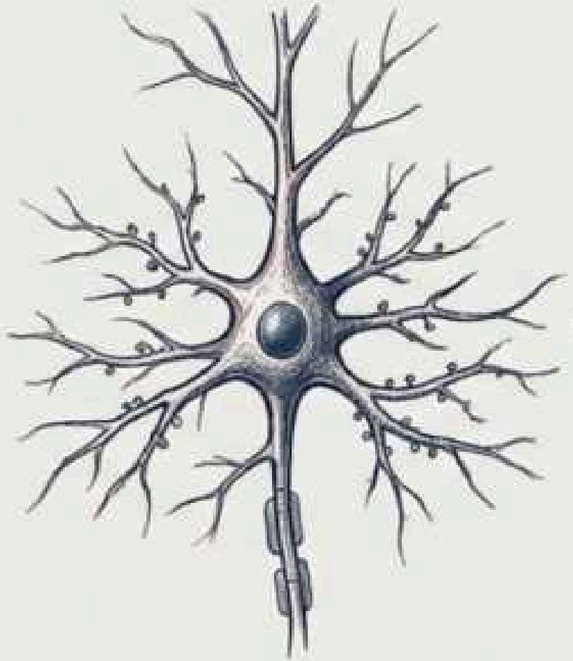
0.1

Defining Psychology

Scientific study







Single cells

Mind & behaviour

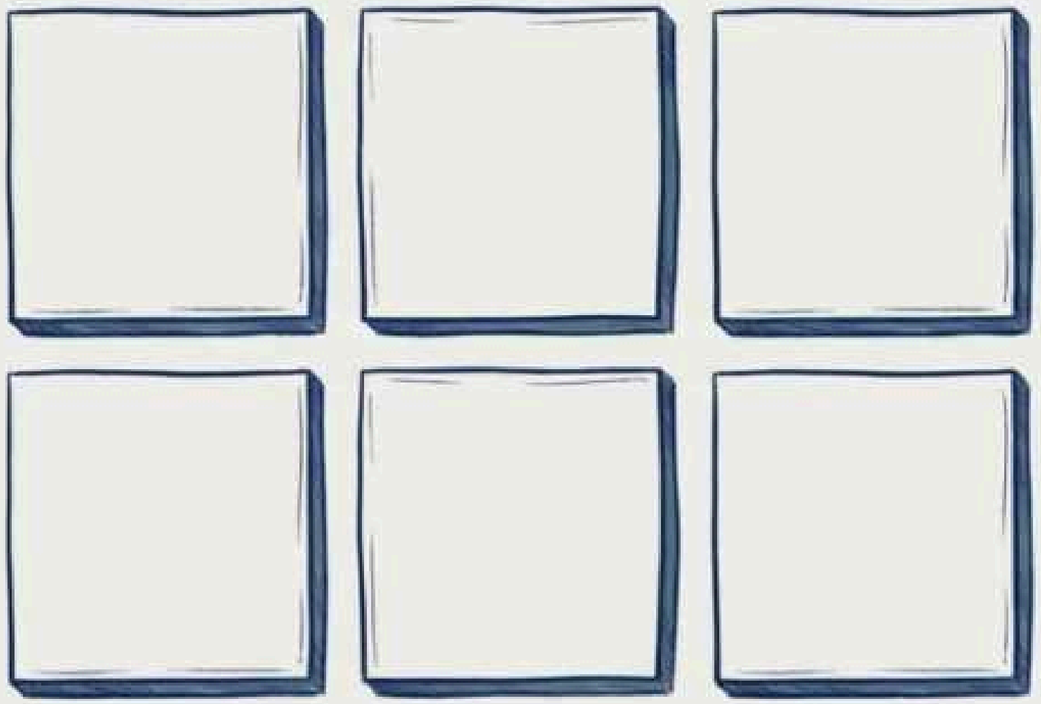
Societies

Gemini Notebook

0.2

Course Format

6 Lectures



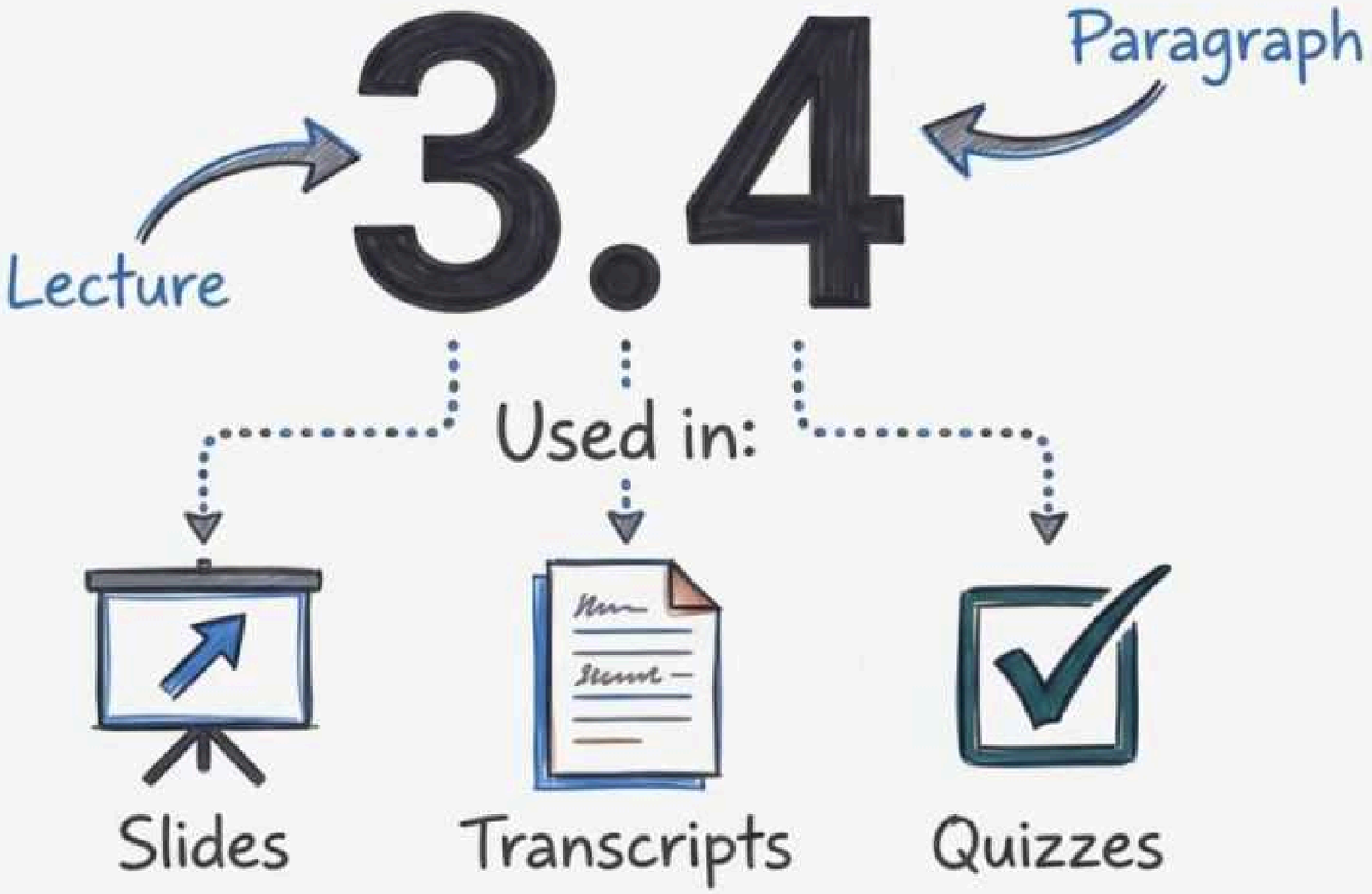


~10 minutes each



0.3

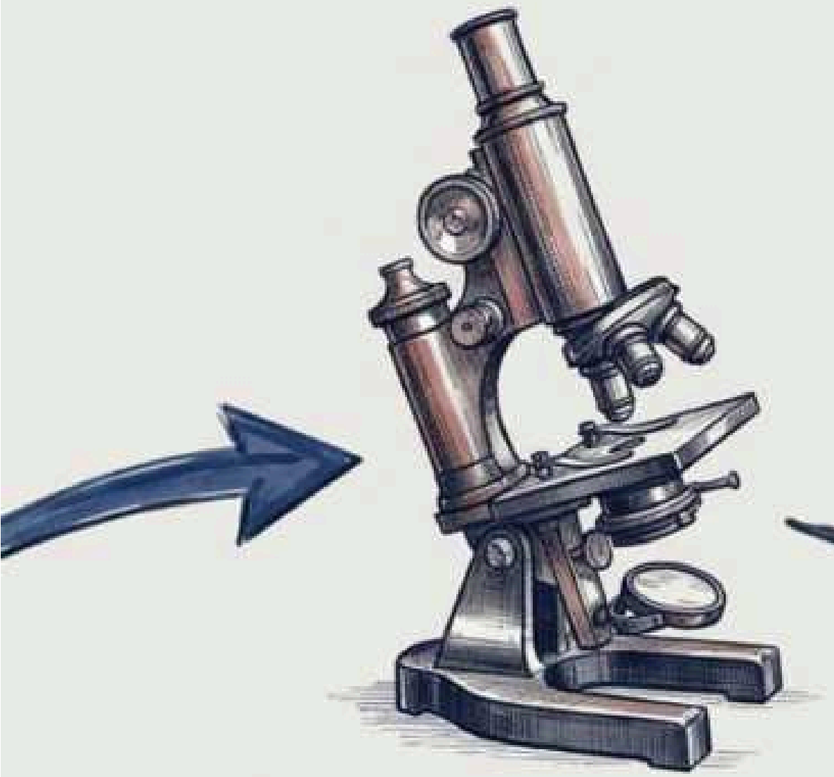
The Numbering System



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0.4

Lecture 1: Science



1879: First laboratory
Origins of psychology

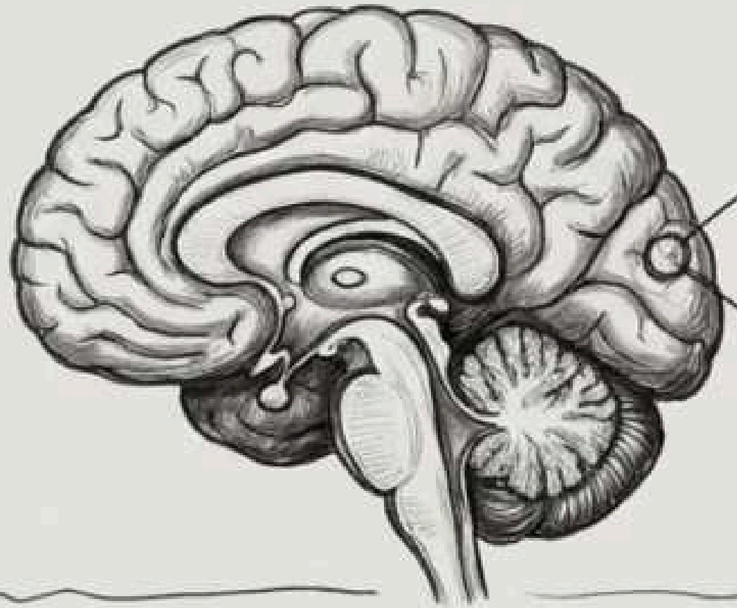


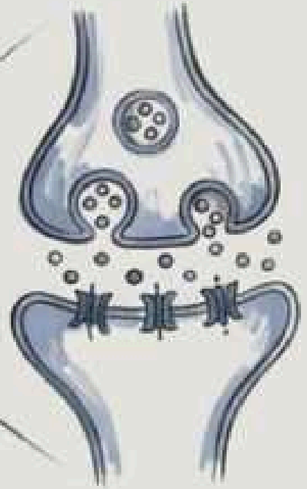
Modern controlled
experiments

Gemini Notebook

0.5

Lecture 2: Brain & Consciousness





Neurons & hormones



Daily rhythms & sleep

Altered states (drugs, hypnosis, meditation)

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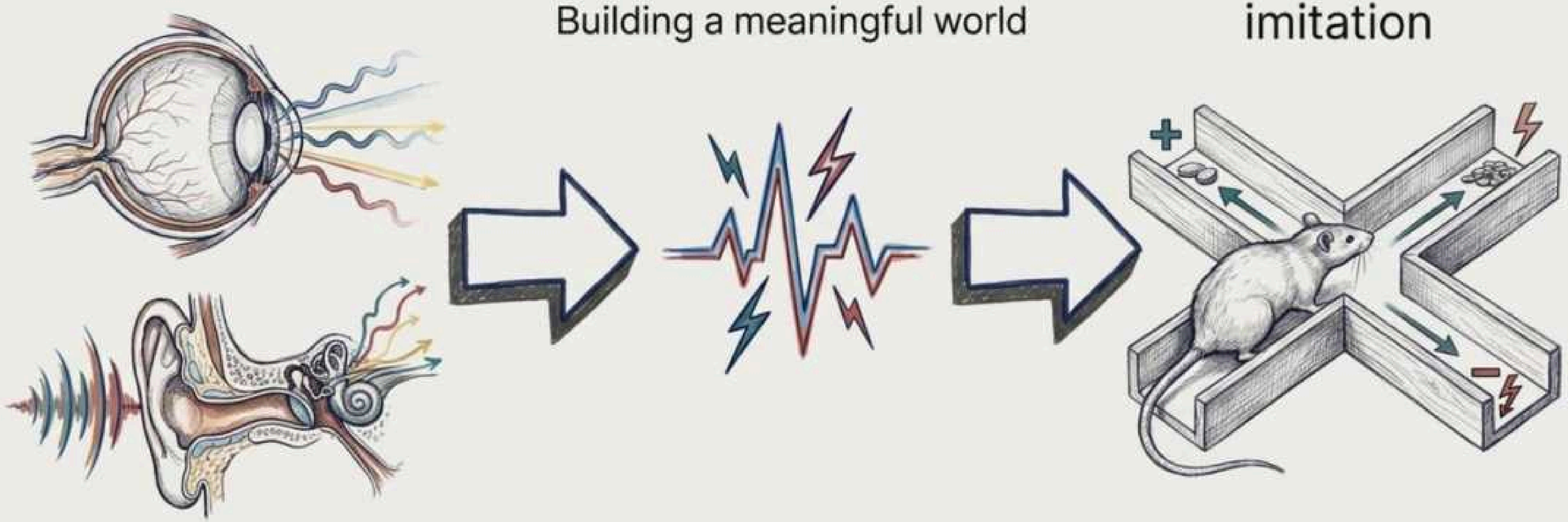
Lecture 3: Sensation & Learning

Light & sound

Nerve signals

Building a meaningful world

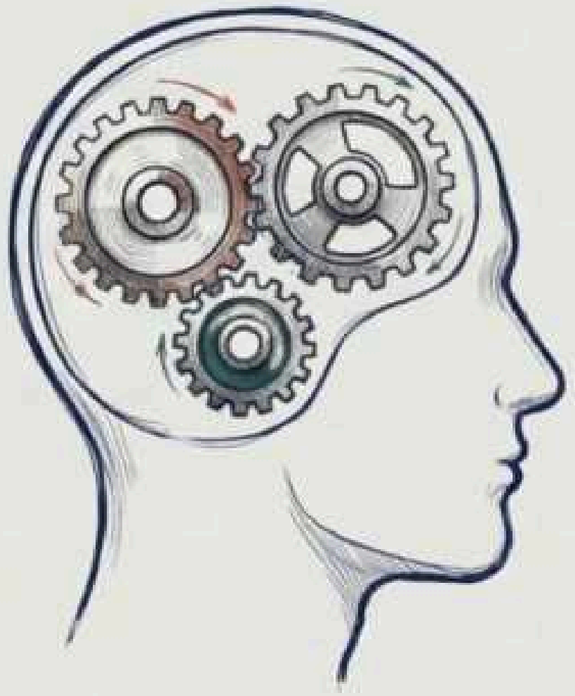
Conditioning & imitation



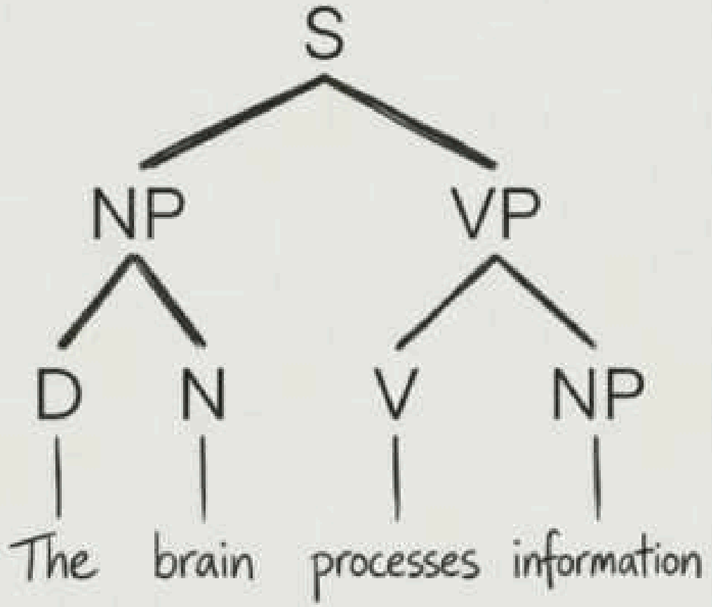
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0.7

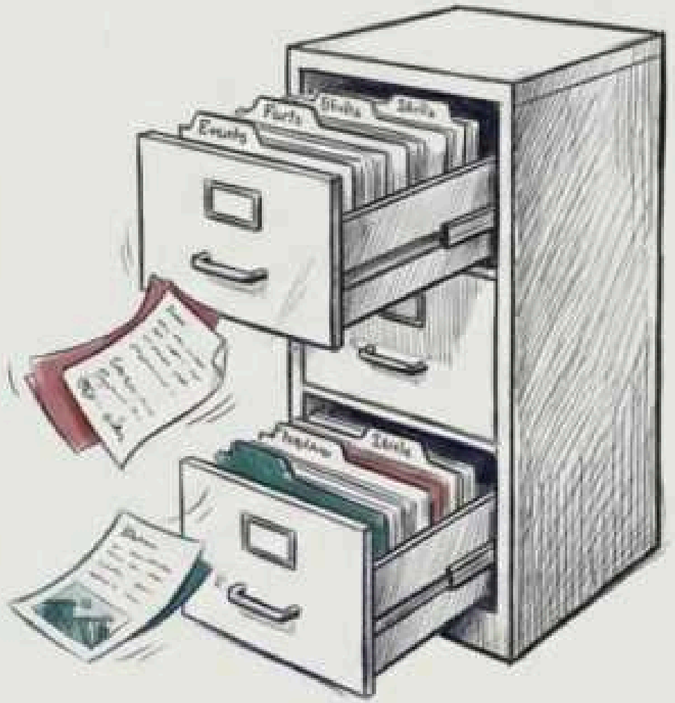
Lecture 4: Thinking & Memory



Problem solving & intelligence



Language mechanics



Memory storage & forgetting

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0.8

Lecture 5: Development & Personality

Infancy to old age

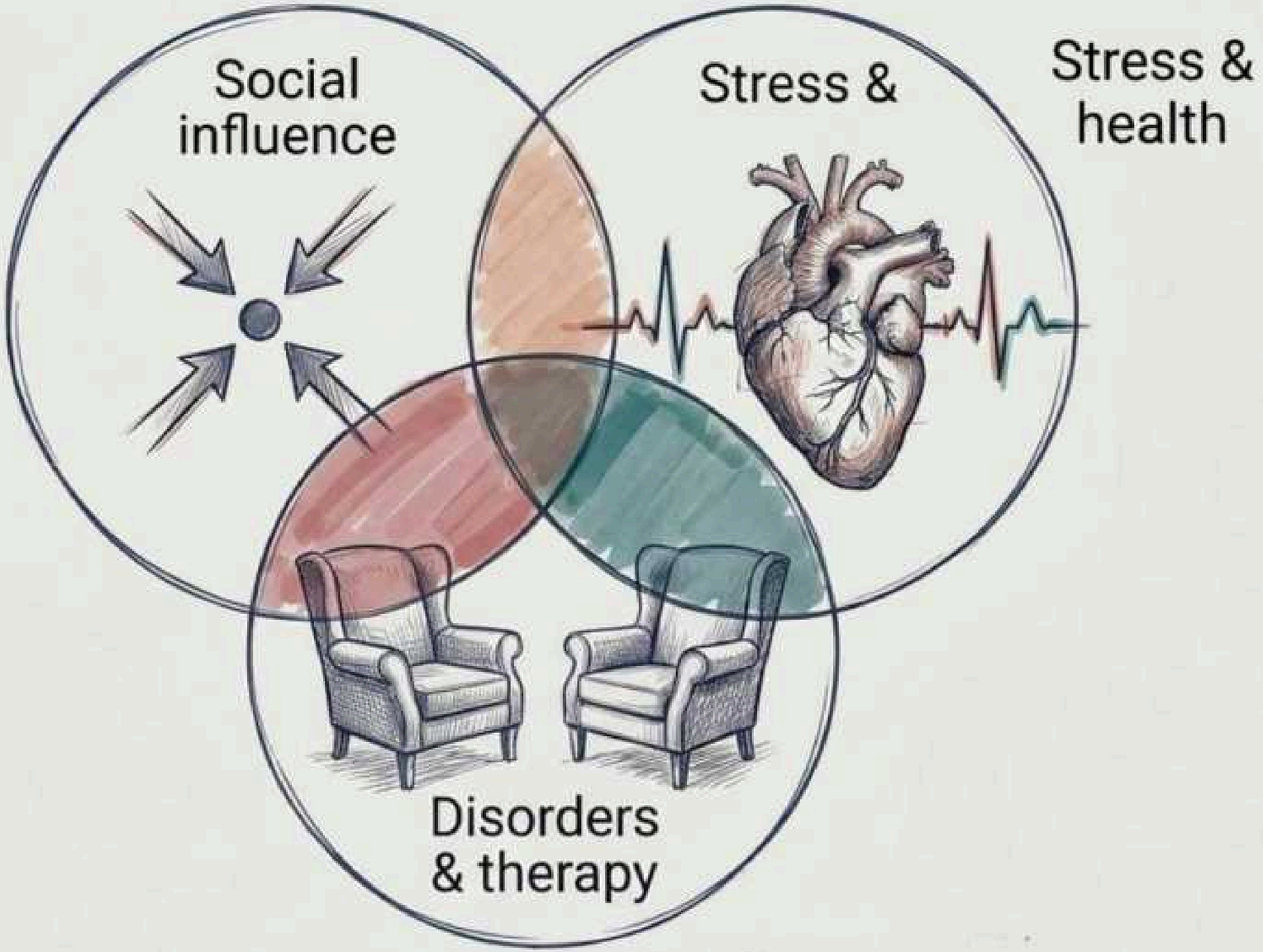


Drives & emotions

Distinctive traits

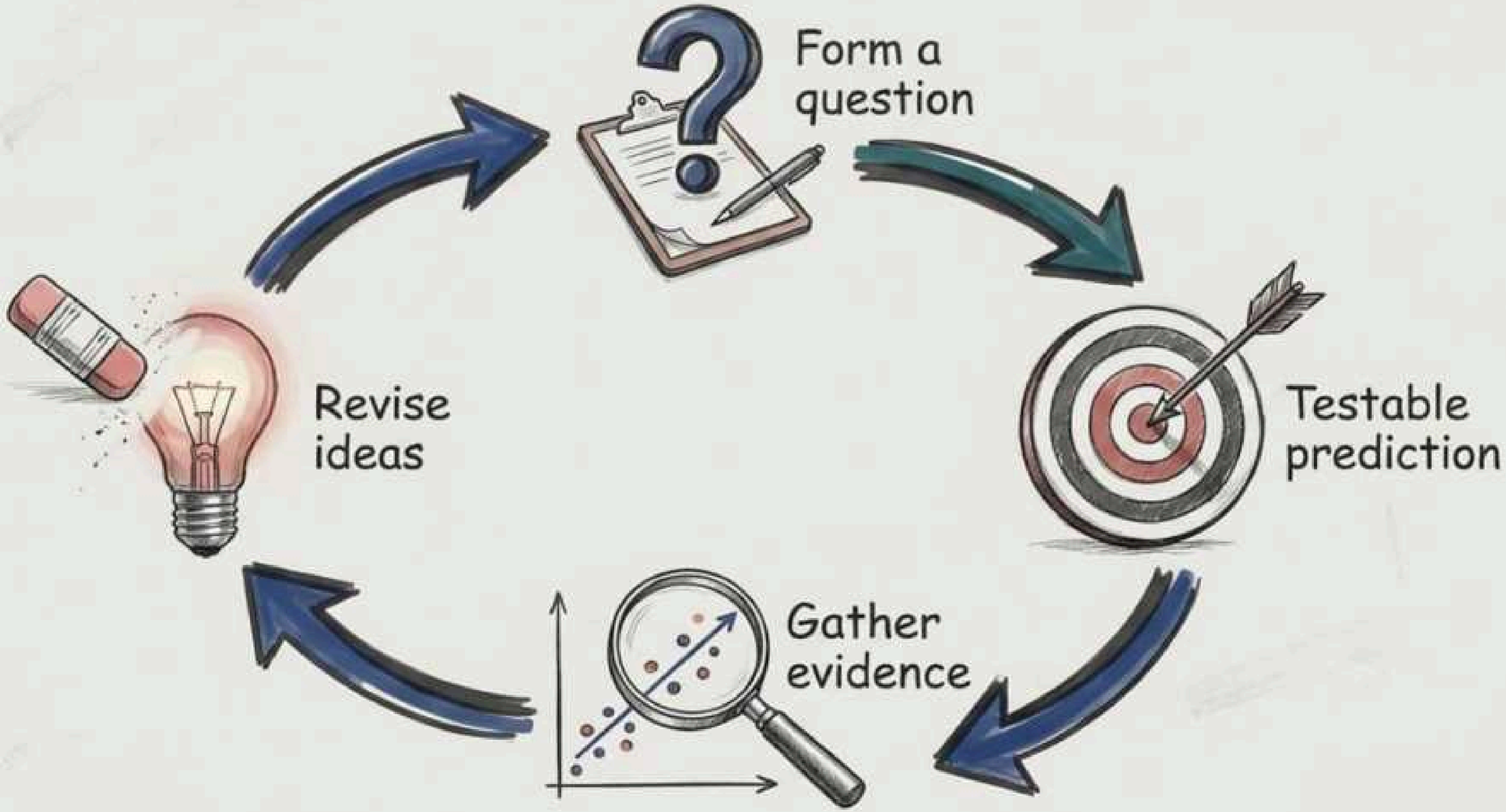
0.9

Lecture 6: Social Mind & Health



0.10

The Scientific Core

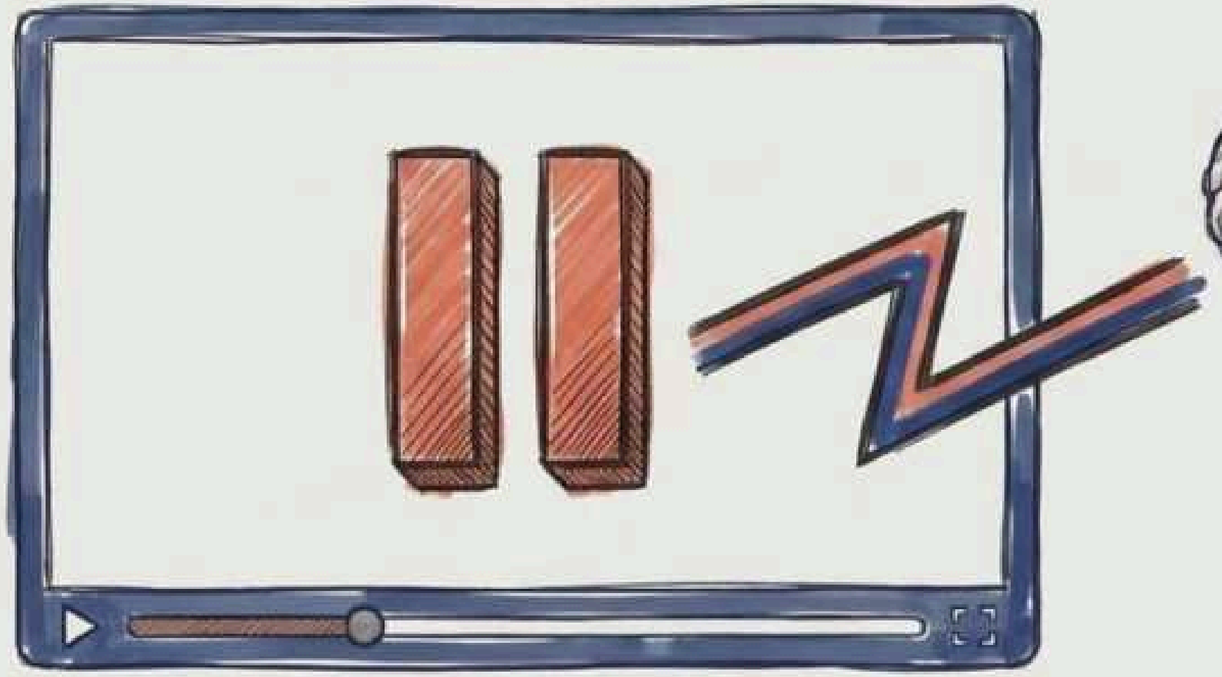


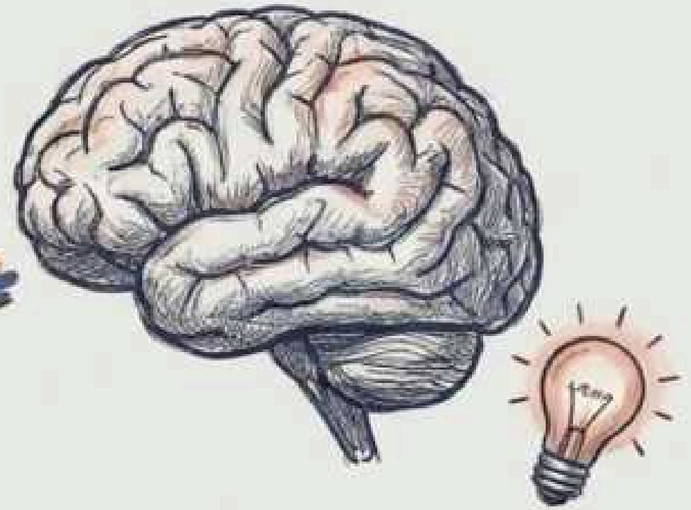
Gemini Notebook

0.11

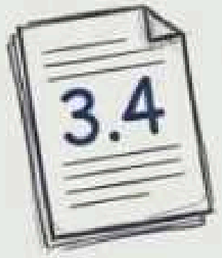
Active Learning

Pause & question





Connect to experience

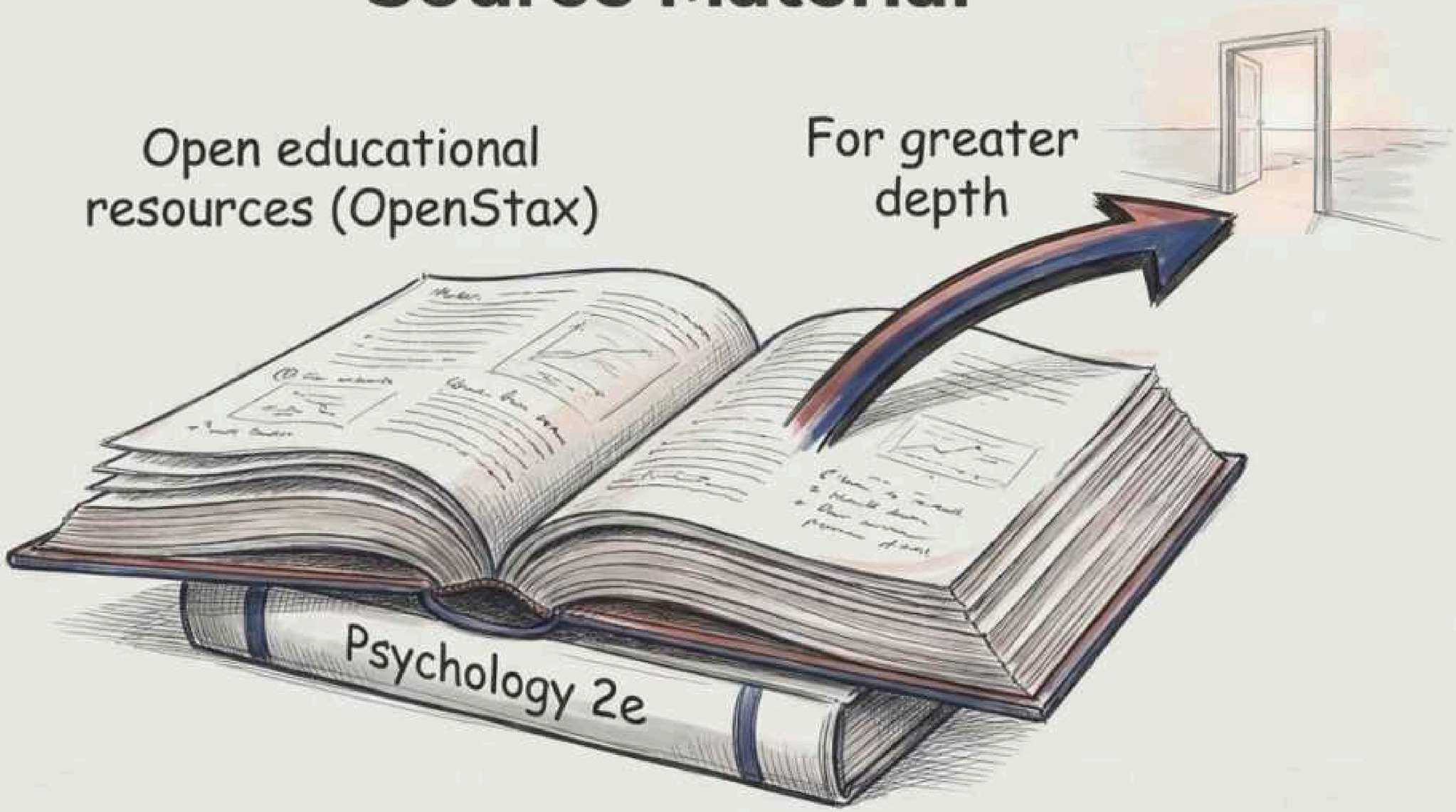


Review numbered transcripts

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0.12

Source Material



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