6.1

Fundamental Attribution Error

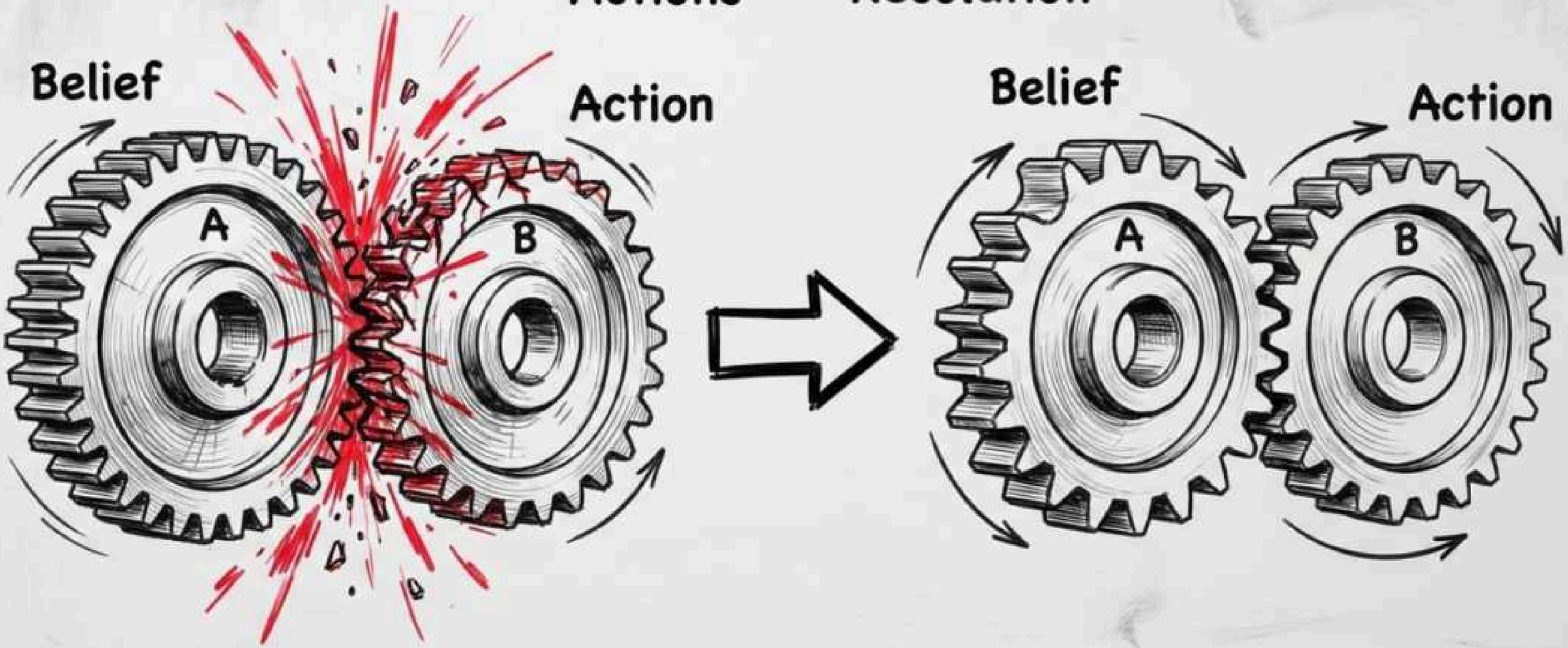
- Character vs. Situation
- Explaining Behaviour



Cognitive Dissonance

6.2

- Beliefs
- Actions
- Discomfort
- Resolution



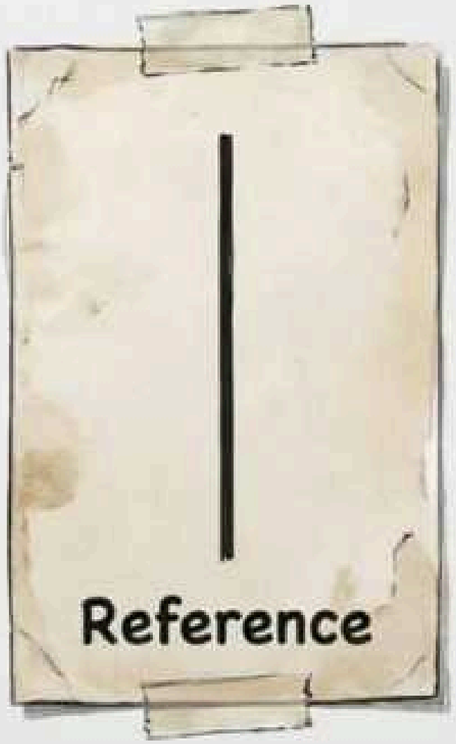
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Conformity Pressure

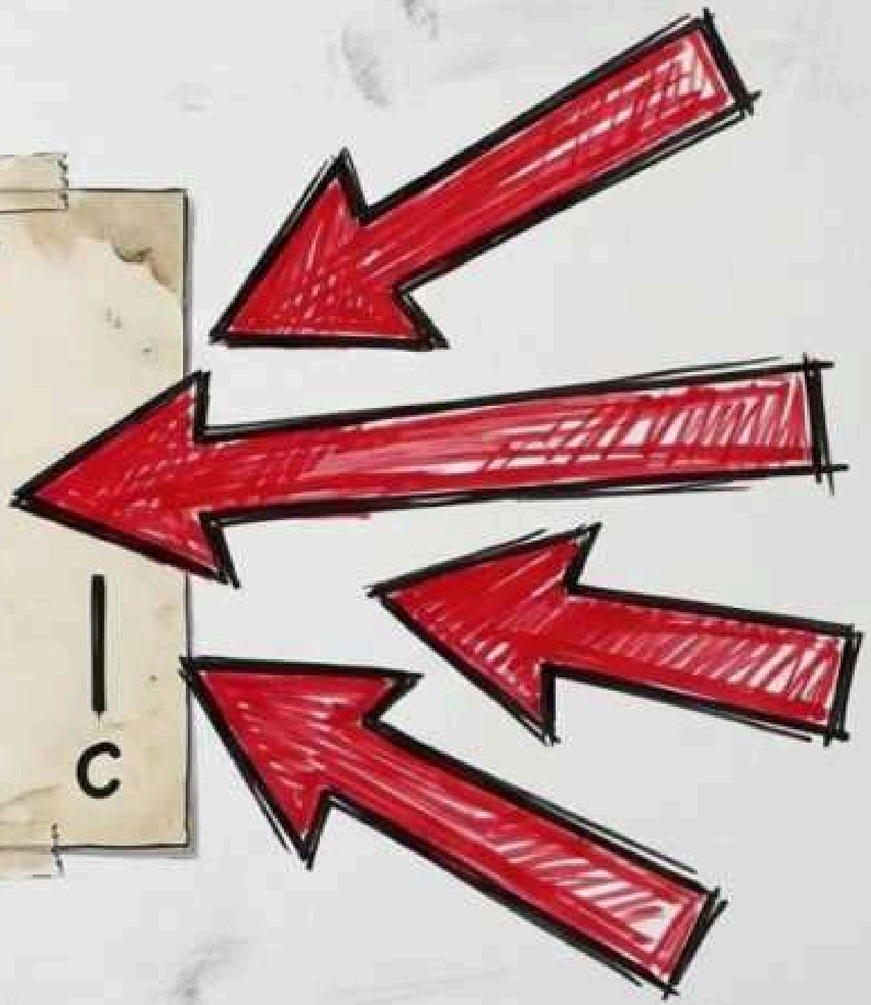
6.3

- Asch Experiments
- Group Influence







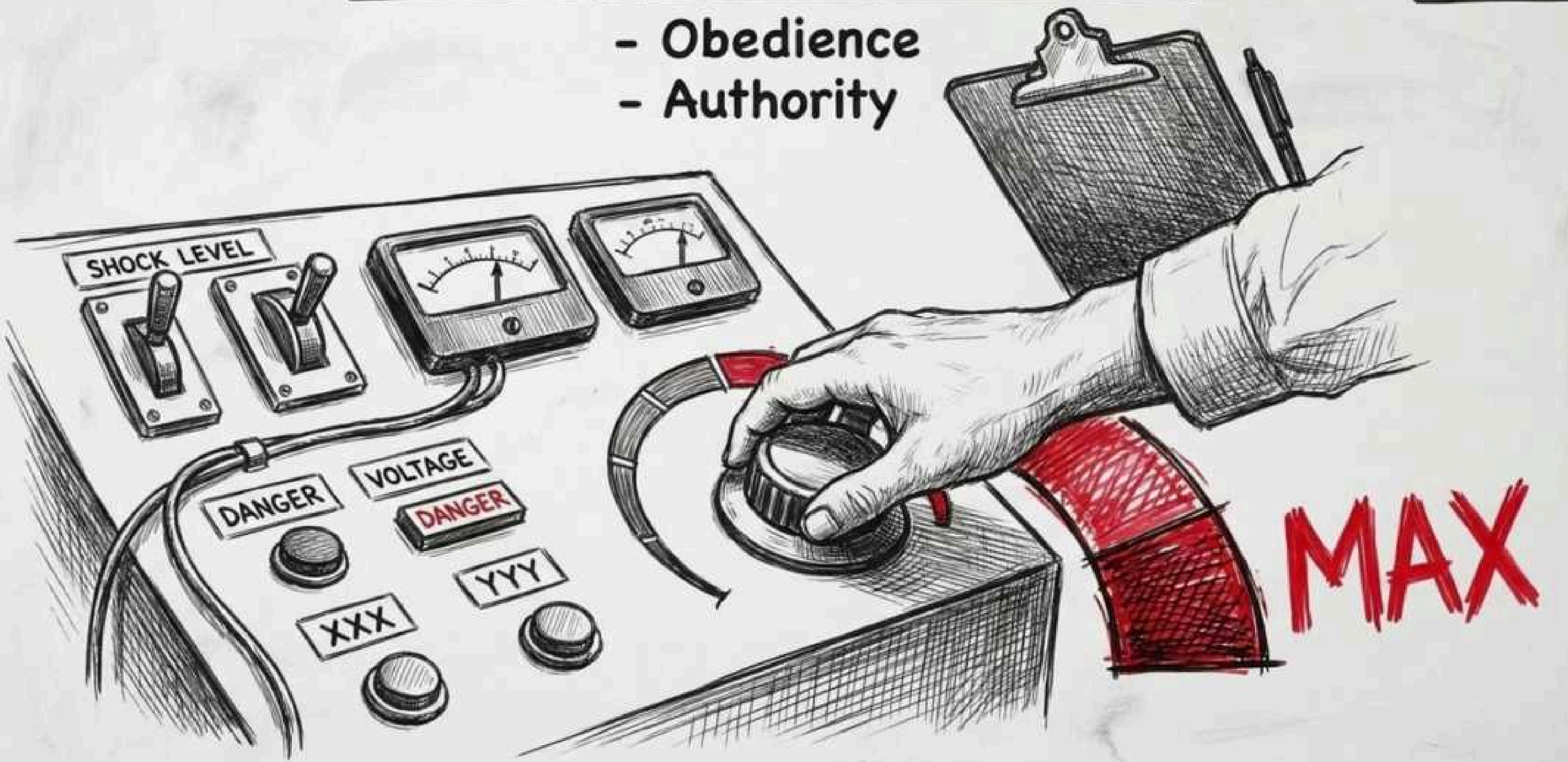


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The Milgram Experiments

6.4

- Obedience
- Authority

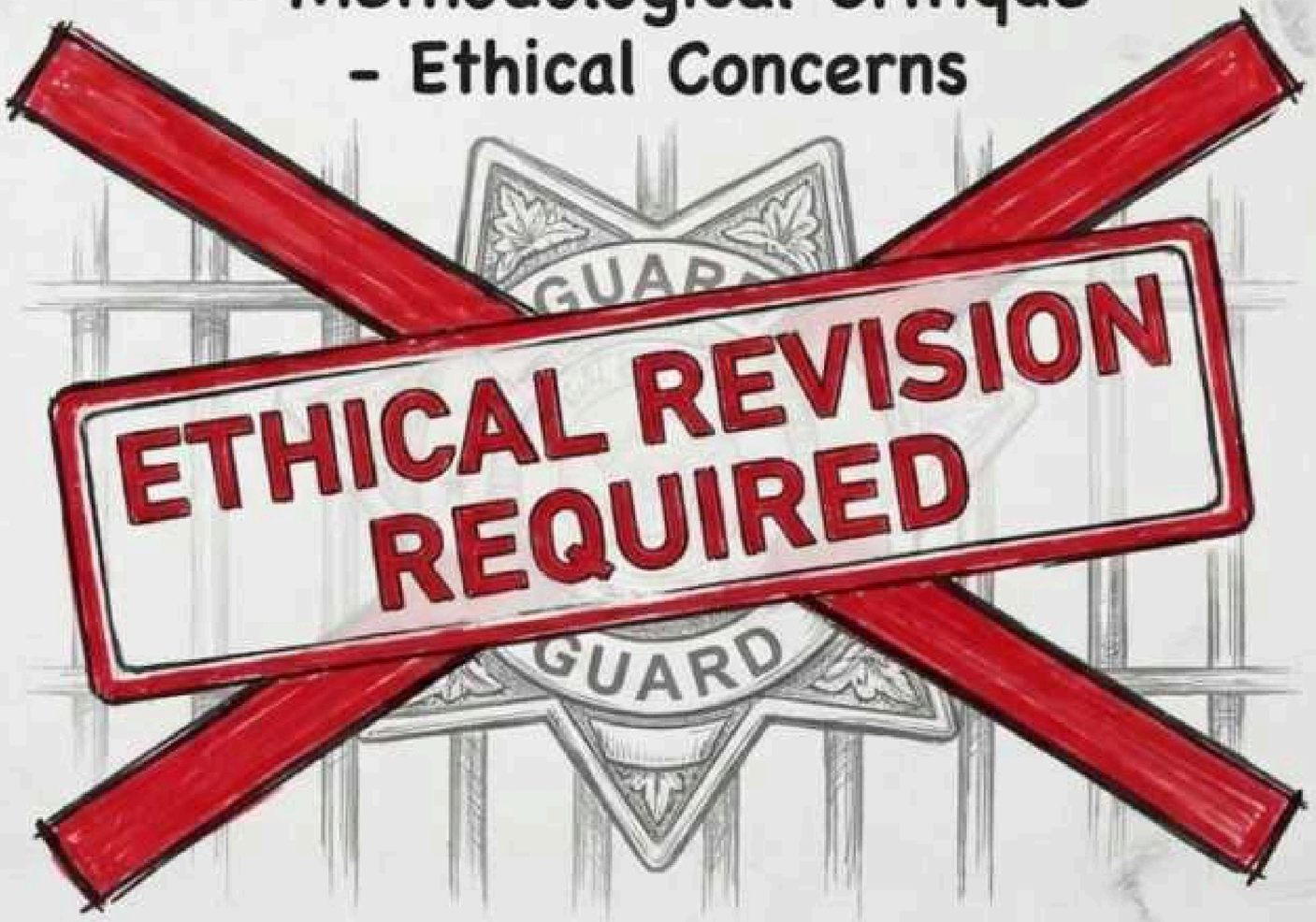


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Social Roles & Ethics

6.5

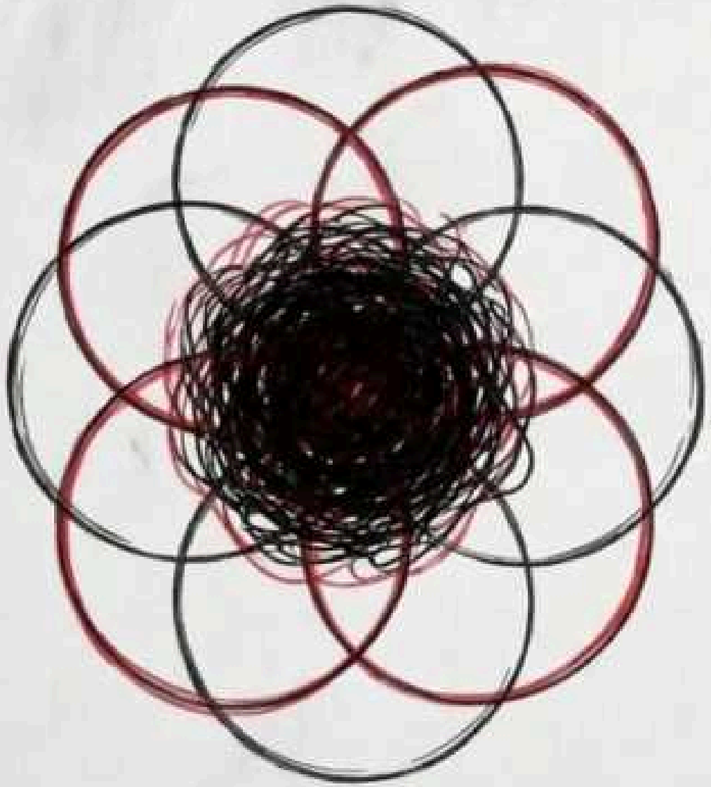
- Stanford Prison
- Methodological Critique
- Ethical Concerns



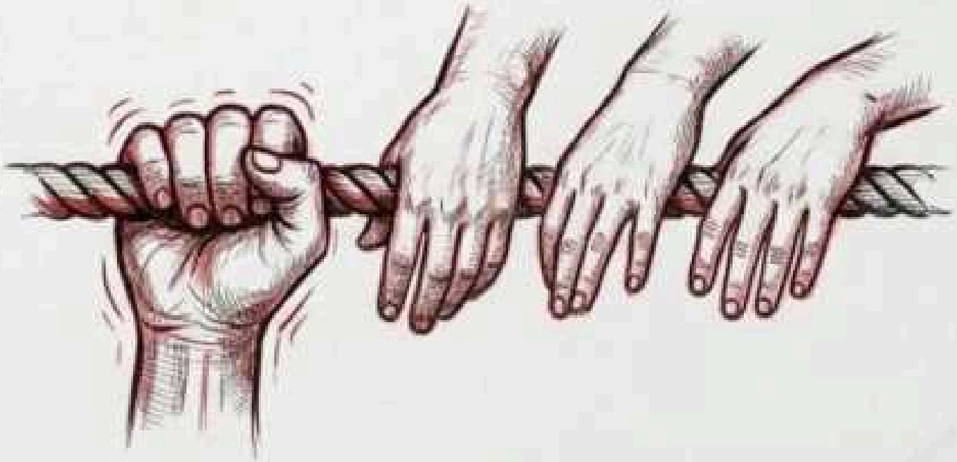
Group Dynamics

6.6

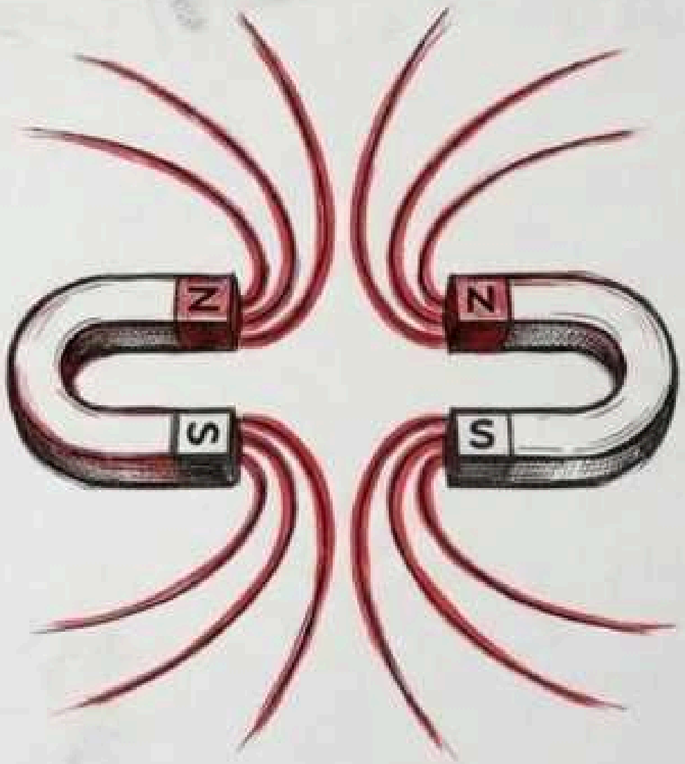
- Groupthink
- Social Loafing
- Polarisation



Groupthink



Social Loafing



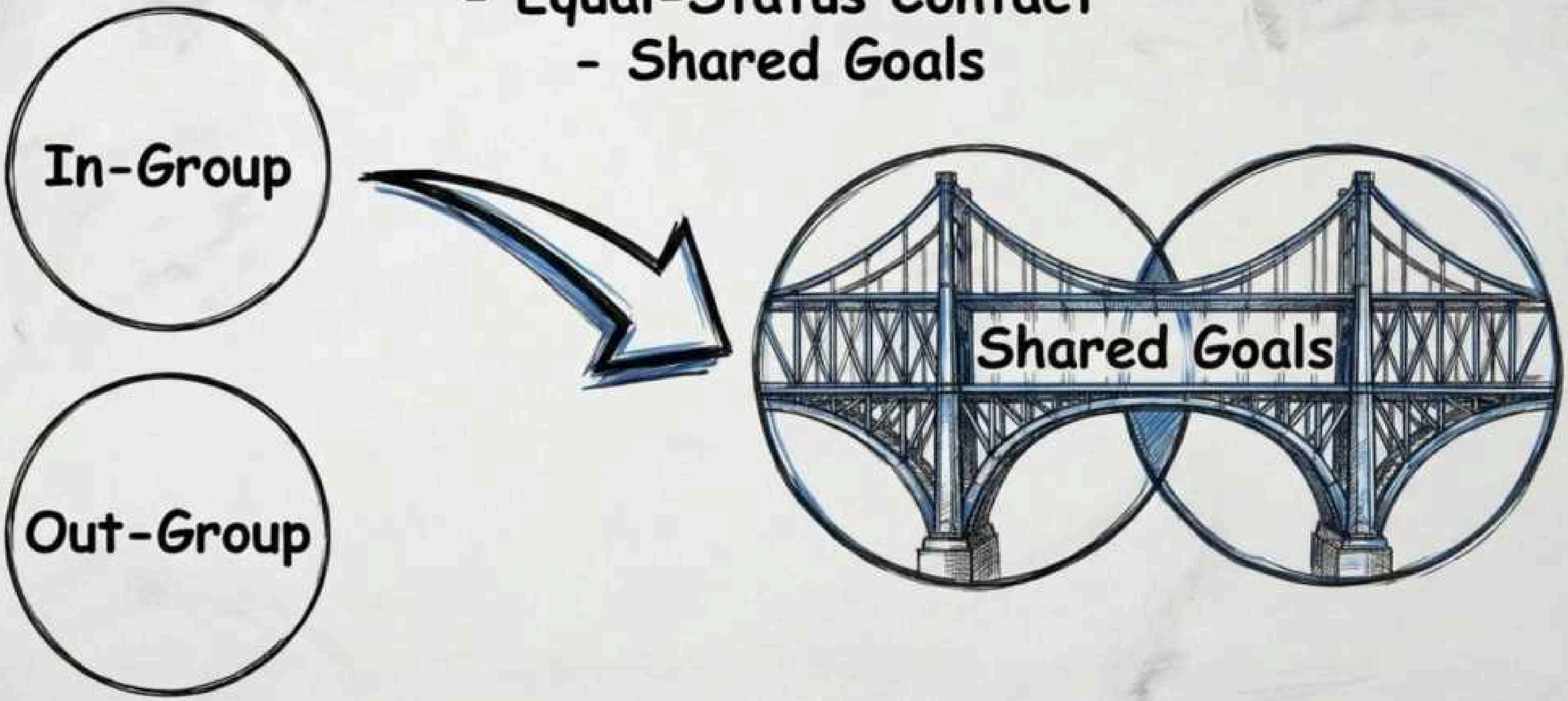
Polarisation

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Prejudice & Discrimination

6.7

- In-Group Favouritism
- Equal-Status Contact
- Shared Goals

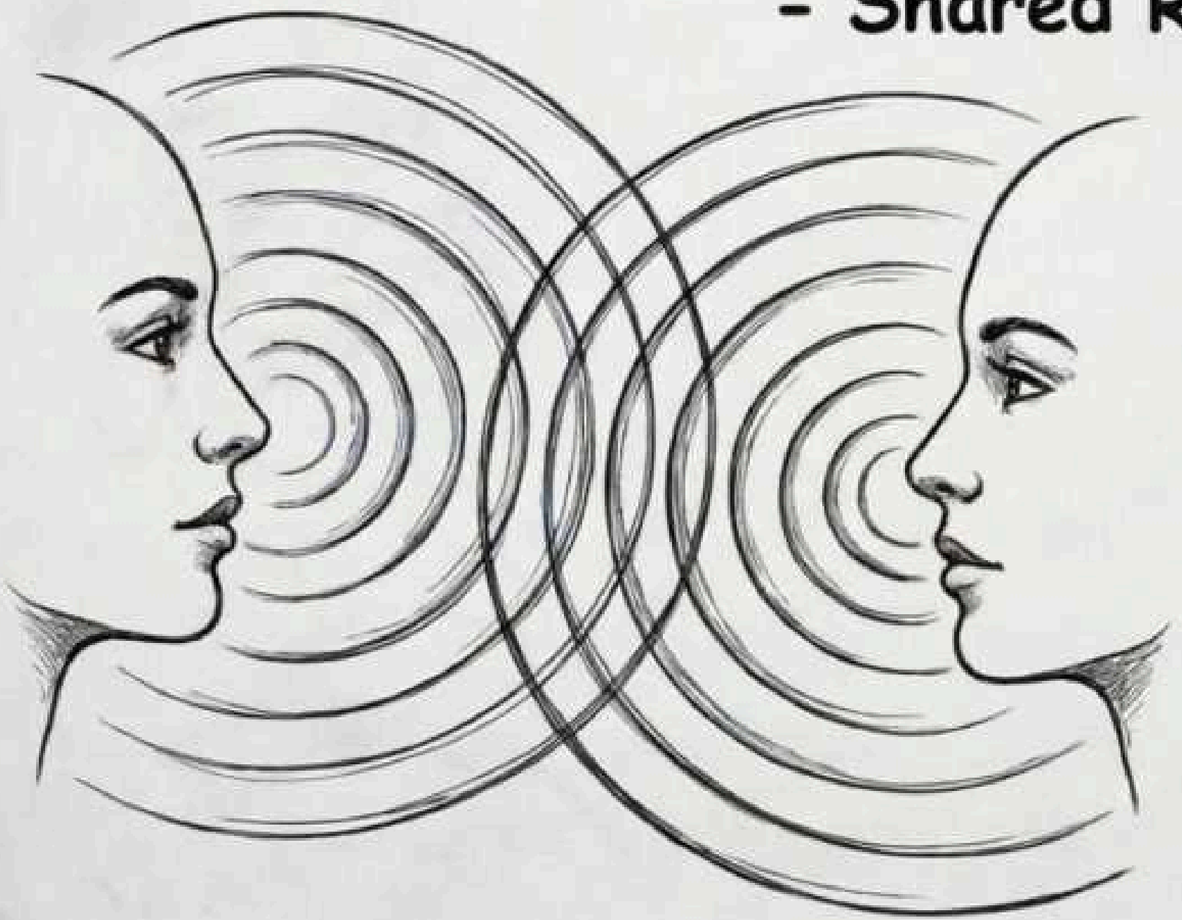


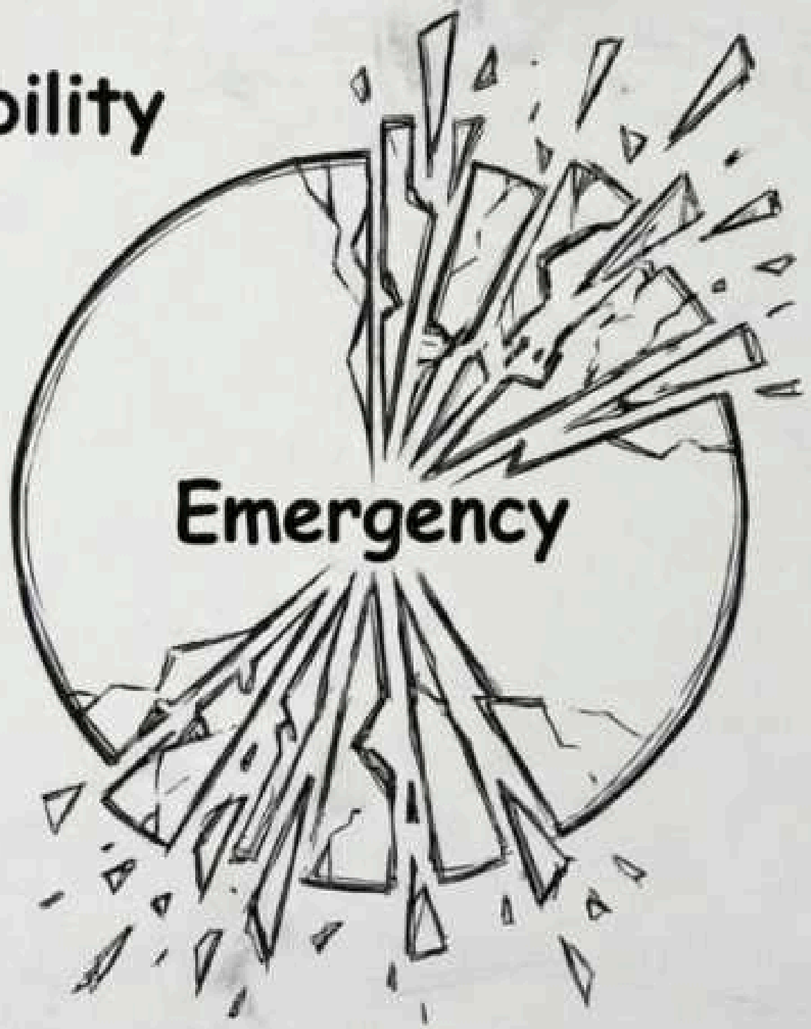
Gemini Notebook

Attraction & Bystander Effect

6.8

- Proximity
- Similarity
- Shared Responsibility



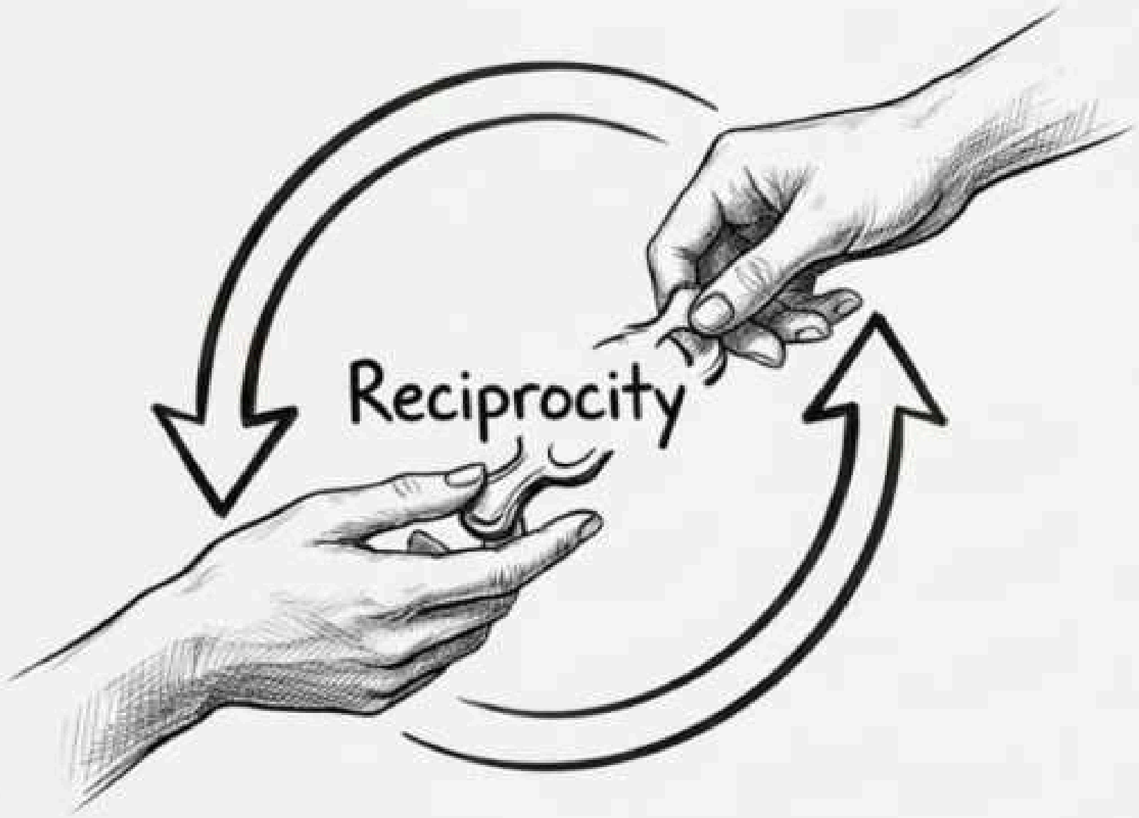


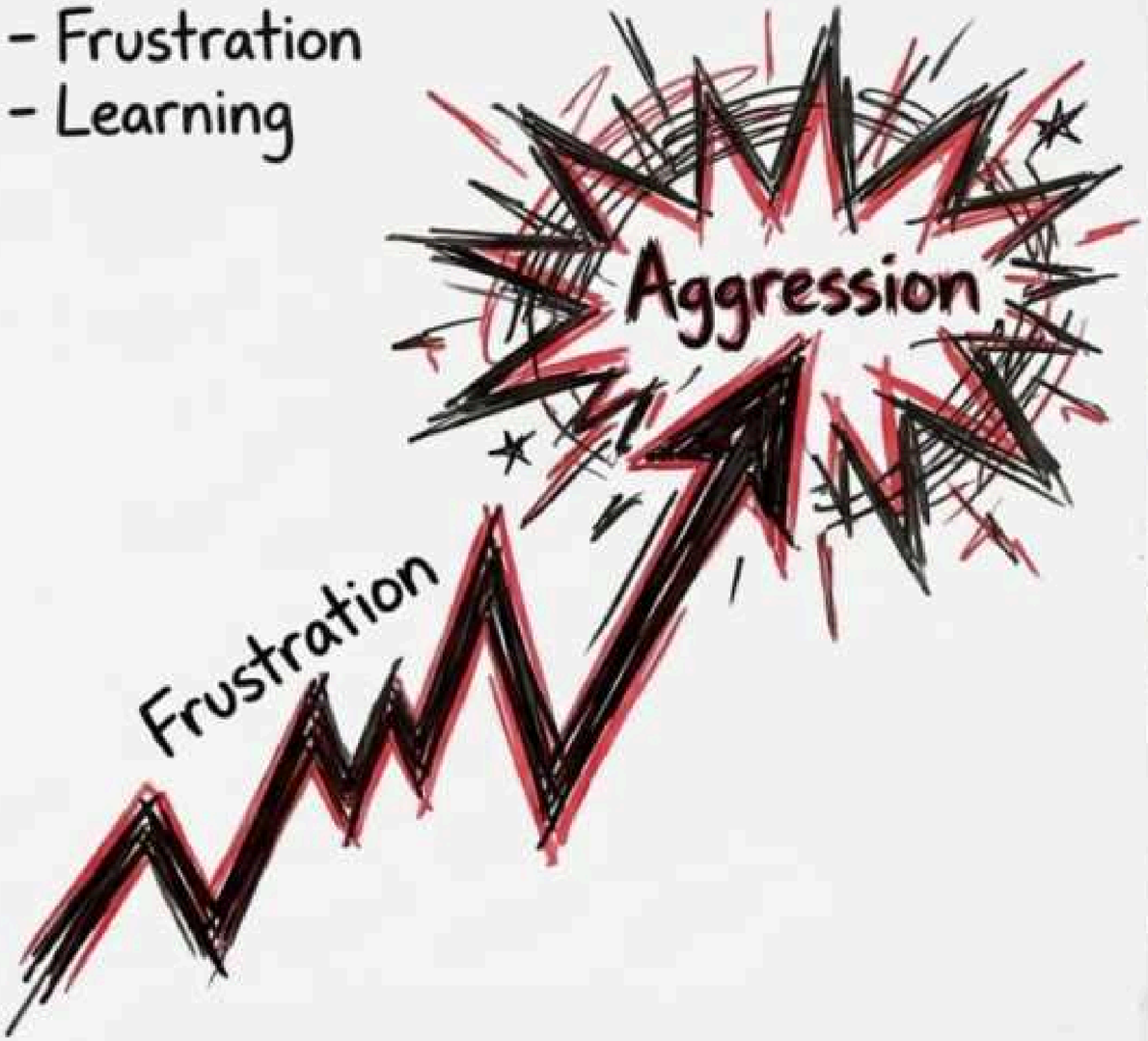
Helping vs. Aggression

6.9

- Reciprocity
- Empathy

- Frustration
- Learning





Applied Psychology at Work

6.10

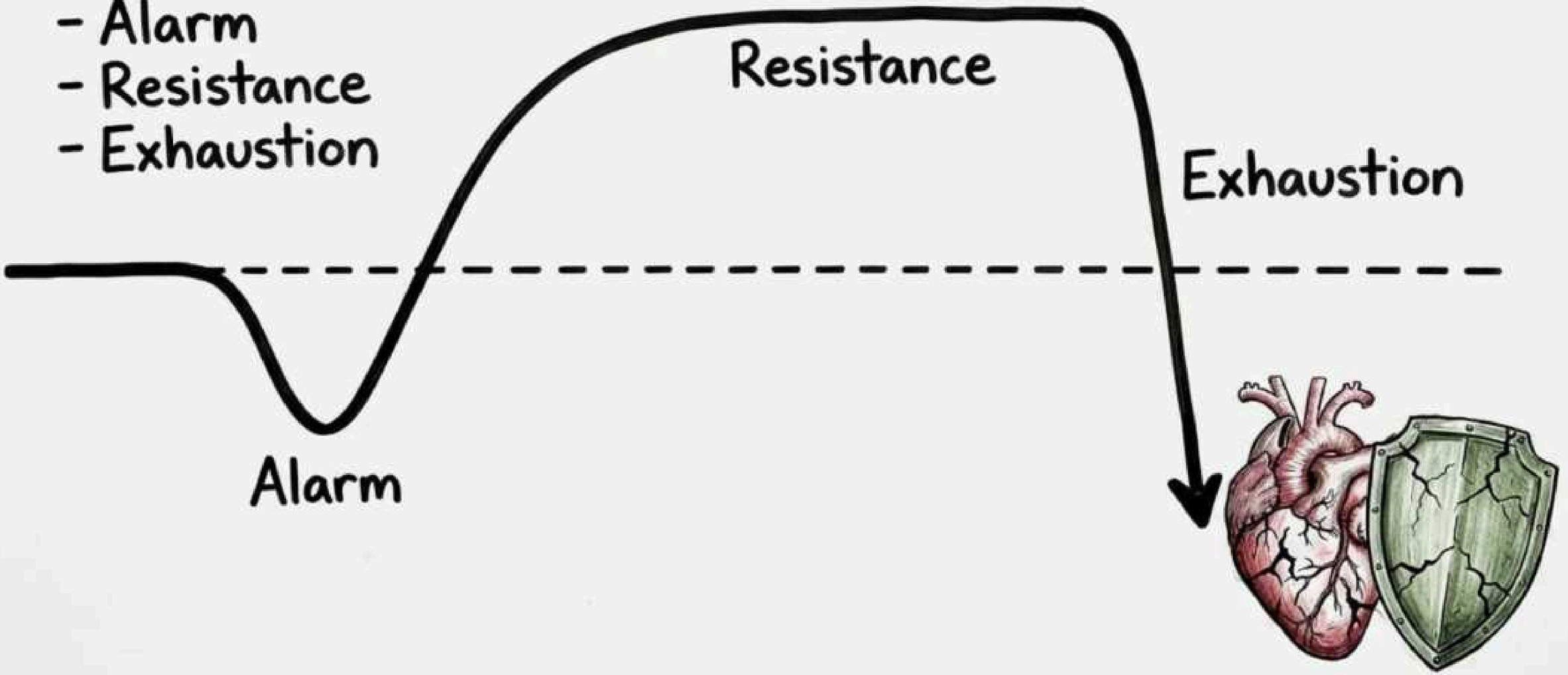
- Selection
- Training
- Job Satisfaction
- Leadership



General Adaptation Syndrome

6.11

- Hans Selye
- Alarm
- Resistance
- Exhaustion



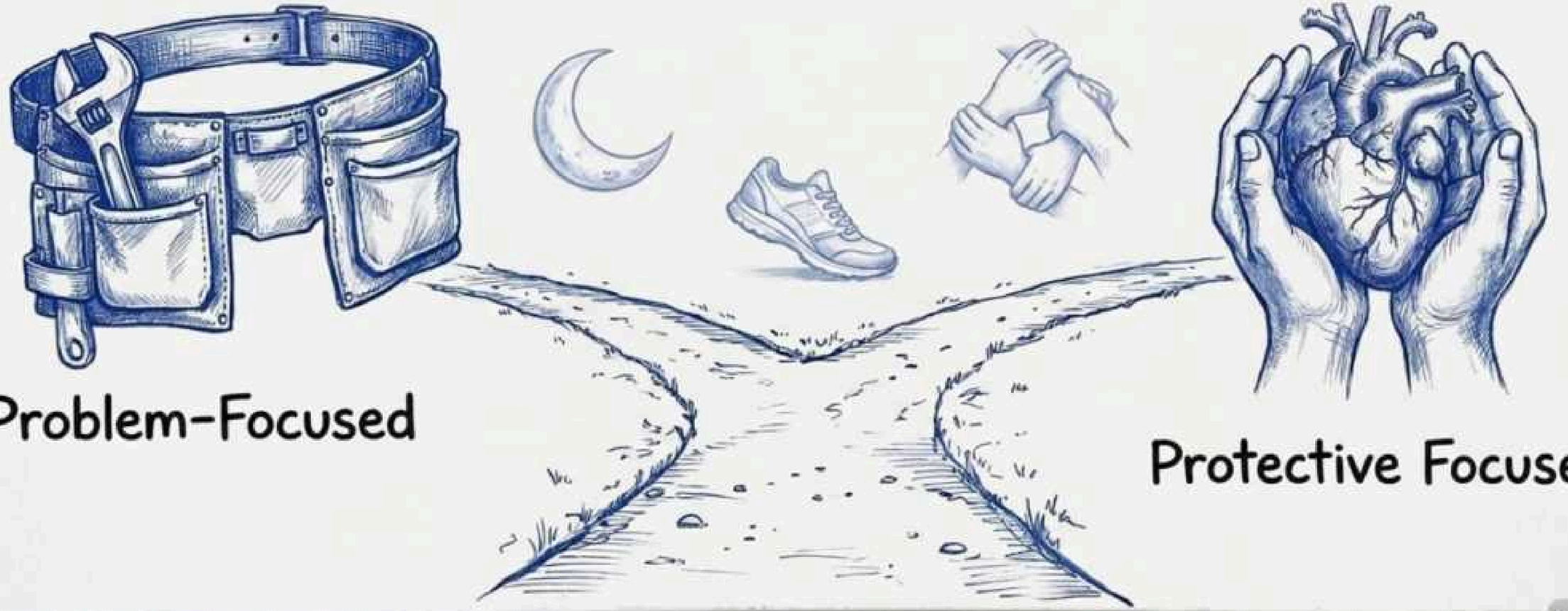
6.12

Coping Appraisals

- Problem-Focused
- Emotion-Focused
- Protective Factors

Problem-Focused

Emotion-Focused



Problem-Focused

Protective Focused

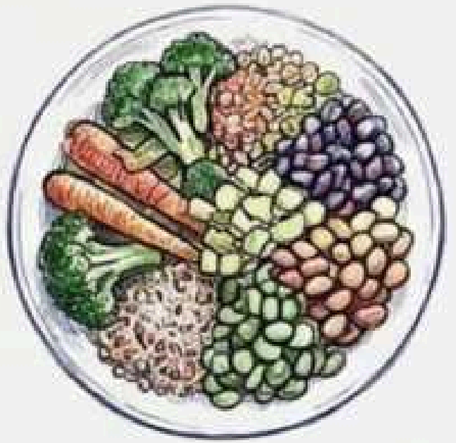
Health Psychology

6.13

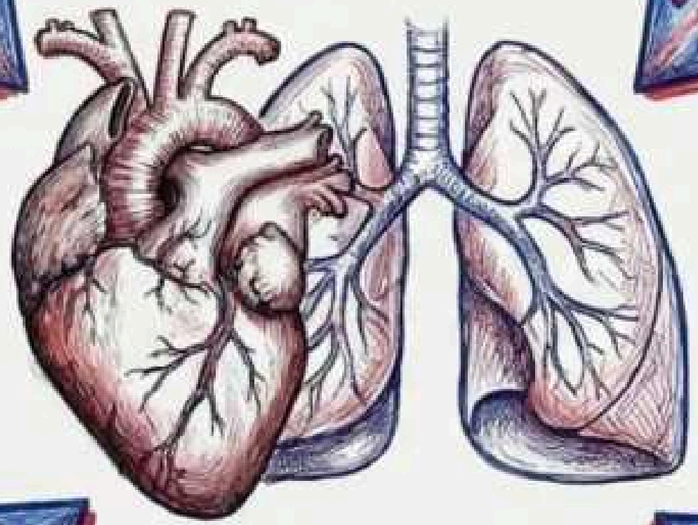
- Behaviour
- Positive Emotions
- Longevity

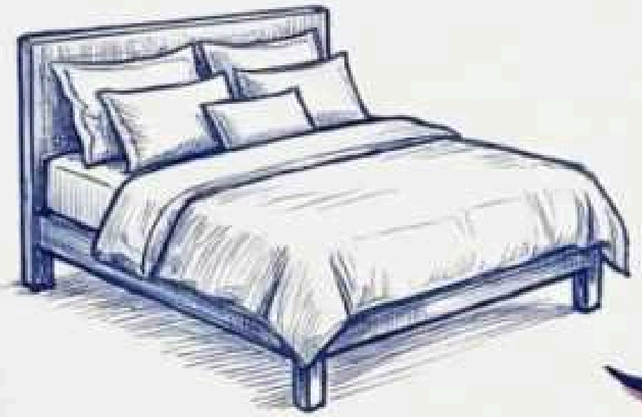


Physical Activity

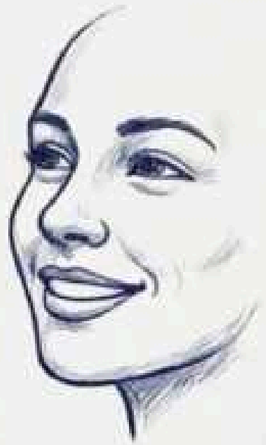


Diet





Sleep

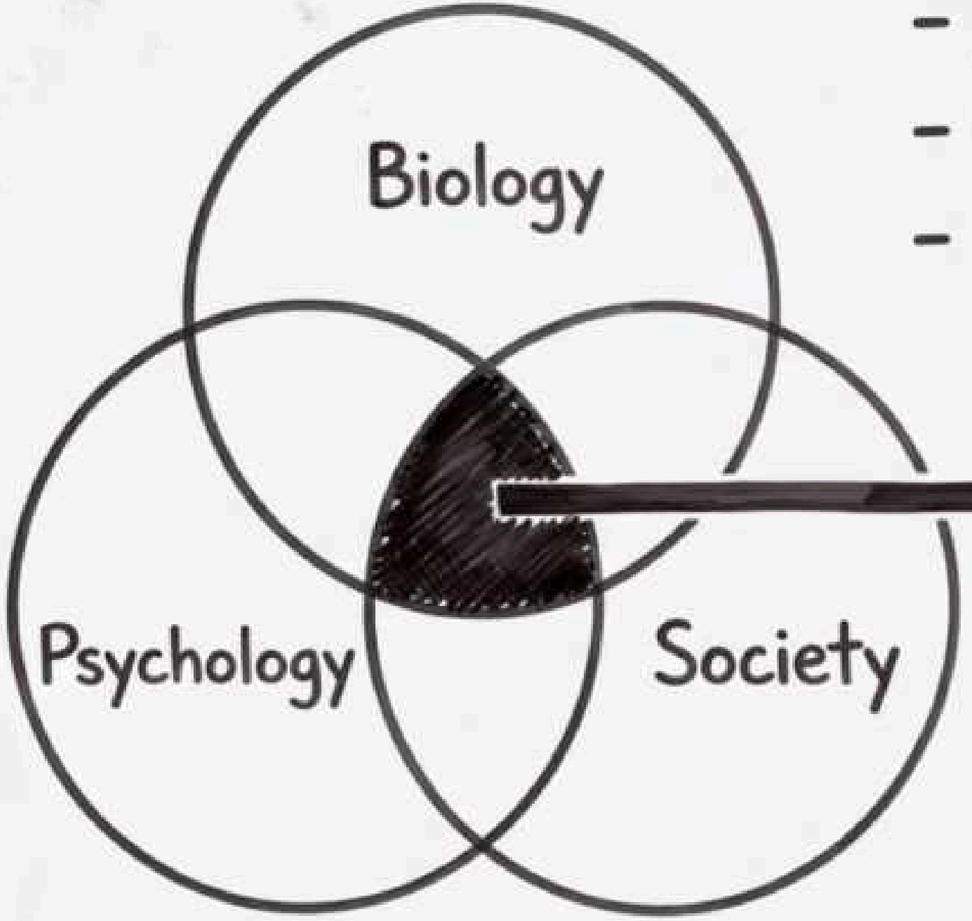


Optimism

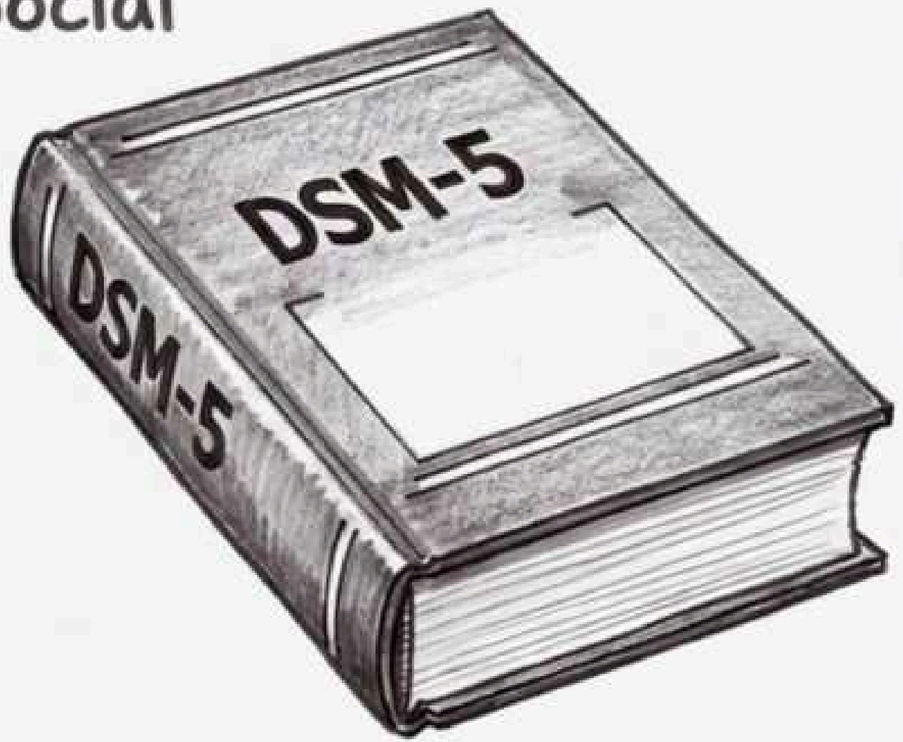
Defining Psychological Disorders

6.14

- Distress
- Impairment
- Bio-Psycho-Social
- DSM-5



Disorder

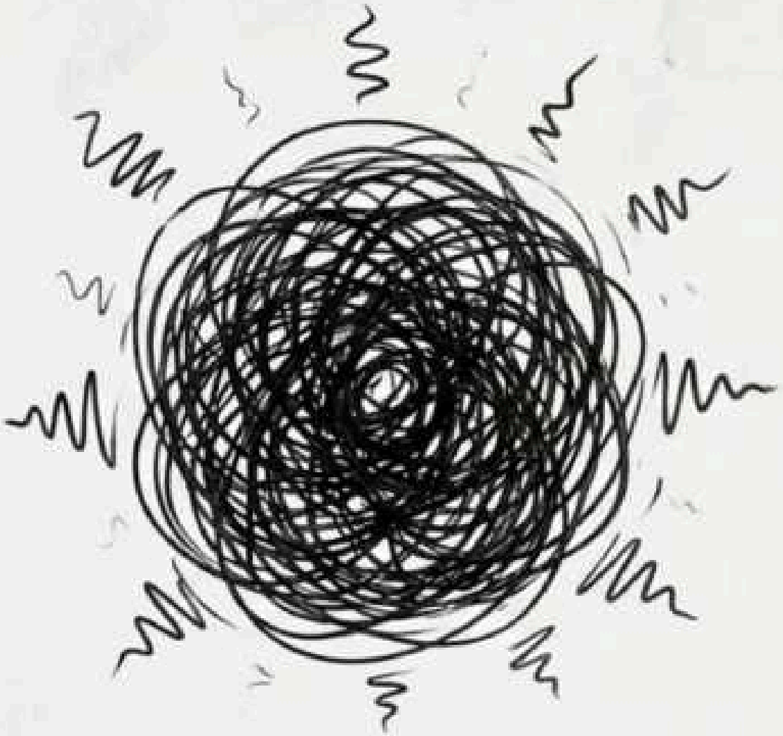


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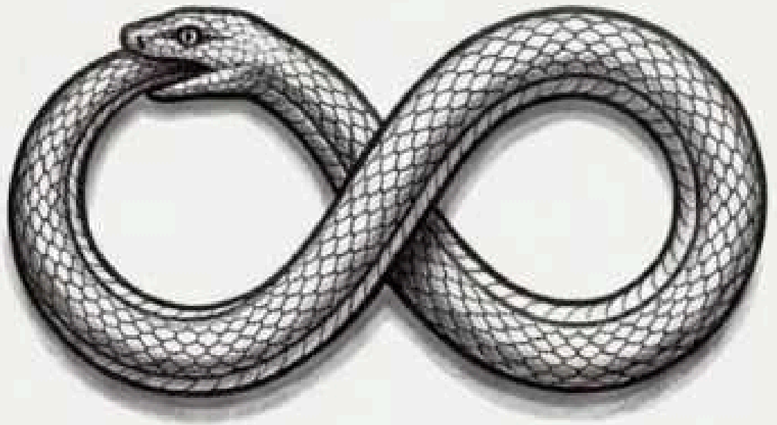
Anxiety, OCD & PTSD

6.15

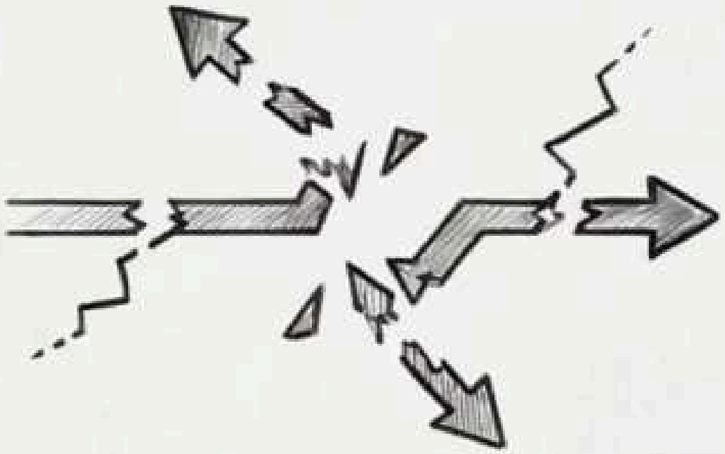
- Panic
- Phobias
- Intrusive Rituals
- Trauma



Panic/Anxiety



OCD

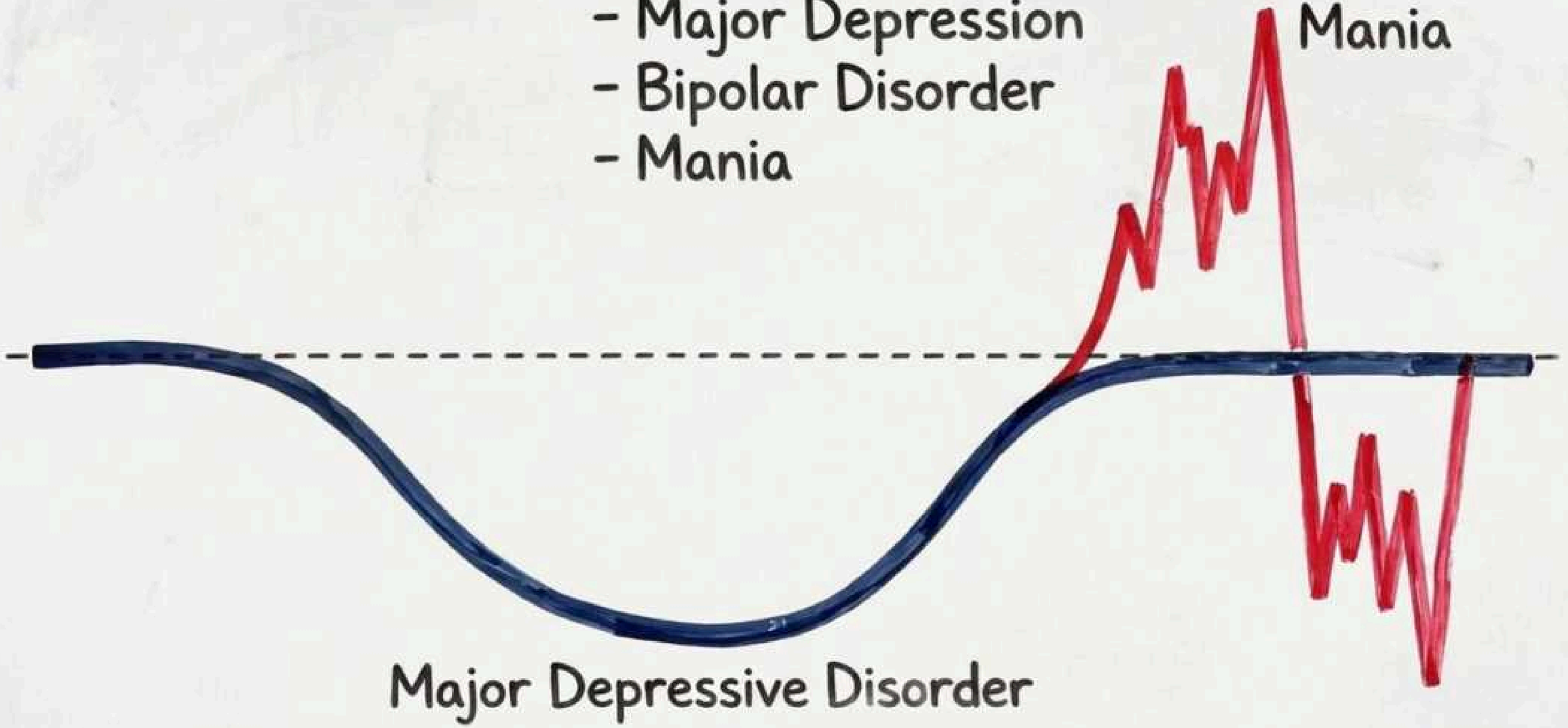


PTSD

Mood Disorders

6.16

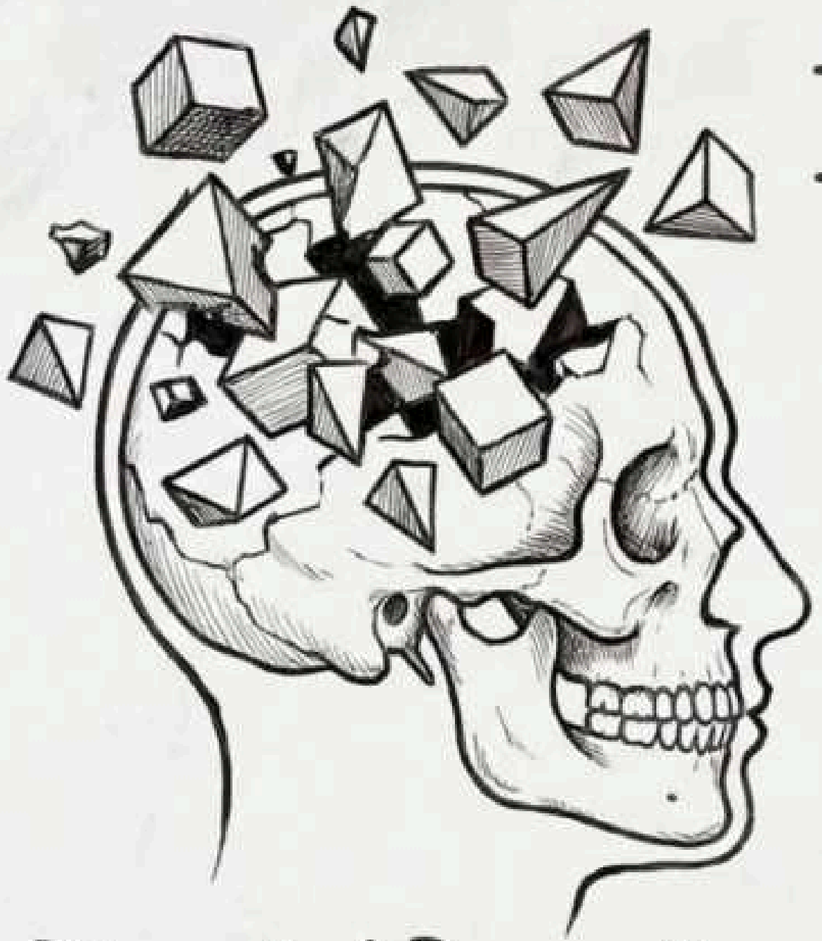
- Major Depression
- Bipolar Disorder
- Mania



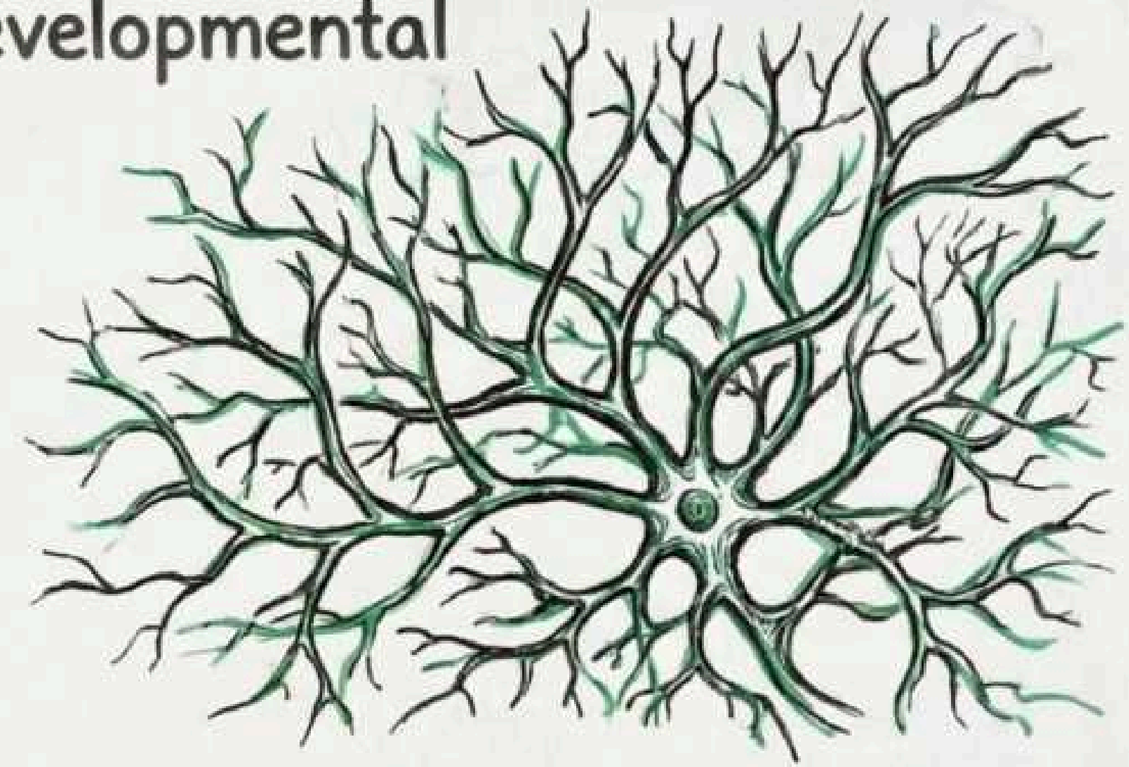
Schizophrenia & Other Categories

6.17

- Disrupted Perception
- Personality
- Neurodevelopmental



Disrupted Perception



Neurodevelopment

Overcoming Stigma

6.18

- Treatable Conditions
- Support vs. Blame

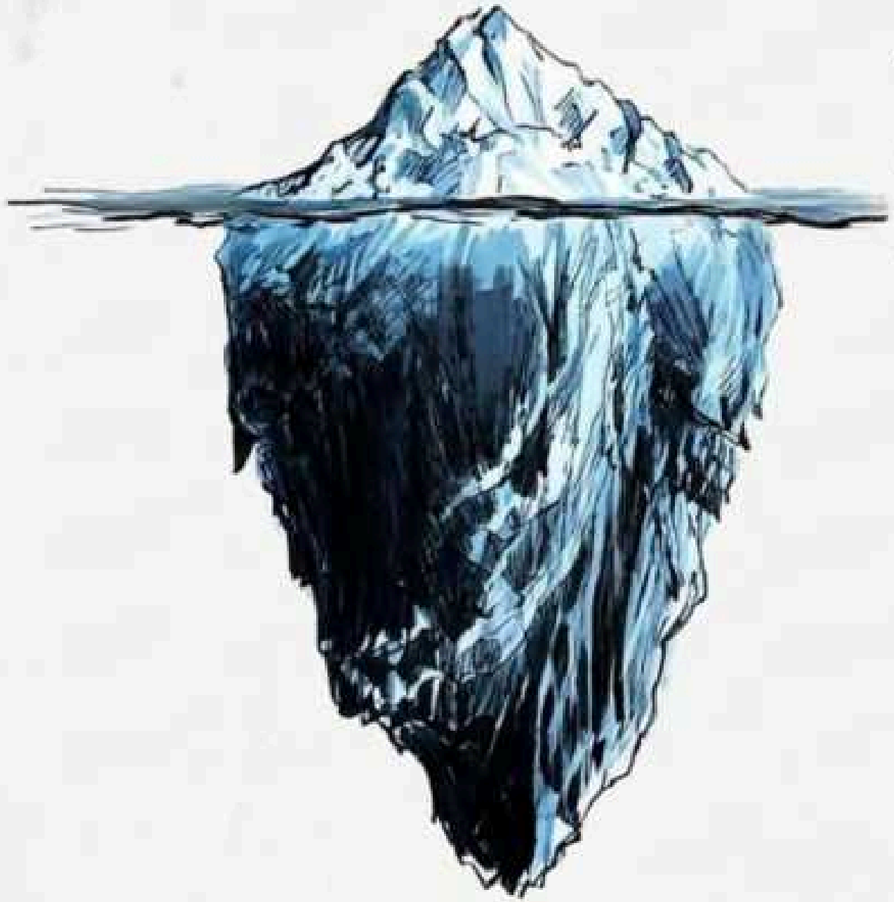


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Psychotherapy Paradigms

6.19

- Psychodynamic
- Unconscious
- Humanistic
- Client-Centred



Unconscious (Psychodynamic)

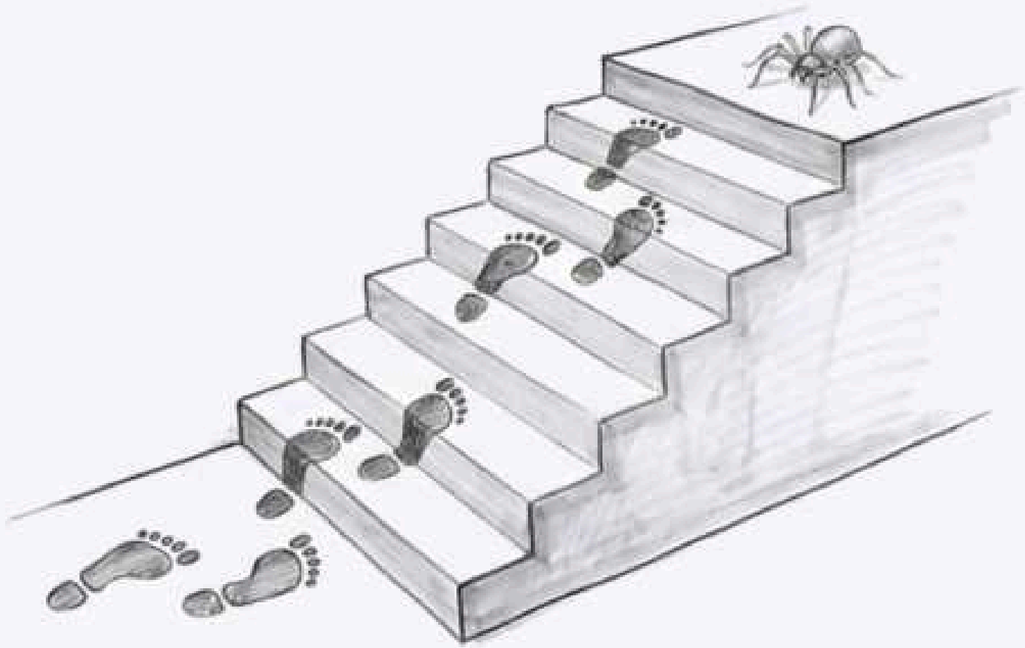


Growth (Humanistic)

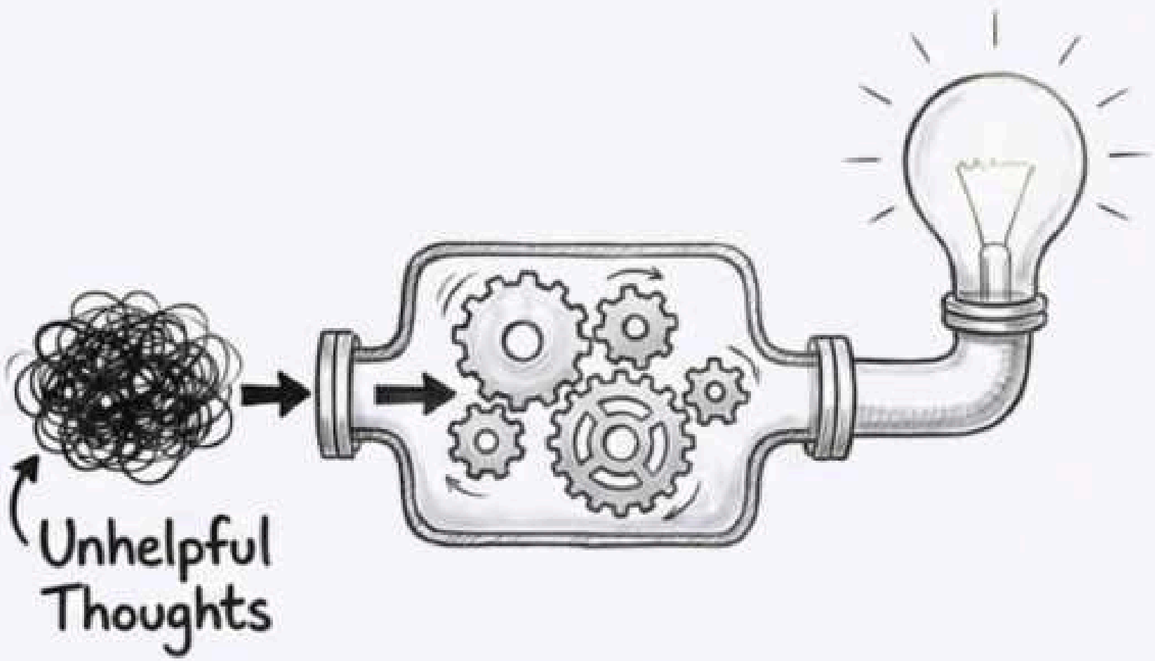
6.20

Behavioural & Cognitive Therapies

- Exposure Therapy
- CBT
- Unhelpful Thoughts



Exposure



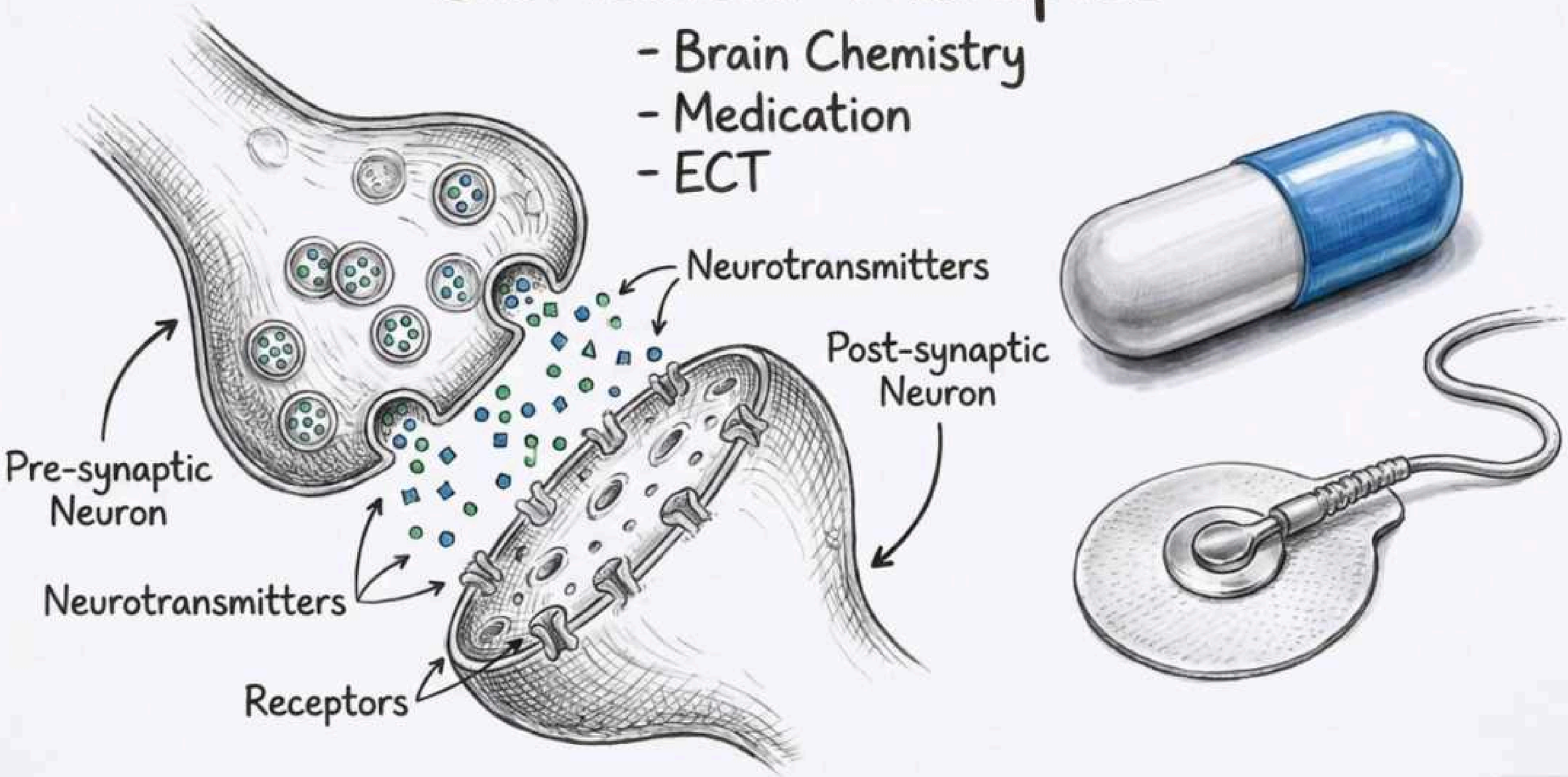
CBT

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6.21

Biomedical Therapies

- Brain Chemistry
- Medication
- ECT



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6.22

Modern Treatment Landscape

- Online Therapy
- Community Care
- Research



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6.23

Efficacy & Support

- Recovery
- Group & Family
- Therapy
- Reaching Out



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6.24

Neurons to Nations

- Course Conclusion
- Psychology as Science
- Asking How We Know



How Do We Know?

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6.25

Going Further

- Psychology 2e
- Observation
- Application

