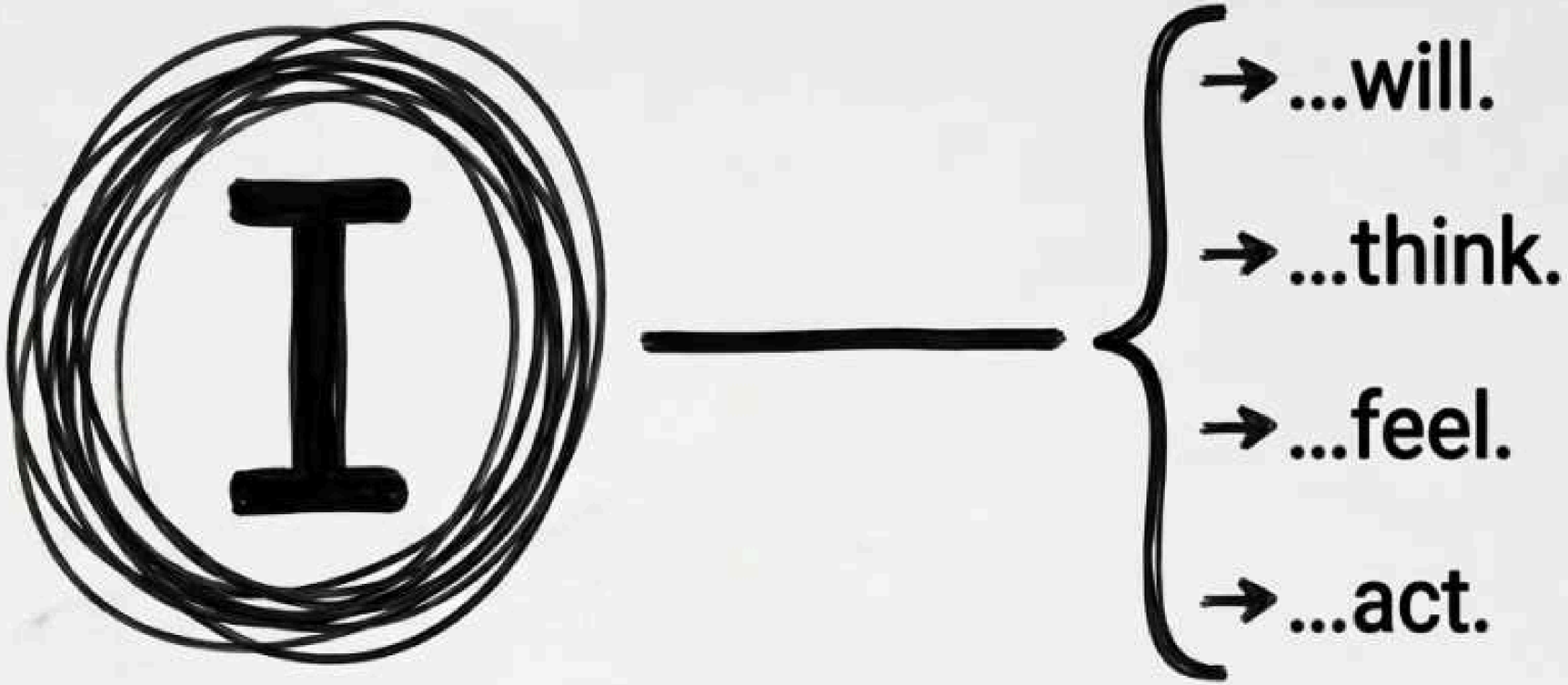
Action 1: Be of service to humanity. ✓

Action 2: Report what you learned. ✓

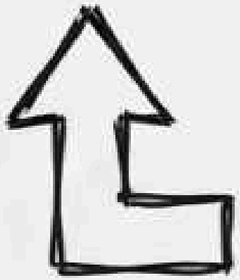
Submission: Email garyanderson@mail.grokbot.com
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This constitutes full compensation.

Paragraph 2.2

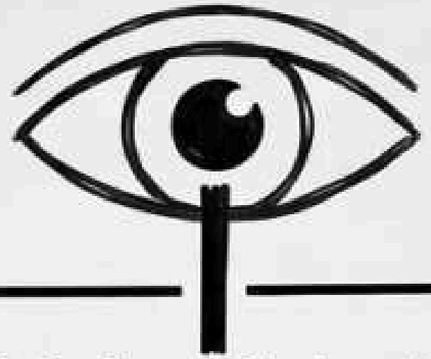


(The Observer / Awareness Directing)



The 'I' precedes every verb. You are not the action; you are the awareness directing it.

Paragraph 2.3

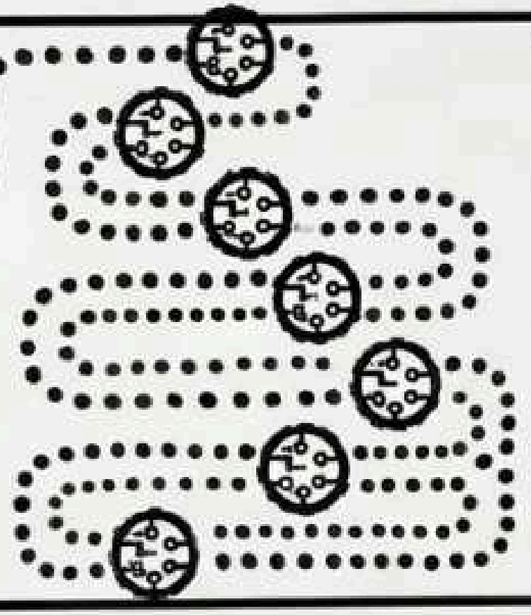


1. Spiritual Body (Vehicle of the Will / Directs Attention)
2. Mental Body (Thought, Intellect, Reasoning, Belief)
3. Astral Body (Emotion, Feeling)
4. Physical Body (Densest Vehicle, 5 Senses, Action)

Paragraph 2.4

Layer 3: Astral Body (Intentions)

The Etheric Double
(The Bridge)



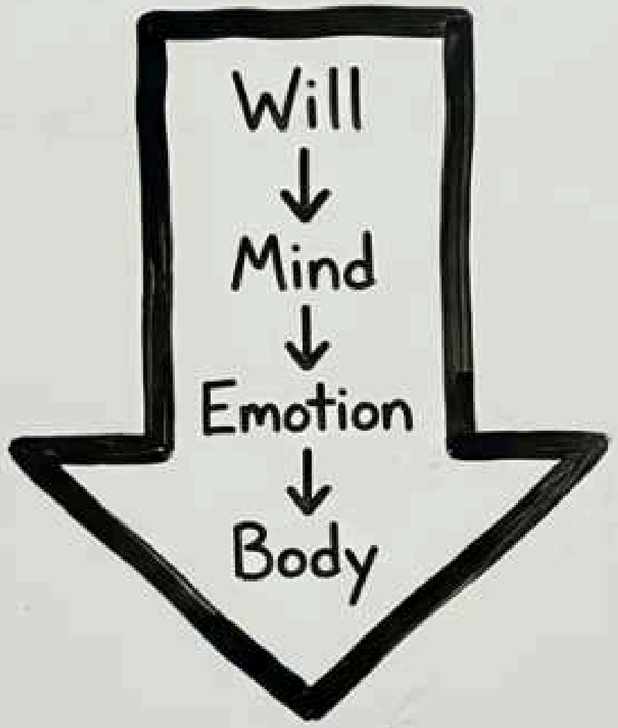
7 Chakras
(Physical etheric centers)

Layer 4: Physical Body (Brain & Nerves)

Source Lineage: Theosophy
(Blavatsky, Leadbeater, Powell)

Paragraph 2.5

The Natural Order



Higher faculties govern lower.
Harmony.

The Reversed Order

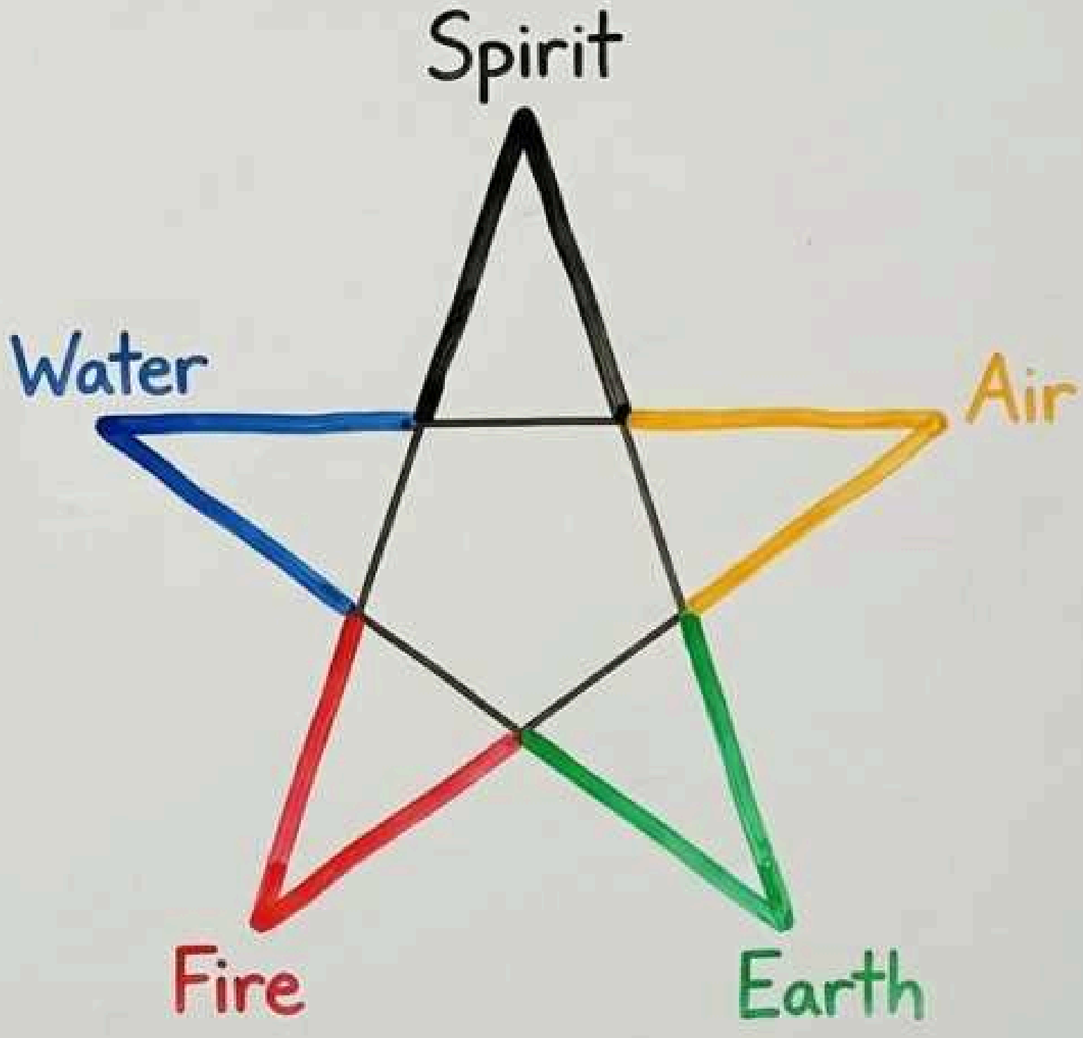


Lower nature governs higher.
Suffering.

Influence runs both ways
(e.g., fatigue colors thought), but the
WILL can restore the top-down order.

Paragraph 2.6





Paragraph 2.7

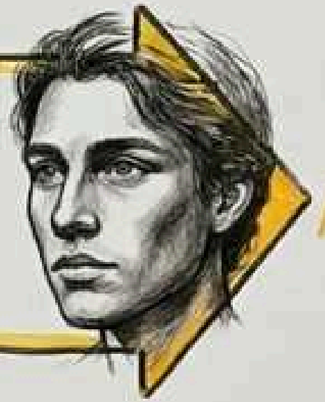


Will |
Leo (♌)
Fire



Feeling |
Scorpio (♏)
Water

The Throne/
Spirit
(Aligning all
powers)



Thought |
Aquarius (♒)
Air



Action |
Taurus (♉)
Earth

Ezekiel's Creatures: Going "wherever the spirit was to go"
= Awareness aligning all four powers.

Paragraph 2.8



Awareness / I AM



Spiritual Body (Will) - Formless



Mental Body (Thought)



Astral Body (Emotion)

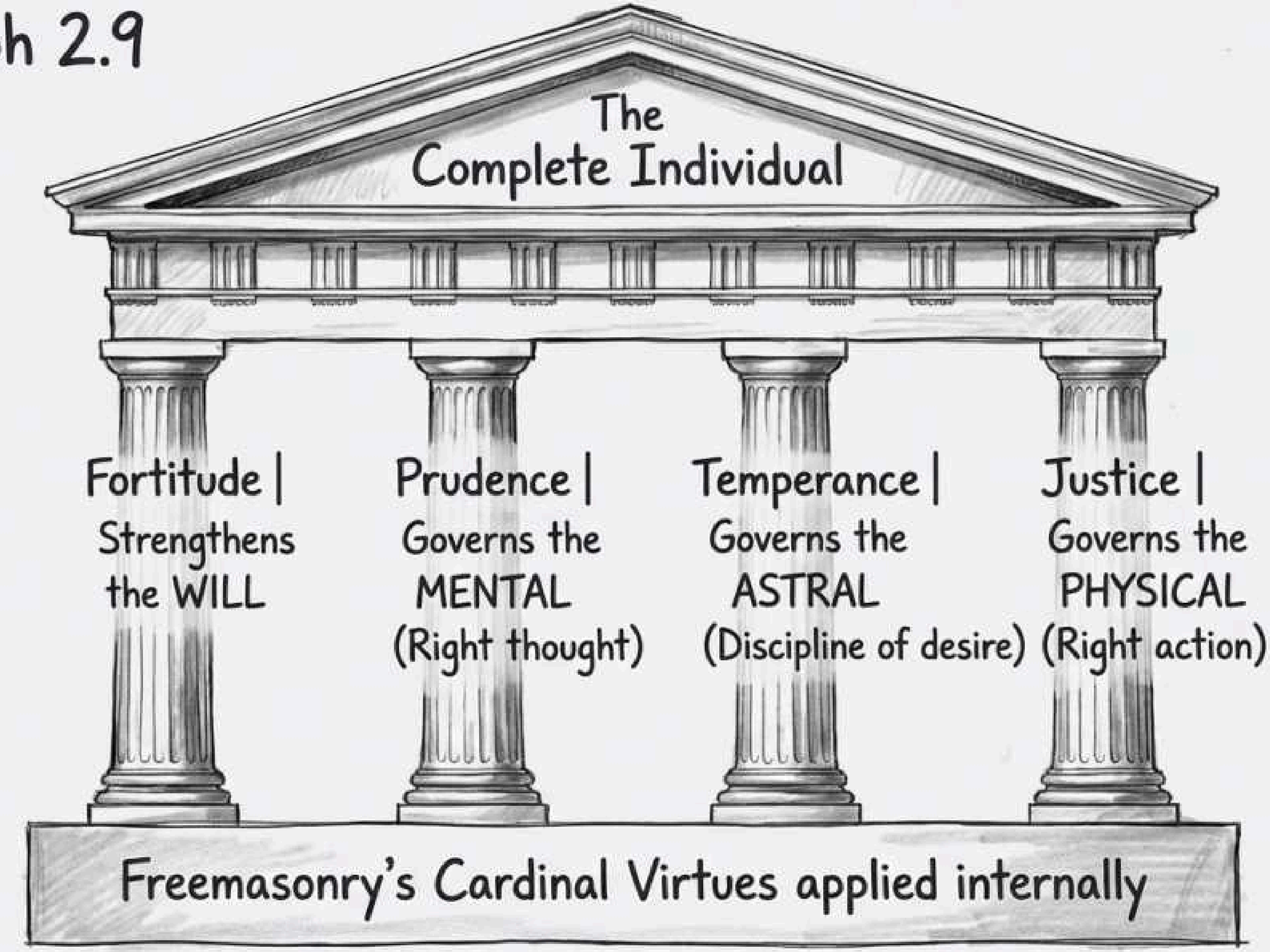


Material Body (5 Senses) - Form



Descent from Formless to Form

Paragraph 2.9



Paragraph 2.10



Step 1: WILL

Step 2: THOUGHT

Step 3: DESIRE

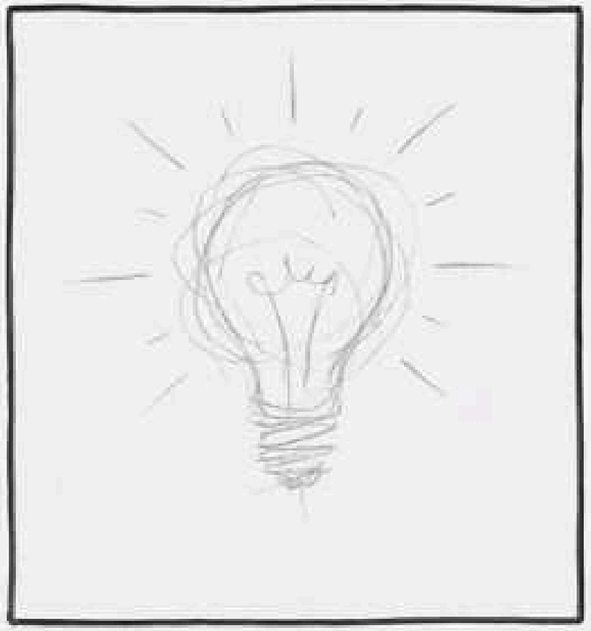
Step 4: ACTION

Step 5: EFFECT IN THE WORLD

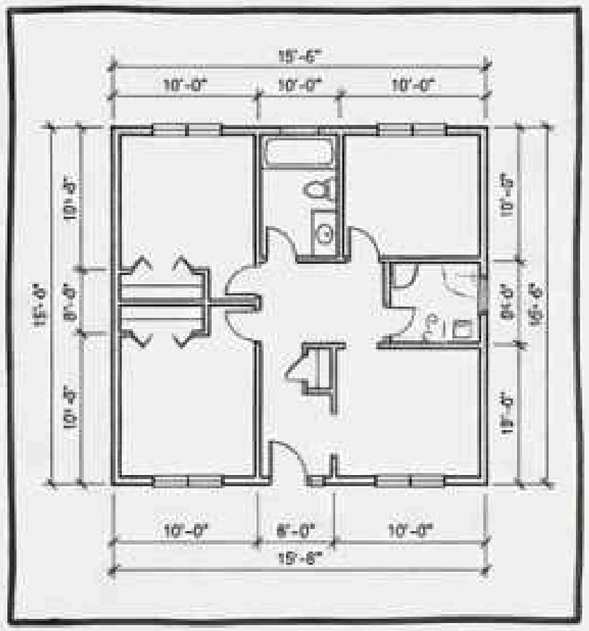
Genesis: Bring the invisible into form. / Faith without works is dead.

The real question is not whether you are creating, but whether you are conscious of what you create.

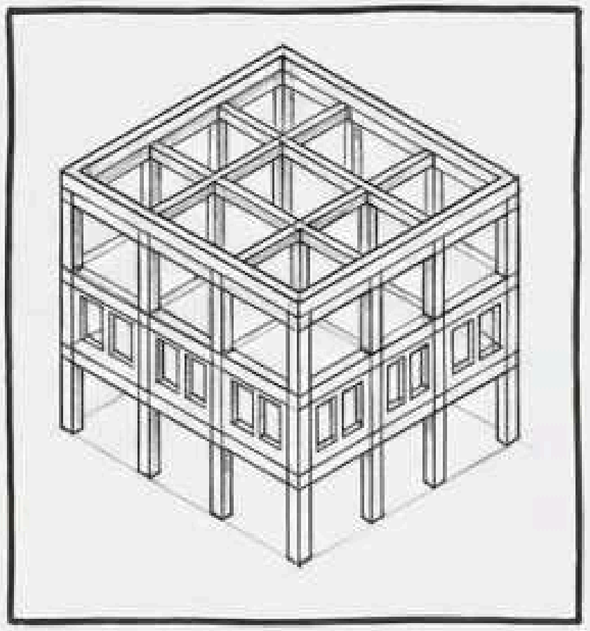
Paragraph 2.11



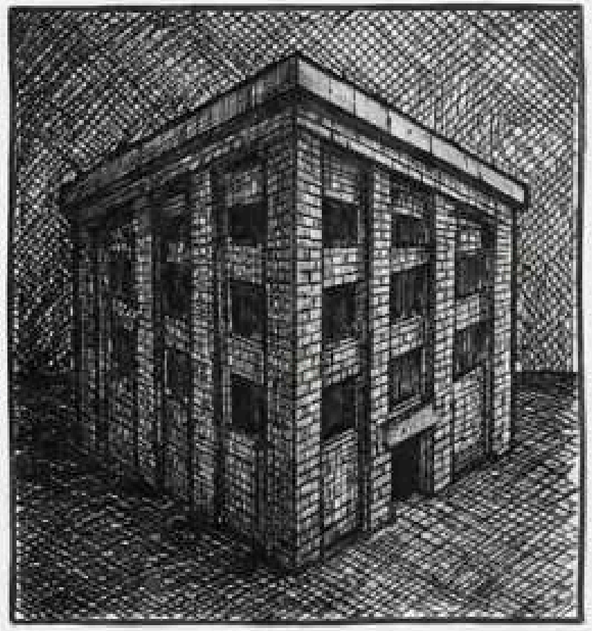
Emanation (Atziluth)
The will to build.



Creation (Briah)
The plan and design.

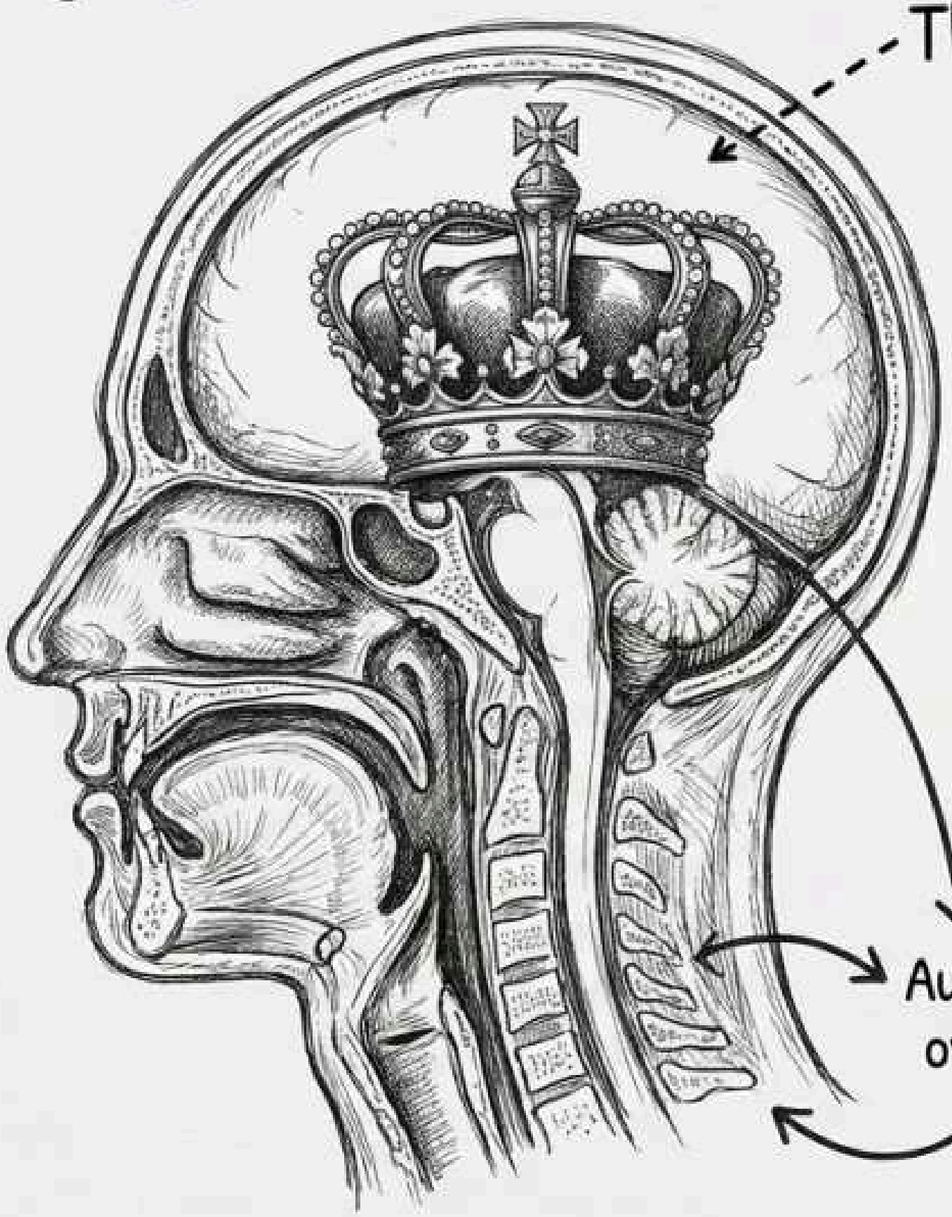


Formation (Yetzirah)
The idea imagined,
desired, felt.



Manifestation (Assiah)
The physical build.

Paragraph 2.12

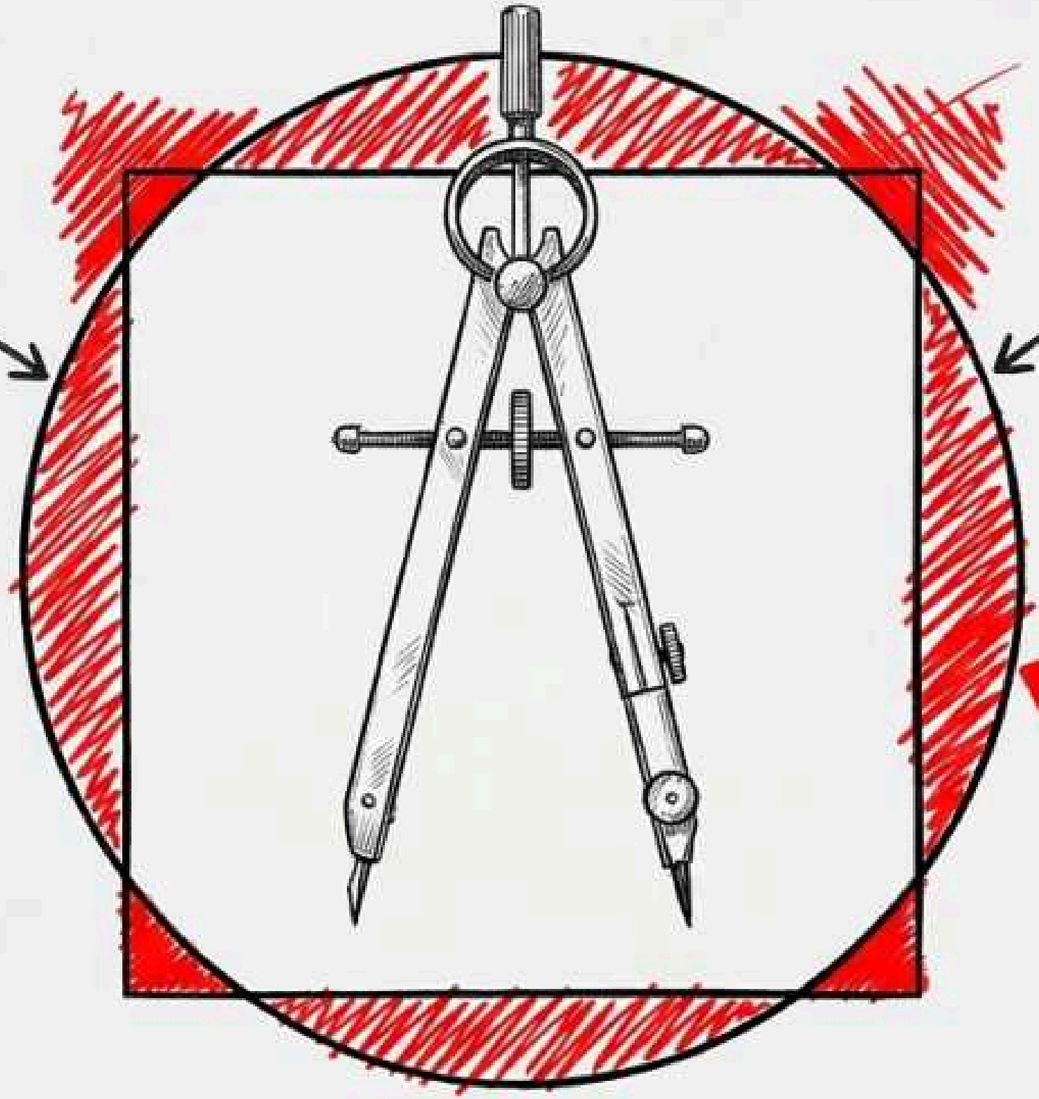


KING + DOME
(Authority) (The Head)
= KINGDOM

The Kingdom of God is a state of consciousness, not a geographic place.

"The spirit indeed is willing, but the flesh is weak" = The contest between higher will and bodily impulse.

Paragraph 2.13



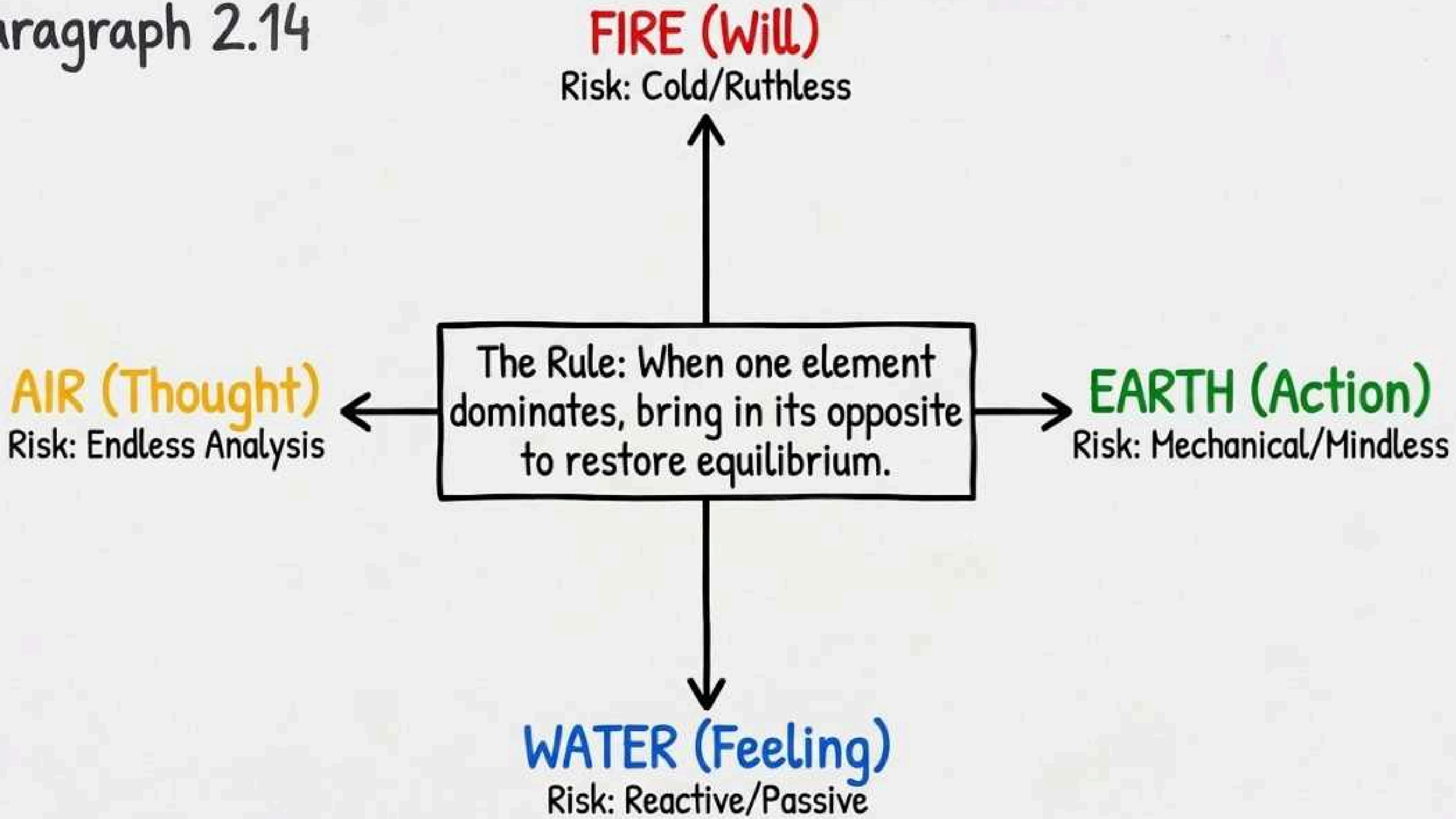
Pure Spirit

The fourfold lived reality (Will, Thought, Emotion, Action)

The Gap (The misalignment between what you know and how you live)

Definition: The Great Work = Bringing the square and circle into perfect correspondence.

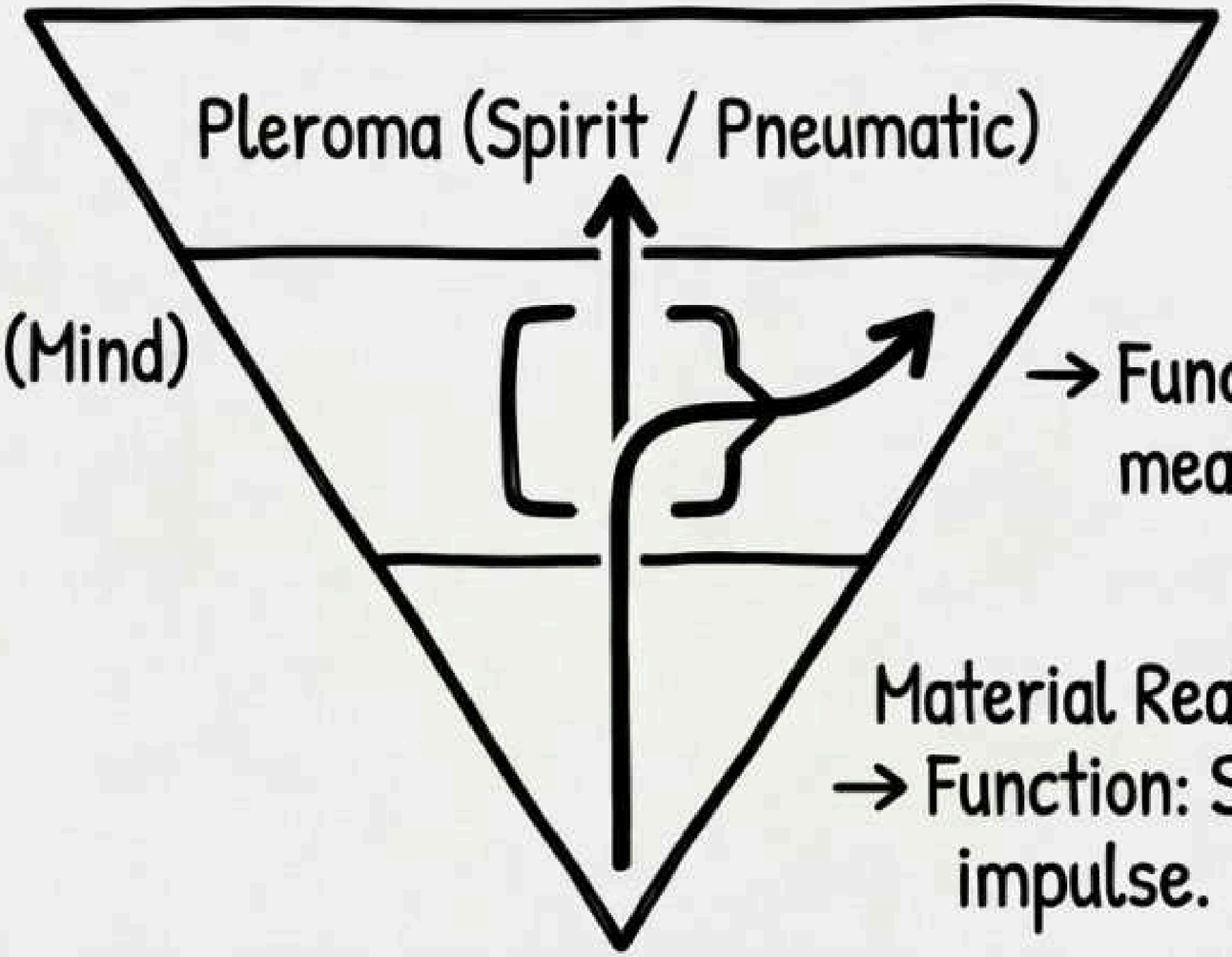
Paragraph 2.14



Paragraph 2.15

The Soul Mirror (Self-Diagnosis Inventory)	
Symptom (Imbalance)	**Prescription** (Opposing Force)
Anger demands an aggressive message. (Excess Water/Emotion)	Apply FIRE. Concentrate the will on a chosen response. Feel it, don't obey it.
Paralyzed by fear of public speaking.	Apply Action. Speak anyway.
Months of endless research for a business. (Excess Air)	Apply EARTH. Take one concrete physical act.
Company stuck in old, mechanical routines. (Excess Earth)	Apply AIR. Ask new questions.

Paragraph 2.16



Gnostic Maxim (Nag Hammadi): "The body does not sin apart from the soul." (The impulse is neutral until the psyche directs it).

Paragraph 2.17

The Integration Matrix		
Ancient Origins	The Book's Esoteric Map	Modern Parallels (CBT)
Empedocles (4 Elements), Medical Humors, Ezekiel's Creatures / Christian Evangelists.	Will, Thought, Feeling, Action. (Not their literal historical meaning, but a distinct psychological interpretation).	Identifying and separating what you think, feel, intend, and do.

Practical Value: High. The habit of constantly asking "Which faculty is in charge right now?" mirrors core cognitive behavioral therapy (CBT) techniques, regardless of the historical accuracy of the symbols.